

### What?



- A wheelbarrow is a small hand-propelled vehicle, usually with just one wheel, designed to be pushed and guided by a single person using two handles at the rear.

### Why?

- The wheelbarrow is designed to distribute the weight of its load between the wheel and the operator, enabling the movement of heavier and bulkier loads than would be possible were the weight carried entirely by the operator.
- A wheelbarrow is simple to use, and by itself will not harm you or anyone else. However, you are responsible for how well a wheelbarrow is handled, operated, maintained and stored for safety and this can prevent many accidents.



### Do ✓

- ✓ Transport at the back of the minibus and secure with clamps
- ✓ Check that all nuts are tight, the handles are secure, and the wheels are pumped up and spin smoothly prior to use
- ✓ Keep your back straight and knees bent when you raise and lower the wheelbarrow with the handles
- ✓ Work in short bursts, swapping over between two or more people on long journeys
- ✓ Position loads evenly and make sure they don't block your view
- ✓ Follow the easiest, most even path
- ✓ Clean the wheelbarrow after use

### Don't ✗

- ✗ Don't use the wheelbarrow if the tyre is flat – pump it up!
- ✗ Don't overfill the barrow – it could tip over and cause an injury
- ✗ Don't pull the wheelbarrow behind you



<b>Document Name</b>	<i>TBT Wheelbarrows</i>	<b>Document No.</b>	<i>OC/HS/TBT 33</i>
<b>Document Owner</b>	<i>David Shaftoe</i>	<b>Date of Issue</b>	<i>07.06.20</i>
<b>Related TBTs</b>	<i>Manual Handling; Path Work; Spades &amp; Shovels</i>	<b>Version No.</b>	<i>1</i>