**Open Country Wakefield Hub Programme**

**April - June 2024**

NATURE FORCE GROUP

Every Tuesday we carry out important nature tasks around the district like tree and wildflower planting.

TRAILBLAZER GROUP

Join in with helping make our district more accessible with path improvement and cut back work, as well as conservation projects, every Tuesday.

WILD WALKERS

Every Thursday we walk between 3-6 miles with lots of stops for nature study and to admire the views!

WILD THINGS

Every Friday we spend time down at our polytunnel growing wildflowers and wood working, or visiting open gardens and nature reserves to learn something new about our great British wildlife.

All of the above groups run between 10am- 4pm and are chargeable day services aimed at adults with learning disabilities or autism.

ADAPTED CYCLING

Our Tandem Clubs run between early April - late October on Wednesday and Thursday evenings between 6-9pm. New tandem riders, front and back, are welcomed. All training is provided. Our next weekend ride is:

Wakefield Wheel 37 miles circular loop - Saturday 18th May

WEEKEND OUTINGS, ADVENTURE CLUB TRIPS & SCOOTER SOCIAL

Primarily for anyone with a physical disability or sensory impairment, the outings visit a wide variety of wheelchair accessible locations, advertised over the next 3 pages. The accessible bus costs £10.

Dates for the diary…

Dragon Boat Race at Pugneys Country Park - Saturday 13th July

Walking and Wild Things Residential Felldyke Bunkhouse, Lake District. Friday 4th - Sunday 6th October £130 per person including food, transportation and accommodation. This is a wheelchair accessible trip.

Moving Inclusion Festival Saturday 14th September Thornes Park Stadium - with a sponsored Relay Race!

OUTINGS

BESSE FOOT FORWARD!

Sunday 7th April

Admission: £19 Trip: £10

Travel time: 1 hour

Explore Hardwick House and formal gardens - Besse of Hardwick’s former stomping ground.

BARGE BOAT BONANZA

Saturday 13th April

Admission: £7 suggested donation

Trip: £10 Travel time: 30 minutes

A canal boat cruise from Mirfield.

SNOUT THERE TOGETHER

Saturday 20th April

Admission: £9.95 Trip: £10

Travel time: 1 hour

Thornton Hall Farm near Skipton is a great day out with lamb cuddling,

bunny rabbit stroking and pig brushing all on offer!

A MEMORABLE ADVENTURE

Sunday 21st April

Admission: FREE but £10 for the land train ride Trip: £10

Travel time: 1 ½ hours

The National Memorial Arboretum is a special 150 acre site down in

Staffordshire and is home to 400 memorials nestled amongst 25,000

trees, as well as riverside strolls.

LIFE’S A BEACH

Sunday 28th April

Admission: Free Trip: £10

Travel time: 1 hour

For any resident in Castleford, Pontefract, Normanton, Knottingley or

Featherstone—a beach trip to Hornsea for some toe dipping and a meal out.

TREE-MENDOUS TREES

Sunday 5th May

Admission: Free Trip: £10

Travel time: 45 minutes

Golden Acre Park in Leeds has it all—lakes, flowers and various trees. We will take some guides and identify some new tree species, followed by an ice cream to finish!

BEE HAPPY!

Sunday 19th May

Admission: FREE Trip: £10

Travel time: 30 minutes

A local visit back to Thornes Park Rose Garden for an event centred

around helping our bee friends out -solitary bee home making, wildflower

seed bomb creation, bee ID-ing and honey tasting all on offer.

WALKING WETTON WHILST WEGG’S

Saturday 25th May

Admission: Free Trip: £10

Travel time: 1 ½ hours

Another Peak District Miles without Stiles route - A 3 mile total walk exploring this section of the Manifold Way - an amble from Wetton Mill Tea Room to Wegg’s Bridge.

DOWN BY THE RIVER

Sunday 26th May

Admission: FREE Trip: £10 Travel time: 1 hour

Farmer Copley’s for the strawberry picking followed by The York Railway Institute Brass Band, playing this idyllic Wetherby riverside location.

DAM BATS!

Saturday 1st June 6 - 11pm

Admission: FREE Trip: £10 Travel time: 30 minutes

An evening meal at The Dam Pub, then a stroll around Newmillerdam Park looking and listening out for bats and other night time critters.

ENGINES READY!

Sunday 9th June

Admission: FREE

Trip: £10 Travel time: 1 hour

 A trip to visit our Barnsley neighbours at Locke Park for their annual classic car rally and some accompanying music curtesy of the Barnsley Brass Band.

SANDY DAYS

Sunday 23rd June

Admission: Free Trip: £10 Travel time: 1 ½ hours

Fingers crossed for some sunshine as we head to Blackpool Beach for fish and chips and some more sandcastle making. We will be trying out the SandStormer Beach accessible wheelchairs too.

HORBURY SHOW

Sunday 30th June

Admission: Free Trip: £10 Travel time: 30 minutes

All the fun of the fair! Join us for ‘hook-a-duck’, tombolas, and lots more! It’s Carr Lodge Park for the annual Horbury Show.

ADVENTURE CLUB

INGLEBOROUGH CAVE

Sunday 14th April

Admission: £13 Trip: £10 Travel time: 2 hours

An accessible journey into this limestone cave in the heart of the Dales, via the Ingleborough Estate Nature Trail.

TROUT THERE TOGETHER

Saturday 27th April

Admission: Free Trip: £10 Travel time: 1 hour

Thanks to our pals at the British Disabled Angling Association, enjoy a power boat trip and fishing on Ladybower Reservoir.

WHERNSIDE

Sunday 2nd June

Admission: Free Trip: £10 Travel time: 2 hours

A longer day trip into the Yorkshire Dales to complete a hike to the summit of the highest of the Yorkshire 3 Peaks on this 8 mile circular route. Sorry, there is no wheelchair access.

AQUA PARK

Saturday 8th June

Admission: £20 Trip: £10 Travel time: 1 hour

Rother Valley Country Park for this wet and wild inflatable obstacle course!

WHAT’S SUP?

Saturday 29th June

Admission: £15 for 2 ½ hours on the water. Trip: £10 Travel time: 1 hour Back to work with SUP Active for stand up paddleboarding, wild swimming and sit on kayaks.

MICROFLIGHT

Sunday 8th July

Admission: £85 for a 20 minute flight Trip: £10

Travel time: 1 ½ hours

Our friends at Darley Moor Airfield are offering a once-in-a-lifetime flight in the Peak District with the option of two light aircrafts— ring for details. A weight limit of 16.5 stone is in place.

SCOOTER SOCIAL

Open to anyone who uses a mobility scooter or electric wheelchair. We go to a range of local venues on the first Saturday of every month. Our electric-assist wheelchair bike is also available on these sessions.

Saturday 6th April - Thornes Park Spring Flower Treasure Trail (11am—3pm)

Saturday 4th May—Gawthorpe Maypole Procession (1pm—5pm) Saturday 1st June - Safe Anchor Trust Canal Boat (11am - 3pm)

A big thank you to all the National Lottery players for supporting our Wild about Wakefield project.