

# **TOOLBOX TALK**

#### 5. SLIPS, TRIPS & FALLS

#### What?

- Slips, trips and falls in the workplace can be caused by things such as liquid lying on floors, materials and cables in walkways, damaged floors or carpets or bad lighting. In a countryside setting, there may be the additional hazards of tree roots, rutted or uneven paths, branches and stones lying around or stiles.
- Many of these conditions are easily dealt with, but all too often people see them and simply walk on, leaving the hazard behind.

### Why?

- Slips, trips and falls are the most common of workplace hazards and make up over a third of all major injuries; over 10,000 workers suffer serious injury in the UK every year.
- Slips, trips and falls are often disproportionately costly, both to the individual because of pain and suffering and to the organisation because of lost time or the cost of sick pay.
- By eliminating the contributing unsafe conditions in the workplace that lead to slips, trips and falls, you can stop someone from harming themselves. Be aware of hazards and either rectify them or report them. In the case of the countryside, where it may not be possible to physically remove the hazard, warn the group or find an alternative route.

## Do 🗸

- Clear up spills immediately
- Check there are no trailing cables, obstructions or damaged floors which could trip people up
- ✓ Take care when using stairs and getting in and out of the minibus; keep a firm hold of the handrail, especially when descending
- Keep office and minibus floors tidy and don't leave things lying around or blocking doorways or passageways
- Exercise caution when walking over washed or waxed floors or over rough paths and tree roots etc. when walking outside

#### Don't X

- Don't stand and hold a conversation on stairways
- Don't leave materials, cables or bags in areas people may walk
- Don't forget to put up warning signs such as wet floor etc.
- Don't wear inappropriate footwear for countryside walks
- Don't ignore tripping hazards; eliminate them where you can or report them

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