

Each card has a letter & number (for example **A3**) in the top right hand corner. It describes the **surface** and **slope** of the **most difficult** parts of the main route. With the map and text, this will help you to decide whether to do the whole route or just the easier sections. The bicycle symbol indicates all or part of the route is suitable for cycling.

## Surface Quality (in dry weather)

- A** - Smooth (tarmac, paving, concrete, etc.)
- B** - Quite Smooth (short grass, compacted earth/stone, etc.)
- C** - Uneven (worn grass, loose stone, some ruts, tree roots, etc.)
- D** - Rough (long grass, soft earth, sand, gravel, severe ruts, roots, etc.)

-  **1** - Gentle (up to 1:20)
-  **2** - Quite Gentle (up to 1:16)
-  **3** - Fairly Steep (up to 1:12)
-  **4** - Steep (up to 1:8)
-  **5** - Very Steep (over 1:8)



is a partnership providing information for people who have difficulty getting out into the Countryside.



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Countryside for All



# Countryside for All

## Accessible Trails in South & East Leeds

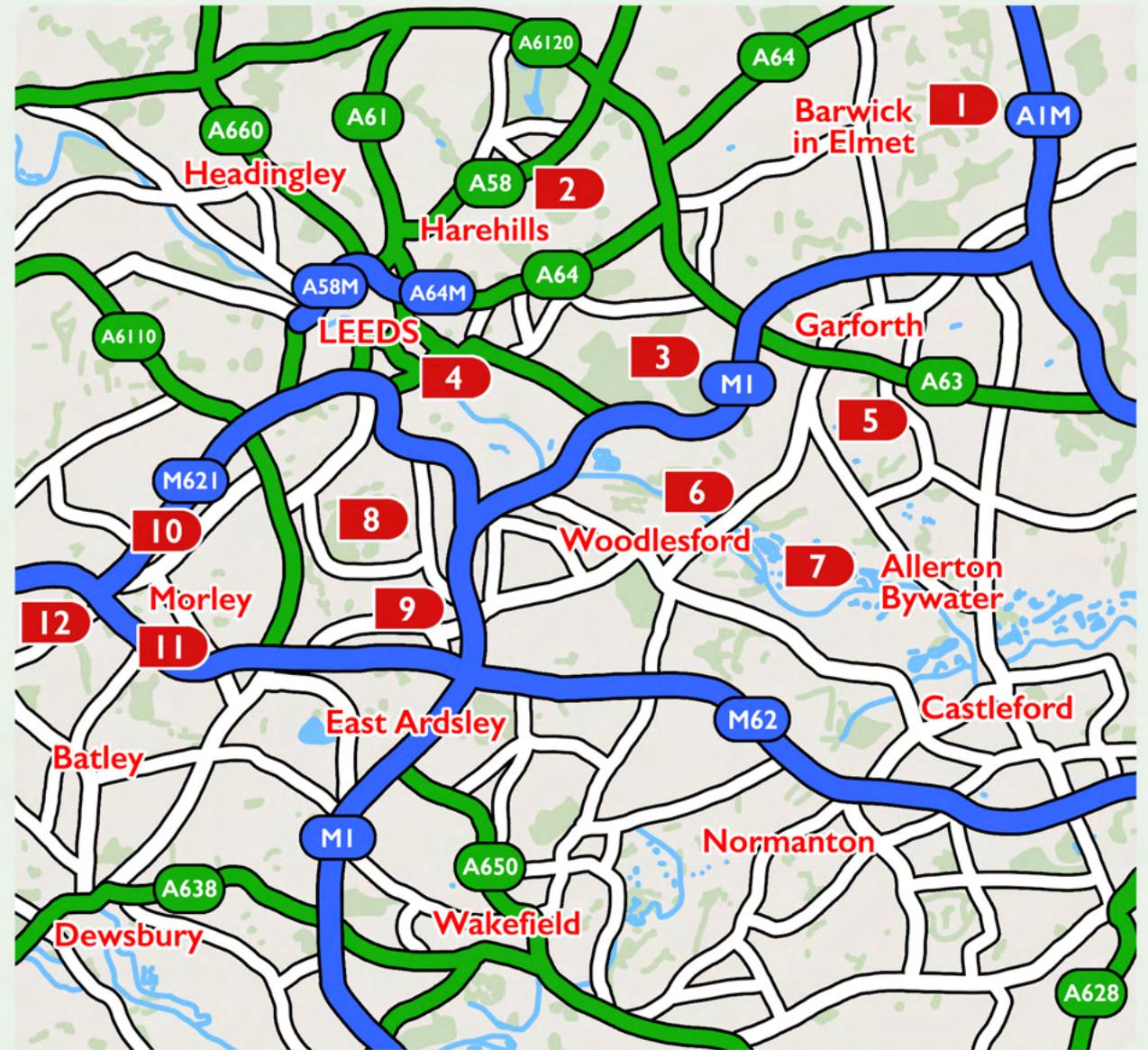


Accessible Trails in South & East Leeds



# TRAIL CARD & MAP KEY

- |  |  |  |                      |
|--|--|--|----------------------|
|  | Suggested Route                                  |  | Viewpoint            |
|  | Alternative Route                                |  | Motorcycle Barrier   |
|  | Slope/Hill (Level)                               |  | Speed Humps          |
|  | Linked Trail                                     |  | Steps (and how many) |
|  | Suitable for Cycling                             |  | Café                 |
|  | Trail Start Point                                |  | Public House         |
|  | Parking  |  | Bench/Seat           |
|  | Information Board                                |  | Picnic Area          |
|  | Bus Stop   |  | Playground           |
|  | Accessible Toilet                                |  | Cattle Grid          |
|  | Gate Accessible to most Wheelchairs and Scooters |  | Trees/Wood           |
|  | Gate not Accessible to Wheelchairs               |  | Lake/Pond            |
|  | Caution  |  | Landmark Building    |



- |  |                                |  |                       |
|--|--------------------------------|--|-----------------------|
|  | Parlington Wood                |  | RSPB St Aidan's       |
|  | Wyke Beck Way                  |  | Middleton Park        |
|  | Temple Newsam Park             |  | Middleton Nature Park |
|  | Thwaite Mills & The River Aire |  | Churwell Urban Wood   |
|  | The Lines Way                  |  | Dartmouth Park        |
|  | Aire & Calder Navigation       |  | Oakwell Country Park  |



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**i** **Brief Description:** Parlington Wood sits on the boundary of the Parlington Hall estate near Aberford. The 4.5 mile (7.2km) out and back route along an old railway line, passes through tunnels, farmland and ancient woodland.

**♿** **Access and Facilities:** Free on-street parking. Nearest Accessible Toilet is at Lotherton Hall.

**🔍** **Features of Interest:** Benches, Farmland, Nellie's Tree, Picnic Area, Seasonal Café, Tunnels, Views, Wildlife, Woodland.

**📍** **Location:** The trail starts from the junction of Parlington Lane and Main Street in Aberford, LS25 3ER. On-street parking is available on Main Street.

**What3Words:** [tablets.crusaders.ushering](https://tablets.crusaders.ushering).

**🚌** **Public Transport:** The 64 bus between Aberford and Leeds and the 173, 173A, 174 and 174A between Wetherby, Wakefield and Thorp Arch all stop on Cattle Lane in Aberford, 500m from the start of the trail.



**Route Details:** The paths are made of crushed stone (B) with a stretch of tarmac towards the end of the trail (A). It is mainly flat but there is an incline coming out of the tunnel (3) and a downwards slope towards Long Lane, where the path becomes more rutted (C4). The route can get boggy during wet conditions and throughout the winter.





**Brief Description:** This section of the Wyke Beck Way is a 4.3 mile (6.9km) out and back route from Roundhay Park to Killingbeck along quiet roads, an old railway line path and through urban parkland.



**Access and Facilities:** 3 Blue Badge Parking Bays. Nearest Accessible Toilet is at the Lakeside Café in Roundhay Park.



**Features of Interest:** Benches, Bird Watching, Café (in Roundhay Park), Children's Playground, Community Orchard, Parkland, Sports Pitches, Woodland.



**Location:** The start of the route is Roundhay Park's Lido Car Park off Wetherby Road, Roundhay, LS28 2LE.

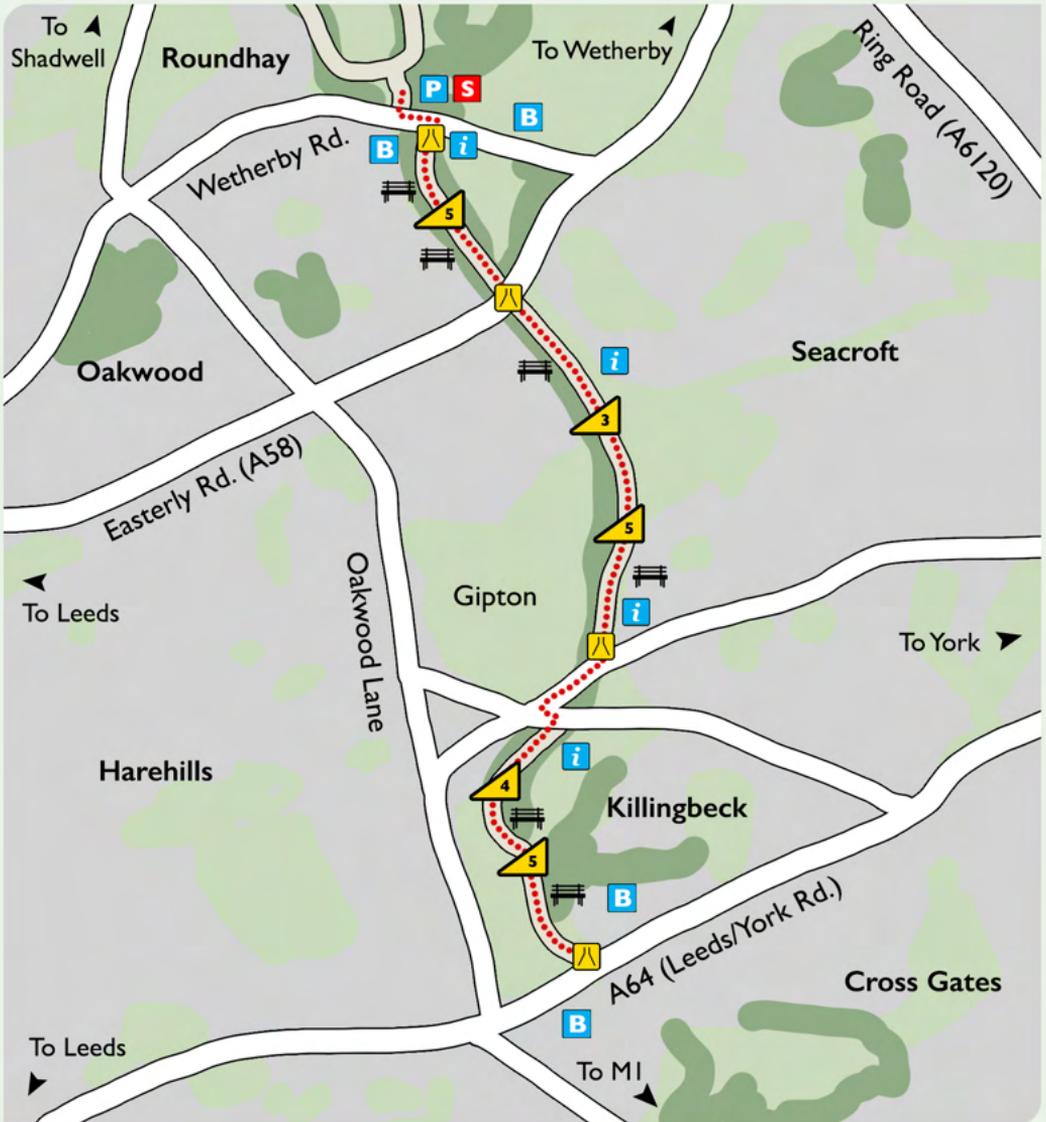
**What3Words:** moved.pretty.remark.



**Public Transport:** The X98 and X99 buses between Leeds and Wetherby both stop on Wetherby Road, less than 100m from the start of the route.



**Route Details:** The route is undulating throughout (up to 5) but paths are all made of tarmac (A) and are at least 1.5m wide. There are motorcycle deterrent barriers where the trail meets roads; these are accessible for most wheelchairs. Caution should be taken when crossing the busy roads on the route.





**Public Transport:** The 19 bus runs a regular service between Ireland Wood and East Garforth, via Leeds City Centre and stops at the end of New Temple Gate.



**Route Details:** The majority of the paths throughout the park are made of tarmac or crushed stone (B) although some areas are more rutted and are prone to puddles after rain (C). Most of the paths are level, however there is a long gradient down to the motorway (4) and a steep path up to the walled garden (5). All paths are at least 1m wide.



3

## Temple Newsam Park

C5



**Brief Description:** A beautiful walk in the grounds of Temple Newsam House, a country house in the heart of open parkland on the outskirts of Leeds.



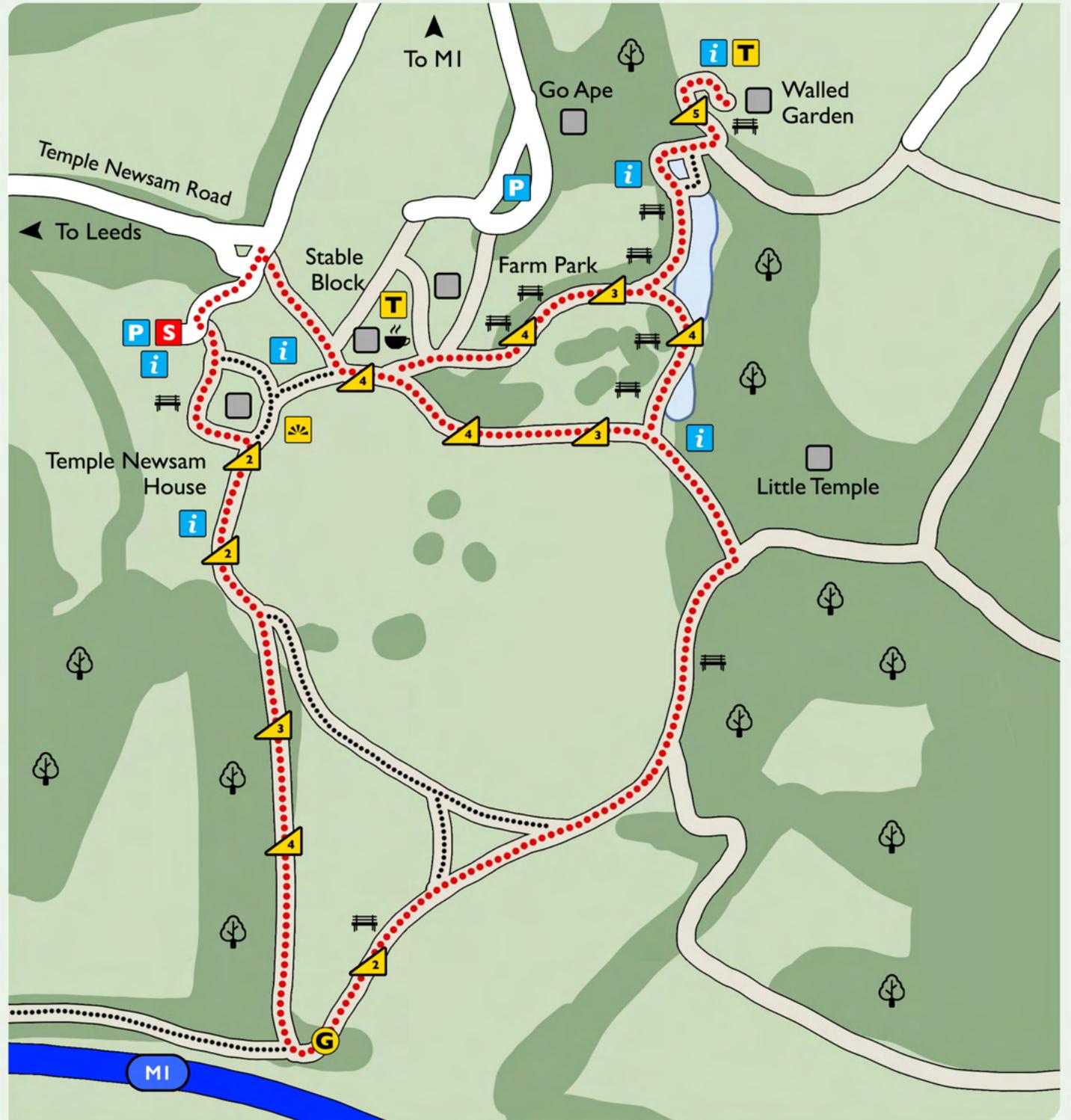
**Access and Facilities:** Accessible Toilet and Changing Places Toilet (RADAR key), Blue Badge Parking, Induction Loop available in the House. A manual wheelchair and all-terrain scooters can be borrowed; call 0113 336 7460 to book in advance.



**Features of Interest:** Amphitheatre, Benches, Bird Watching, Café, Children's Playground, Farm Park, Gift Shop, Go Ape, Information Boards, Plants, Ponds, Trees, Viewpoints, Walled Garden & Greenhouse.



**Location:** The car park is at the end of Temple Newsam Road, Leeds, LS15 0AE, adjacent to the house. The park is located in between Leeds City Centre and the M1 motorway. **What3Words:** legal.drop.ticket.





**i** **Brief Description:** This 2 mile (3km) route along the banks of the River Aire takes you from Thwaite Mills Museum towards the centre of Leeds, featuring attractive bridges and opportunities to spot a variety of wildlife.

**♿** **Access and Facilities:** Accessible Toilet (RADAR key) and Changing Places Toilet, Blue Badge Parking, all situated at Thwaite Mills Museum.

**🔍** **Features of Interest:** Benches, Bridges, Riverside Garden, Stourton Stone Circle, Thwaite Mills Museum, Wildlife Trail.

**🚌** **Public Transport:** The 189, 444 and 446 buses between Leeds and Wakefield, the 167 and 168 between Leeds and Castleford and the 110 Sapphire between Leeds, Kettlethorpe and Hall Green all stop on the A639 Pontefract Road, approximately half a mile (1km) walk from Thwaite Mills.

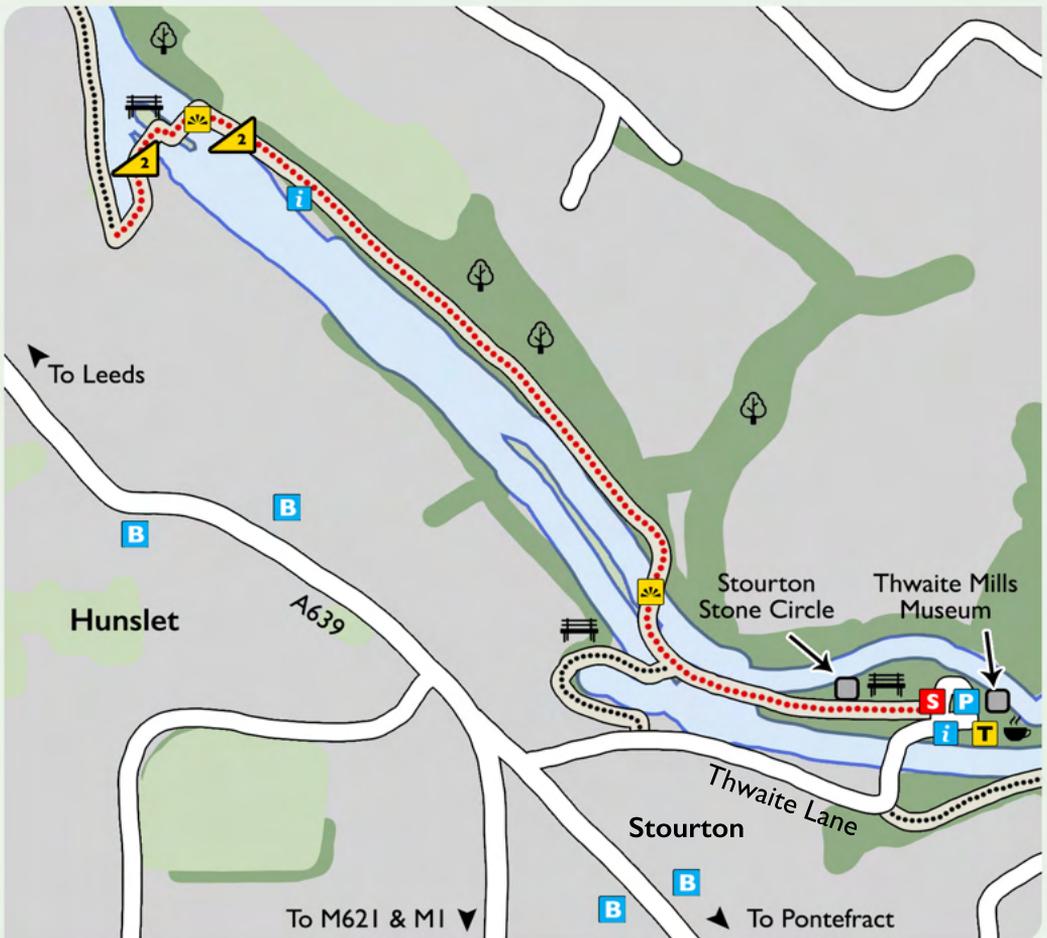


**Location:** Free parking is available at Thwaite Mills Museum, at the end of Thwaite Lane, Leeds, LS10 1TW.

**What3Words:** under.sharp.flame.



**Route Details:** The majority of the route is along wide, tarmac paths (A). At the marina, the paths are made of crushed stone (B). The route is largely flat, however there are short, shallow inclines over two of the bridges (2). The bridge closest to the marina is narrower than the rest of the paths but still wide enough for most wheelchairs and scooters.





**i** **Brief Description:** The Lines Way is a meandering 3.5 mile (5.6km) route along an old railway line path between Garforth and Allerton Bywater.

**♿** **Access and Facilities:** Nearest Accessible Toilet is at Tesco Superstore in Garforth town centre.

**🔍** **Features of Interest:** Benches, Countryside Views, Picnic Area.

**📍** **Location:** The route starts from Ninelands Lane in Garforth, LS25 1HZ. It can also be started from Middleton Little Road in Allerton Bywater, WF10 2FX.

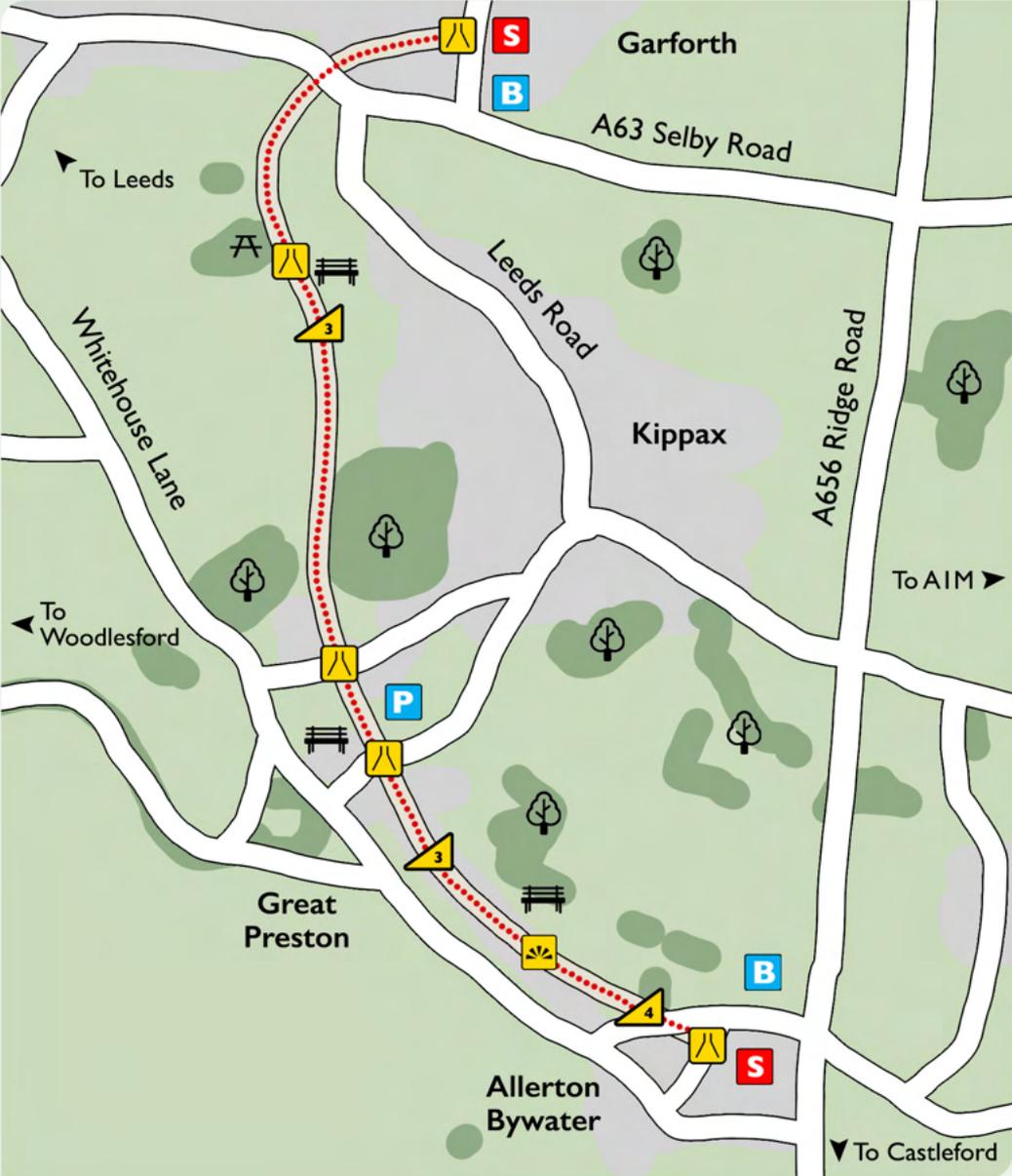
**What3Words (Garforth):** mystified.contents.dribble.

**What3Words (Allerton Bywater):** envy.lost.idea.

**🚌** **Public Transport:** The 179 bus between Castleford and Garforth stops on Ninelands Lane, 100m from the start of the route. The 168 bus between Castleford and Leeds stops on Park Lane in Allerton Bywater, 200m from the start of the route.



**Route Details:** The route is generally flat throughout (I), however there are some short inclines and descents, (up to 4). The path surface is made of a combination of tarmac and compacted stone, (B). There are five motorcycle deterrents along the route.





**i** **Brief Description:** This 4.6 mile (7.4km) out and back section of the Aire and Calder Navigation follows the towpath through beautiful scenery near Woodlesford Lock.

**♿** **Access and Facilities:** Nearest Accessible Toilet is at RSPB St.Aidan's, (see route 7). Open Access at all times.

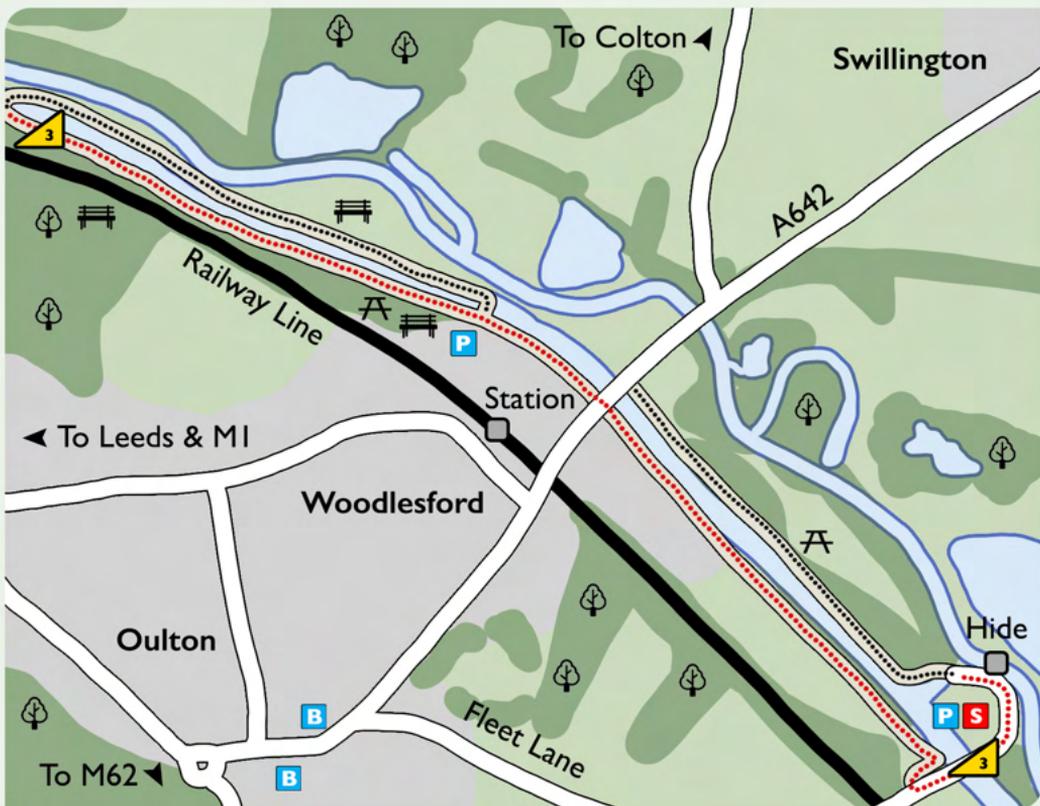
**🔍** **Features of Interest:** Ample Free Parking, Benches, Bird/Salmon Leap Hide (stepped access), Nature Garden, Picnic Areas, Refreshment Kiosk, Viewpoints.

**📍** **Location:** The end of Fleet Lane, Woodlesford, LS26 8AE.  
**What3Words:** debit.slate.test.

**🚌** **Public Transport:** There are numerous buses that stop at the top of Fleet Lane on Aberford Road. Buses run between Castleford, Garforth, Horsforth, Leeds, Rothwell, Wakefield, and Wortley. The bus stop is approximately 1 mile (1.6km) from the route. Woodlesford Railway Station is under a mile from the route.



**Route Details:** The majority of the route is made of tarmac (A) and crushed stone (B). Paths are liable to flooding during and after wet conditions. The trail is mainly flat (1) with some steeper gradients over bridges and up to the lock gates (3). There is a step over the lock gate at Woodlesford Lock to access the alternative route on the opposite side of the canal.





**Brief Description:** A relatively flat trail with different length loops for varying abilities. The routes take in beautiful wetland scenery with plenty of opportunities to watch the resident wildlife.



**Access and Facilities:** 5 Blue Badge Parking Bays, Accessible Toilet (RADAR key), Changing Places Toilet. The reserve has Open Access at all times but the car park closes at 8pm.



**Features of Interest:** Bird Watching, Benches, 'Oddball' Drag Line, Picnic Area, Visitor Centre providing refreshments, Wetland Habitat, Wheelchair/Pushchair Viewpoints, Wildlife.



**Location:** Astley Lane, Swillington, Leeds, LS26 8AW. The site is situated approximately 3 miles from Junction 46 on the M1 near Leeds.

**What3Words:** roadshow.appointed.lawns.



**Public Transport:** The nearest bus stop is on Queen Street, which is a 0.2 mile walk from the Visitor Centre. The bus number 167 between Leeds and Castleford runs a regular service.



**Route Details:** There are various routes available. There is an accessible path to the reserve from the Visitor Centre (3). The rest of the reserve is very level (1). Most paths are made of crushed stone (B), although some paths are slightly rutted (C). Some lower-lying paths are liable to flooding after wet weather. Bicycles and horses are permitted on many of the paths so caution must be taken.





**i** **Brief Description:** Middleton Park is a large area of parkland, to the south of Leeds city centre. As well as being a haven for birdlife, it is also home to an established woodland with a stunning display of bluebells in spring. The hill upon which it sits provides stunning views across the city and beyond.

**♿** **Access and Facilities:** 2 Blue Badge Parking Bays, Accessible Toilet (RADAR key). Mobility scooters are available to hire for free from Middleton Park Visitor Centre; call 0113 378 1142 to book.

**Q** **Features of Interest:** Bandstand, Benches, Bird Watching, Café, Cycle Parking, Leeds Urban Bike Park, Middleton Heritage Railway, Pond, Rose Garden, Self Guided Trails (Ecology, Mining, Ownership & Transport), Table Tennis, Tennis Courts, Viewpoints, Visitor Centre, Woodland.

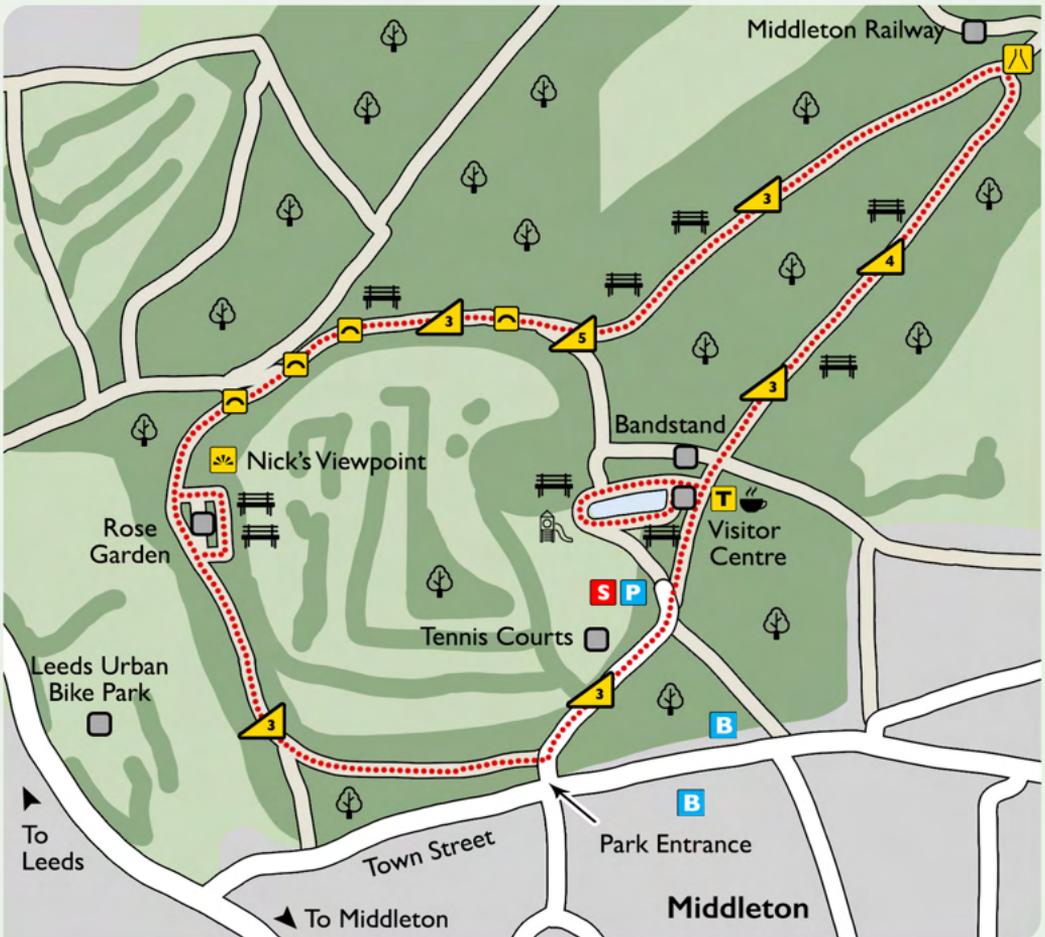
**📍** **Location:** The car park for Middleton Park is situated off Town Street, Middleton, Leeds, LS10 3SH.  
**What3Words:** candy.casino.hope.



**Public Transport:** The 13 bus between Leeds and Gledhow and the 47 bus between Leeds and the White Rose Centre both stop on Town Street, a short walk from the main entrance to the park.



**Route Details:** Most of the recommended route is along tarmac tracks (A), however there are some rutted sections where the path has worn away (C). The park is situated on a hill, therefore there are some steep inclines (5). Please be aware that maintenance vehicles, horses and cyclists do use the paths. There are speed humps on some sections.





**i** **Brief Description:** Middleton Nature Park is a haven for wildlife on the edge of the city. This 1.3 mile (2km) circular route takes in tranquil wooded areas, ponds and scenic views of a rural valley.

**♿** **Access and Facilities:** Nearest Accessible Toilet is at Asda Supermarket in Middleton. Open Access at all times.

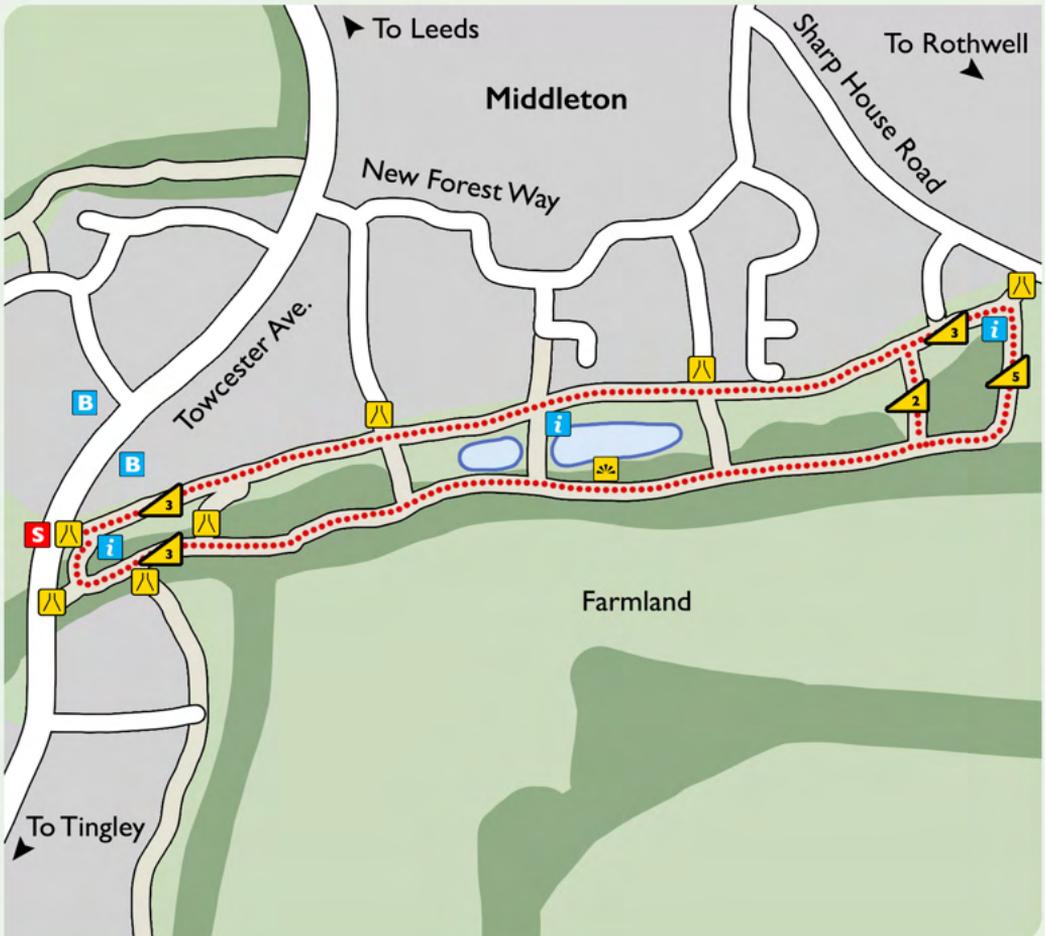
**🔍** **Features of Interest:** Bird Watching, Information Boards, Ponds, Trees, Tree Stone Trail, Wildlife.

**📍** **Location:** The main entrance to the park is on Towcester Avenue, Middleton, Leeds, LS10 4UT. There are alternative entrances in the housing estate. All parking for this site is on-street. **What3Words:** hunter.police.poems.

**🚌** **Public Transport:** The 46 and 47 buses run between the White Rose Centre and Leeds City Centre and stop within 100m of the main entrance to the park on Towcester Avenue.



**Route Details:** Access to the park is through wheelchair accessible motorcycle deterrents. The paths around the Nature Park are made from a combination of tarmac and crushed stone (B). There is one steep gradient at the far end of the park (5) but this can be avoided by taking the shorter route, shown on the map (2). The path along the beck does get muddy in winter and after heavy rain. All paths around the site are at least 1.5m wide. There are some low branches.





**i** **Brief Description:** This 1 mile (1.6km) trail passes through a beautiful wooded area offering wildlife encounters and hands-on countryside activities for all the family.

**♿** **Access and Facilities:** Nearest Accessible Toilet at Morrisons Supermarket in Morley.

**🔍** **Features of Interest:** Benches, Bird Hide, Bird Watching, Field Centre, Free Community Library, Information Boards, Miniature Railway, Pond Dipping, Sensory Garden, Woodland, Wildlife.

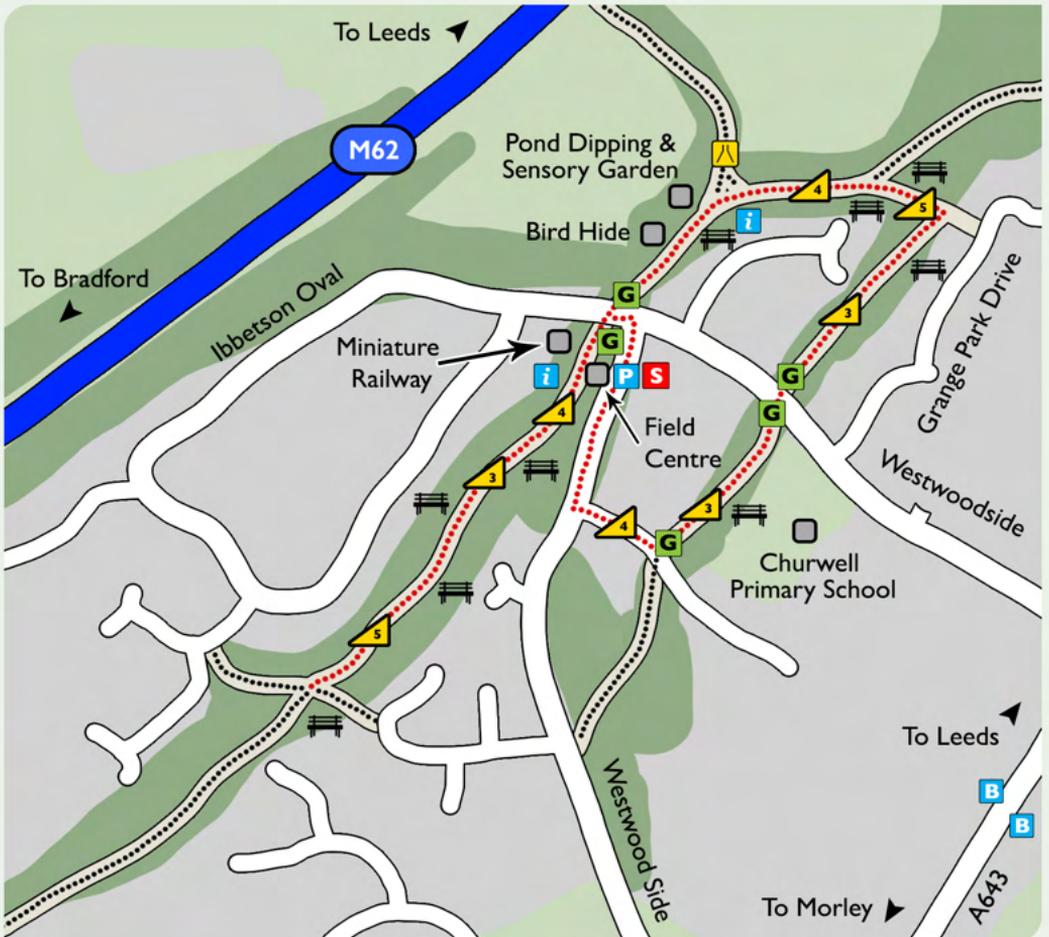
**📍** **Location:** Free roadside parking is available on Westwood Side, Churwell, Morley, LS27 7UQ.

**What3Words:** corn.stews.still.

**🚌** **Public Transport:** The 46 and 47 buses between Leeds and the White Rose Centre and the 51 and 52 between Morley and Moortown all stop on the A643, Elland Road less than 500m from the start point.



**Route Details:** The paths around the site are made from a combination of tarmac and crushed stone (B), however there are a few rutted and uneven sections (C). The route is undulating throughout with some steep inclines (5). RADAR key gates provide access to most areas of the wood and paths are at least 1m wide throughout.





**i** **Brief Description:** A short trail through a beautiful, natural oasis in the heart of Morley. Dartmouth Park offers a variety of different routes and points of interest.



**Access and Facilities:** Nearest Accessible Toilet is at Asda Supermarket in Morley. Open Access at all times.



**Features of Interest:** Bandstand, Benches, Children's Playground, Football Pitch, Formal Gardens, Picnic Benches, Rose Garden, Tennis Courts, Trees.



**Location:** Dartmouth Park is situated in Morley, a short distance from the A650. The main entrance is at the end of St Andrew's Avenue, LS27 0JX.

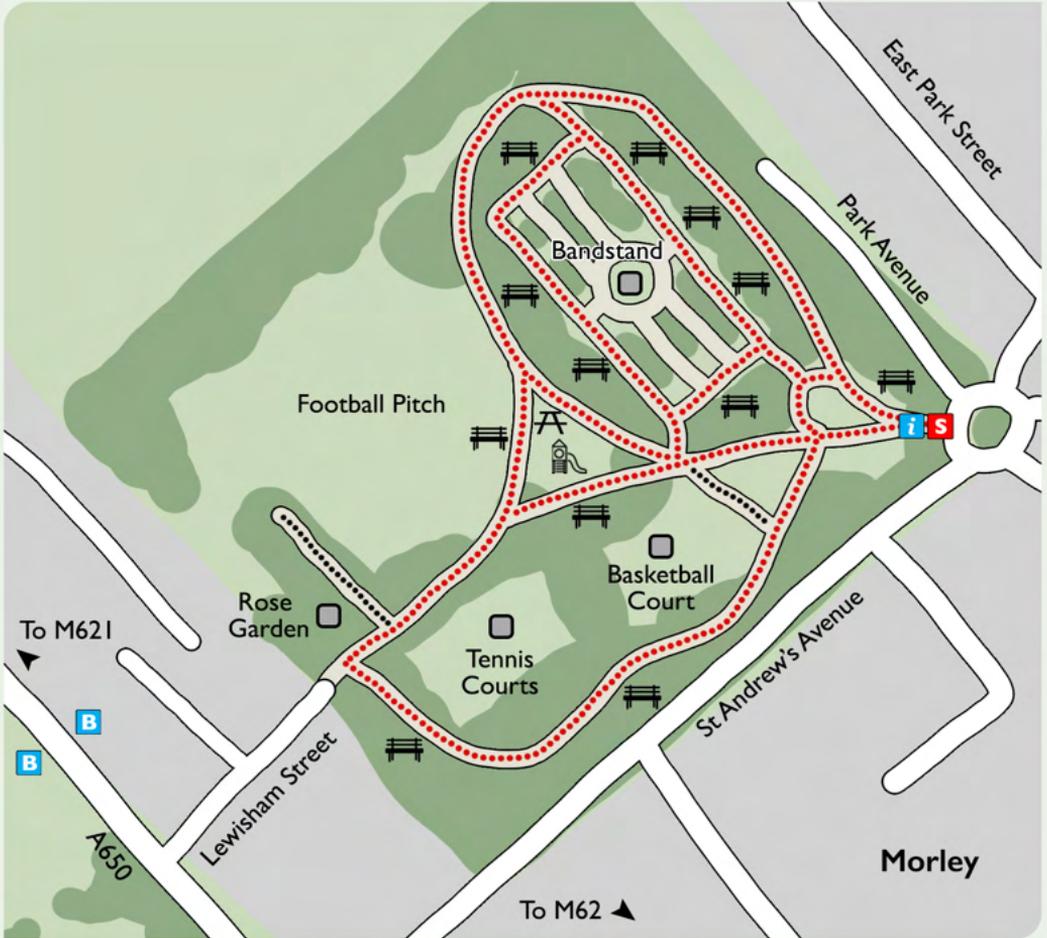
**What3Words:** rots.clams.facing.



**Public Transport:** Buses 51 and 52 between Morley and Leeds stop on Fountain Street, a short walk from the park's entrance. The 201A and 213 stop on Bruntcliffe Avenue, close to the Lewisham Road entrance to the park.



**Route Details:** There are various routes available. All paths are made of tarmac (A) and are level throughout (I). The route through the Rose Garden has some uneven flagstones and could pose a hazard to wheelchair users.





**i** **Brief Description:** Oakwell Country Park sits in a valley next to the M62 motorway, just outside the town of Birstall. It is home to a 17th Century Hall, wooded paths and open parkland.

**♿** **Access and Facilities:** 9 Blue Badge Parking Bays, Accessible Toilet (RADAR key), the park has Open Access at all times.

**🔍** **Features of Interest:** Benches, Café, Children's Playground, Countryside Views, Hall/Museum, Nature Trail, Parkland, Picnic Areas, Ponds, Shop, Wildlife.

**📍** **Location:** The 9 Blue Badge bays are situated at the Warrens Lane Car Park, at Oakwell Hall, WF17 9LG. There is an alternative car park at the bottom of Nutter Lane.  
**What3Words:** surely.knots.lists



**Public Transport:** The 283 bus runs between Bradford and Dewsbury and stops at the end of Nutter Lane, approximately 200m from the park entrance.



**Route Details:** The recommended route advertised by the park is made of tarmac but is narrow and steep at points (A5). The bridleway that runs along the perimeter of the park is relatively flat (2), however it is rutted in places and can be prone to flooding in wet conditions. Other paths on the site are steep and include long flights of steps. Access to the hall and toilet block is level.

