

Open Country invites you and your family carers to join us on one of our countryside outings between July and September. Each month we will organise easy-going walks and outings for family carers and the people they enable. We have a fully-accessible bus that will pick you up in the morning and drop you off at the end of the day. All outings will be fully accessible.

Places on our outings are limited so please call us on **(01423) 507227** to book and let us know whether you need assistance. If you book but are then unable to attend please let us know as soon as possible. **Transport is completely FREE.** We look forward to hearing from you,

Sam and Paul

❖ **Wednesday 14th July
 Embsay and Bolton Abbey Steam Railway**

All aboard for a wistful and picturesque journey through the beautiful Yorkshire Dales on this award-winning steam railway, originally built in the 1880s. Picnic alongside the River Wharf or take tea at one of the station cafés or in Bolton Abbey village.

Admission: £8.00 for all-day ticket Travel time: 40 mins



❖ **Thursday 12th August
 Yorkshire Country Wines and Brimham Rocks (easy-going walk)**

Enjoy a light lunch and a tippie of traditional fruit wine on the sun terrace at the Mill in Glasshouses, followed by a stroll in the fresh air around the weird and wonderful formations of Brimham Rocks. Wonderful views over beautiful Nidderdale guaranteed.

**Admission: FREE (or as much as you'd like to spend at the winery)
 Travel time: 30 mins**

❖ **Wednesday 15th September
 The Bowes Museum**

The Bowes Museum is a jewel in the heart of beautiful Teesdale. The magnificent building stands proud in the historic market town of Barnard Castle housing internationally significant collections of fine and decorative arts. Enjoy a picnic in the gardens or take tea in the Café.

Admission: £8.00 (FREE for carers) Travel time: 1¼ hours

