






Each card has a letter & number (for example **A3**) in the top right hand corner. It describes the **surface** and **slope** of the **most difficult** parts of the main route. With the map and text, this will help you to decide whether to do the whole route or just the easier sections. The bicycle symbol indicates all or part of the route is suitable for cycling.

## Surface Quality (in dry weather)

- A** - Smooth (tarmac, paving, concrete, etc.)
- B** - Quite Smooth (short grass, compacted earth/stone, etc.)
- C** - Uneven (worn grass, loose stone, some ruts, tree roots, etc.)
- D** - Rough (long grass, soft earth, sand, gravel, severe ruts, roots, etc.)

-  **1** - Gentle (up to 1:20)
-  **2** - Quite Gentle (up to 1:16)
-  **3** - Fairly Steep (up to 1:12)
-  **4** - Steep (up to 1:8)
-  **5** - Very Steep (over 1:8)



is a partnership providing information for people who have difficulty getting out into the Countryside.



Whilst information in this pack is considered accurate as of 2025, we cannot take responsibility for any errors or omissions. This pack is free. If you would like to support Open Country in helping people to access and enjoy the countryside, please visit [opencountry.org.uk](https://opencountry.org.uk)

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Countryside for All



## Countryside for All

### Accessible Trails in the York District



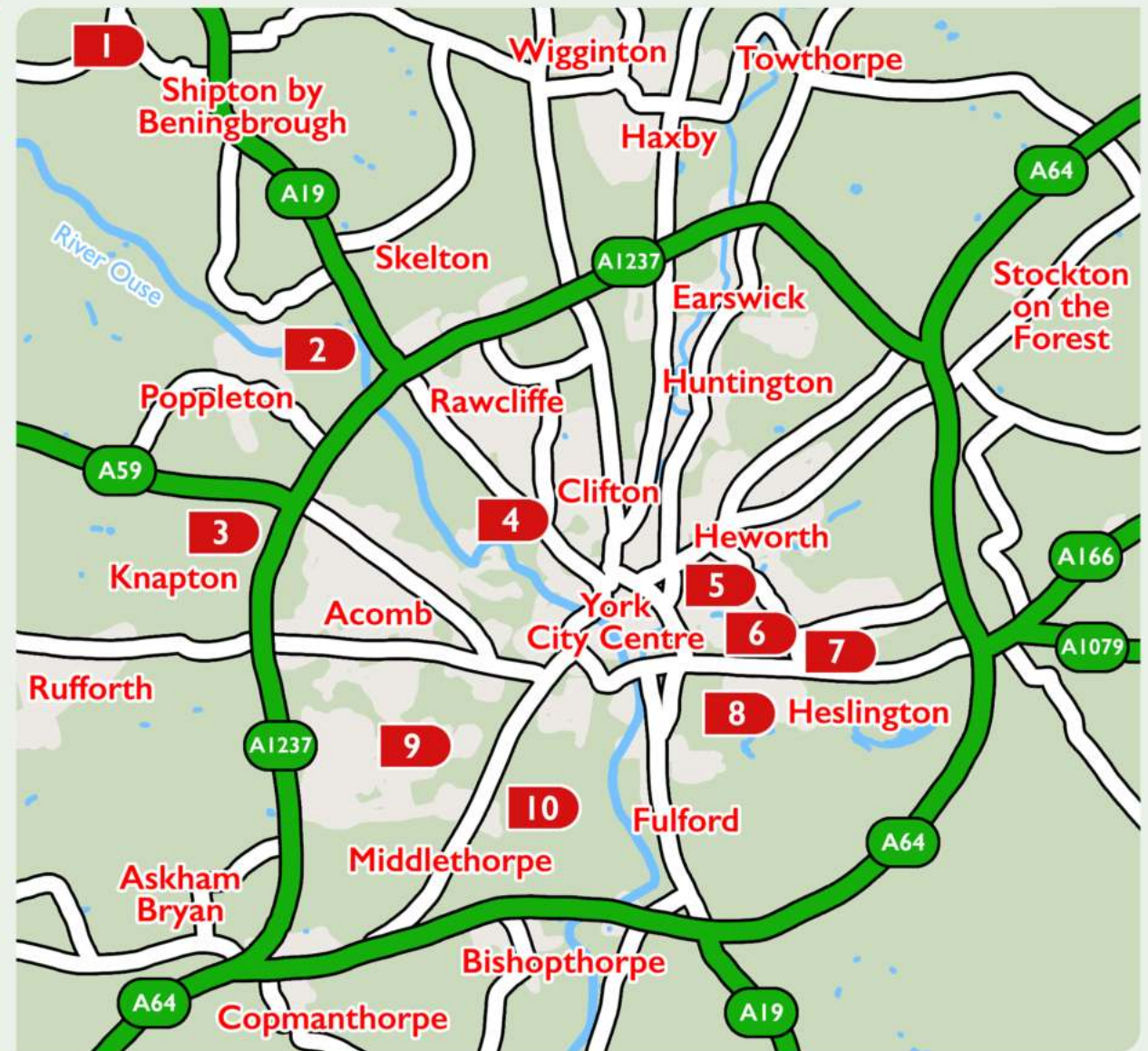
Accessible Trails in the York District





## TRAIL CARD & MAP KEY

	Suggested Route		Viewpoint
	Alternative Route		Motorcycle Barrier
	Slope/Hill (Level)		Speed Humps
	Linked Trail		Steps (and how many)
	Suitable for Cycling		Café
	Trail Start Point		Public House
	Parking		Bench/Seat
	Information Board		Picnic Area
	Bus Stop		Playground
	Accessible Toilet		Cattle Grid
	Accessible Gate (Manual Wheelchairs and Scooters)		Trees/Wood
	Gate not Accessible to Wheelchairs		Lake/Pond
	Caution		Landmark Building



- |                                     |   |
|-------------------------------------|---|
| <b>1</b> Beningbrough Hall          | <b>7</b> Hull Road Park                 |
| <b>2</b> Poppleton Millennium Green | <b>8</b> York University Campus         |
| <b>3</b> Moor Lane Bridleway        | <b>9</b> Hob Moor & Mayfield Open Space |
| <b>4</b> Homestead Park             | <b>10</b> Knavesmire Grassland          |
| <b>5</b> Foss Islands Path          |   |
| <b>6</b> St. Nicks Nature Reserve   |   |





**Brief Description:** Owned by the National Trust, Beningbrough Hall offers a 2.5 mile (4 km) route through park and woodland. Access to all routes on the map is free, however there is a charge to access the house and gardens. Find out more at [nationaltrust.org.uk](http://nationaltrust.org.uk)



**Access and Facilities:** Accessible Toilets are located in the Courtyard **What3Words:** agenda.poems.feasting and in the café **What3Words:** searching.nuance.cyber Mobility Scooter Hire is available for the hall & grounds; call 01904 472004 to book.



**Features of Interest:** Benches, Café, Cycle Parking, Hall & Gardens, Parkland, Pub (in Newton-on-Ouse), Riverside Walking, Tansy Beetle Colony, Viewing Frame, Woodland Walk.



**Location:** Visitor Car Park, New Road, Beningbrough YO30 1DD. **What3Words:** branch.doses.renting



**Public Transport:** Bus No. 29 between York & Newton-on-Ouse stops at the junction of Moor Lane and Back Lane in Newton-on-Ouse.



**Route Details:** Paths around the parkland are mainly flat with some slight gradients (2). The accessible paths outlined on the map are made from a combination of tarmac and compacted stone (B). Alternative routes are over more uneven ground. The riverside path is liable to flood and can get boggy during or after wet weather. Caution must be taken, as vehicles have access to some of the paths on site.







**i** **Brief Description:** In a quiet corner of the city, Poppleton Millennium Green offers a short, pleasant trail through an orchard, meadow and woodland. The site provides visitors with places to relax, picnic and watch the resident wildlife.



**Access and Facilities:** Nearest Accessible Toilet is at Poppleton Bar Park & Ride, 1.7 miles (3 km) from the site. YO26 6QF. **What3Words:** dime.elaborate.salsa



**Features of Interest:** Benches, Book Exchange, Children's Play Area, Cycle Parking, Event Field, Information Boards, Meadow, Orchard, Picnic Benches, Ponds, Poppleton Tithe Barn, Sculptures, St. Everilda's Church, Sundial, Water Pump, Wildflowers, Wildlife.



**Location:** Free Car Park at the end of Church Lane, Nether Poppleton, York, YO26 6LB.

**What3Words:** timing.shop.soil

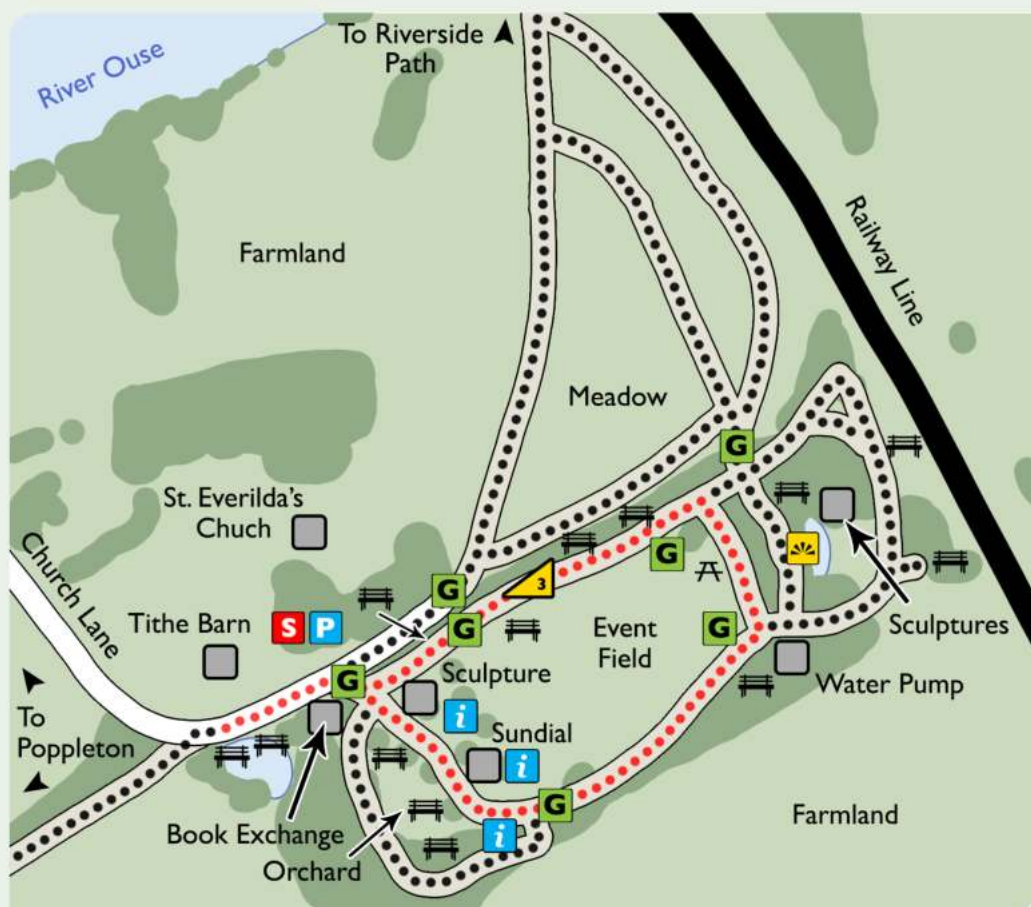




**Public Transport:** Buses 10 and 10A between Nether Poppleton and Stamford Bridge via York City Centre stop on Main Street at the end of Church Lane, a 10 minute walk to the site.



**Route Details:** The main path around the site is made from compacted stone (C). It is mainly level throughout with a short gradient on the northern edge (3). The alternative routes, shown in black on the map, are over grass and compacted earth. There are five accessible gates, one to enter the site, two at either side of the event field and two to access the children's play area.







**Brief Description:** Moor Lane Bridleway connects with Tinker Lane to provide 2 miles (3.2 km) (4 miles (6.4 km) out and back) of accessible walking, wheeling and cycling. With meadows and open spaces to explore, it is a great place to connect with nature, close to the city.



**Access and Facilities:** Nearest Accessible Toilet is at Poppleton Bar Park & Ride, 0.7 miles (1.1 km) from the site. YO26 6QF **What3Words:** dime.elaborate.salsa



**Features of Interest:** Benches, Café & Pub (in Rufforth), Forest Footpath, Wildflower Meadow, Yorkshire Activity Centre, York Community Woodland.



**Location:** The trail begins from the junction of Moor Lane and North Field Lane, Knapton, York, YO26 6QR. **What3Words:** retail.sage.rugs

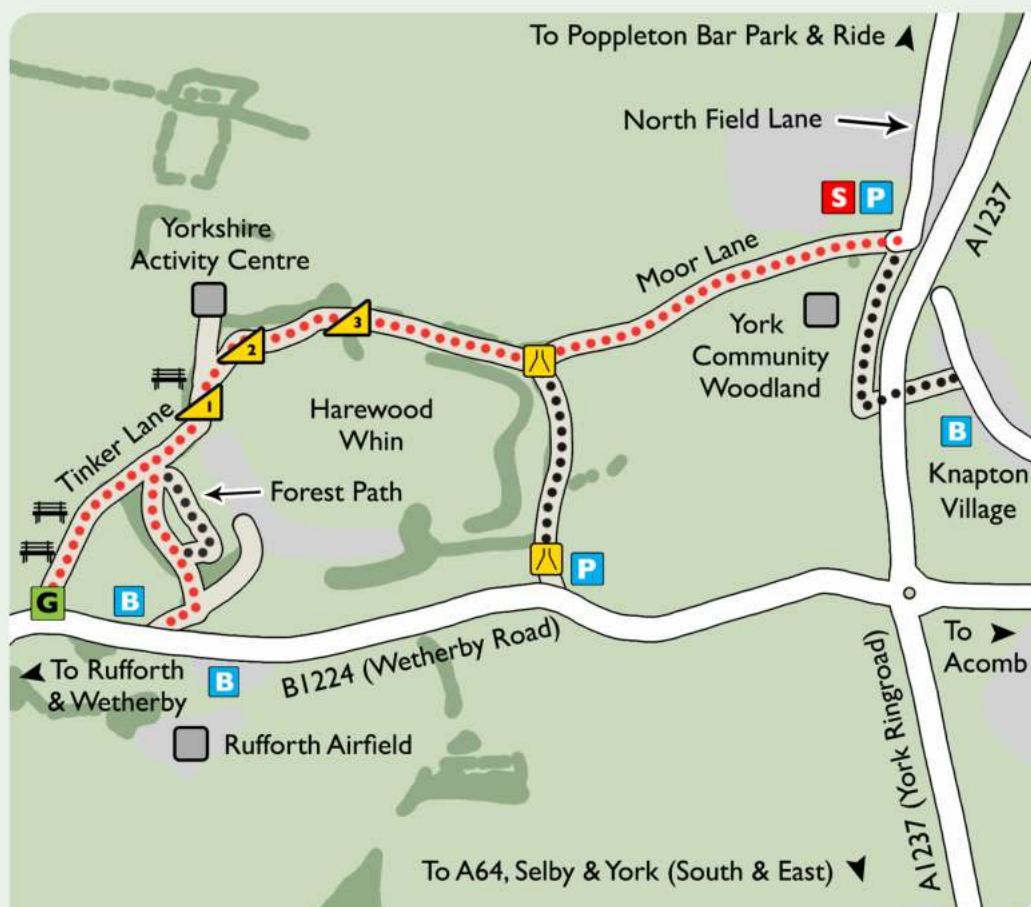




**Public Transport:** Poppleton Bar Park & Ride is 0.7 miles (1.1 km) from the start of the route with regular services to and from York city centre. Bus No. 412 between York and Wetherby stops in the centre of Knapton village 0.5 miles (800 m) from the start of the route and at the end of Tinker Lane in Rufforth.



**Route Details:** The main track is made from Tarmac with a section of solid, compacted stone (A). There is an 'A' frame barrier half way along the route which is accessible to most wheelchair users. There are some short gradients (3), however the route is mainly flat throughout.





**i** **Brief Description:** Homestead Park offers a variety of accessible routes through floral displays, ornamental trees and open areas where children can play. The park is a great location to explore nature and enjoy a picnic.

**♿** **Access and Facilities:** 4 Blue Badge Bays, Accessible Toilet. Check signs at park entrances for seasonal opening times.

**🔍** **Features of Interest:** Art Installations, Benches, Café (seasonal), Children's Playground, Cycle Parking, Free Car Parking, Herbaceous Borders, Information Boards, Ornamental Trees, Picnic Area, Plant Shop, Pond, Wildflowers, Wildlife, Woodland.

**📍** **Location:** Free Car Park off Shipton Road, Clifton, York, YO30 6SA. **What3Words:** domain.emurge.firelight

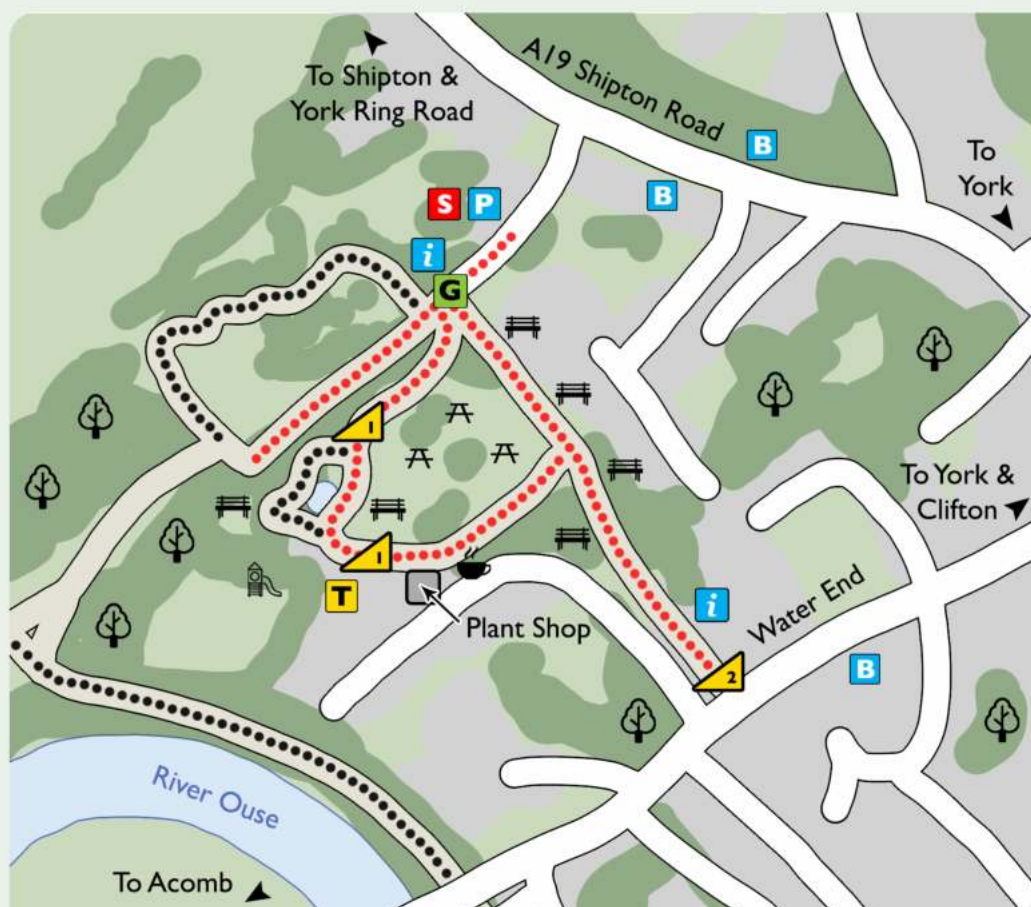




**Public Transport:** Rawcliffe Bar Park & Ride Bus to and from York City Centre, 29 between York & Linton on Ouse, 30 between York & Easingwold, 30X between York & Thirsk and 31X between York and Kirkbymoorside all stop on Shipton Road (500m from park entrance) and on Water Lane (300m from park entrance).



**Route Details:** Paths on the recommended route are made of tarmac (A) and are mainly flat, with one short slope up to the Water End entrance (2). There is ramped access to the accessible toilet (1). Cycling is permitted through the park. Pedestrians have priority at all times.







**Location:** The recommended route start point is Osbaldwick Village Car Park, YO10 3NP.

**What3Words:** rocks.motion.stir

The route can also be started from Wiggington Road Pay & Display Car Park, Clifton, YO31 8JQ at the opposite end of the trail. **What3Words:** smooth.gain.twig

The path can also be accessed at various points along the route. Please see the trail maps for more details.



**Public Transport:** Bus Nos. 6 between Clifton Moor and the University of York and 20 between Rawcliffe and Osbaldwick stop on Osbaldwick Lane 0.2 miles (500 m) from the recommended route start point. Bus No. 40 between York and Easingwold stops at the entrance to Wiggington Road Car Park.



**Route Details:** The path is made of tarmac throughout. The surface is worn in sections, particularly at either end of the route (B). There is also subsidence and adverse camber in certain places, however, this can be avoided. There are some steep sections along the route (5), especially around tunnels and bridges. Caution must be taken when the route briefly runs alongside James Street and crosses Hallfield Road near the city centre.



5

## Foss Islands Path

B3



6



7



**Brief Description:** The Foss Islands Path connects Osbaldwick in the east of the city to Clifton in the north. Forming part of Sustrans Route 66, it is a pleasant way to navigate from one side of the city to the other, through greenery and avoiding busy roads. The trail is 2.5 miles (4 km) from end to end and 5 miles (8 km) out and back.

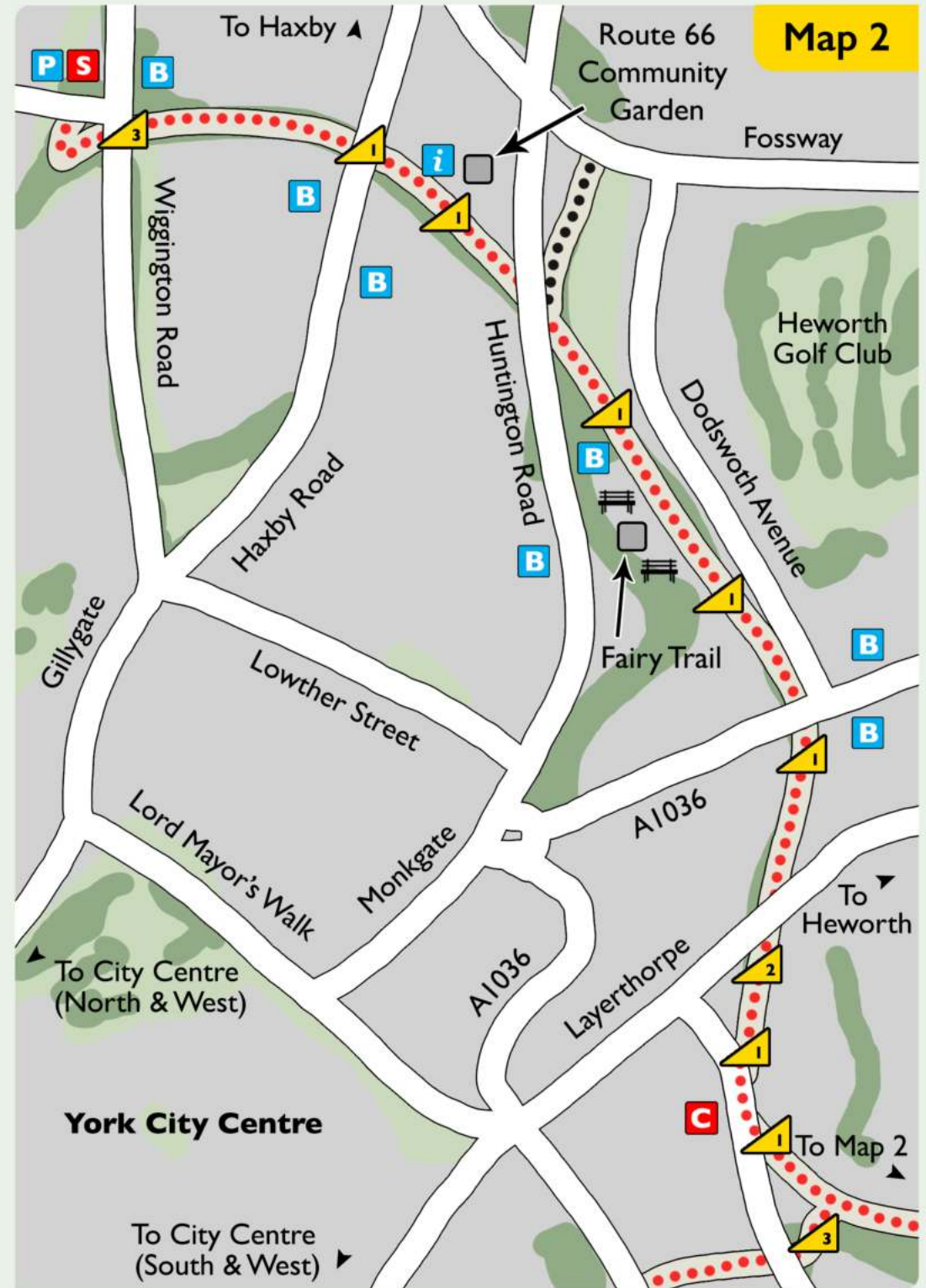
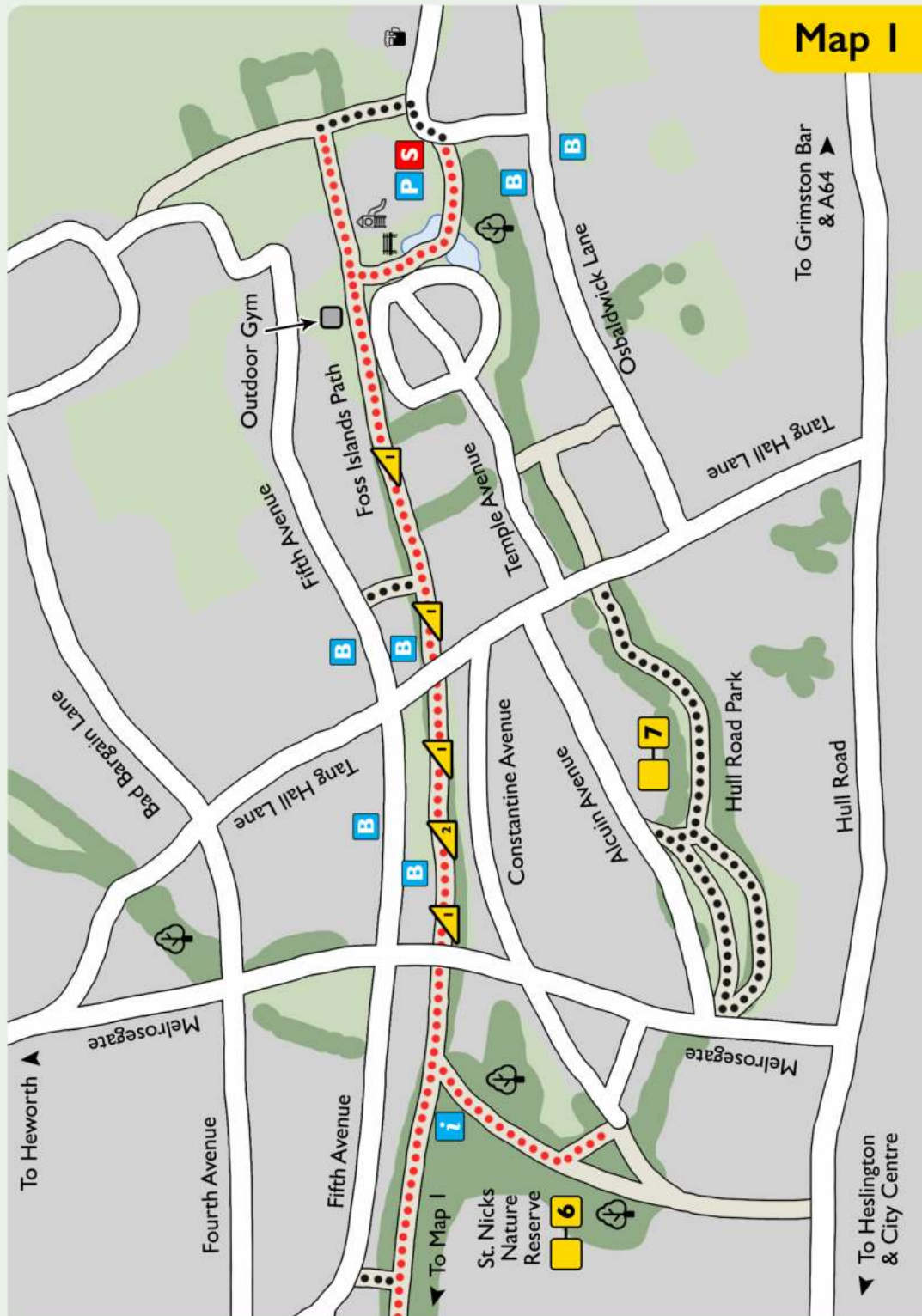


**Access and Facilities:** 4 Blue Badge Bays in Osbaldwick Village Car Park, Nearest Accessible Toilets are located at Grimston Bar Park & Ride, 1 mile (1.6 km) from the start of the route. YO19 5LA. **What3Words:** caked.cooks.dare



**Features of Interest:** Benches, Bird Watching, Bridges, City Centre Access, Children's Playground, Community Garden, Cycling, Cycle Parking, Fairy Trail, Information Boards, Outdoor Gym, Ponds, Sculptures, St. Nicks Nature Reserve, Wildlife, Woodland.







**Q** **Features of Interest:** Benches, Children's Play Area, Dragon Stones, Environmental Centre, Information Boards, Osbaldwick Beck Picnic Area, Wildlife, Woodland.

**Bus** **Public Transport:** Bus No. 6 between Clifton Moor & York University (via York) and 20 between Rawcliffe & Osbaldwick (via York) stop at the junction of Alcuin Avenue and Melrosegate, adjacent to the entrance on Melrosegate.

**T** **Route Details:** The accessible routes shown on the map are mainly level (2) and made of tarmac and compacted stone (B). Some paths on site have been damaged by erosion and tree roots (C). Paths can get narrow in places. There are some steps, however these can be avoided by following the red trail. Cyclists can use the paths in the reserve, so caution must be taken.



6

## St. Nicks Nature Reserve

C3



i

**Brief Description:** St. Nicks offers 1 mile (1.6 km) of accessible walking and wheeling through attractive woodland. The site links Hull Road Park and the Foss Islands Path to make a longer, circular route. With plenty of wildlife to spot, an environmental centre and interesting installations, it is a fascinating place to visit.

♿

**Access and Facilities:** Nearest Accessible Toilets are located at Castle Walk, 1 mile (1.6 km) from the trail start point. **What3Words:** insect.invest.drives

📍

**Location:** Car parking is available in Rawdon Avenue Car Park, YO10 3FW. **What3Words:** abode.statue.clouds  
The route can also be accessed from Bull Lane, Foss Islands Path Hazel Court and Melrosegate. Please see the trail map for details.









**i** **Brief Description:** Hull Road Park acts as a green corridor between Osbaldwick and St. Nicks Nature Reserve on the east side of the city. It offers a network of accessible paths, places to relax, play, exercise and interact with nature.

**♿** **Access and Facilities:** An Accessible Toilet is located in the old bowling pavilion (open during café hours, see below).  
**What3Words:** slate.strong.facing

**🔍** **Features of Interest:** Basketball Court, Benches, Café (Open Monday to Friday 9:15am to 3:30pm), Children's Playground, Community Garden, Cycle Parking, Football Pitch, Information Boards, Nature Trail, Ornamental Gardens, Osbaldwick Beck, Picnic Area, Tennis Courts, Wellbeing Orchard.

**📍** **Location:** The main entrance to the park is at the junction of Alcuin Avenue and Melrosegate, YO10 3TQ. On-street Parking Available. **What3Words:** royal.mixed.silver

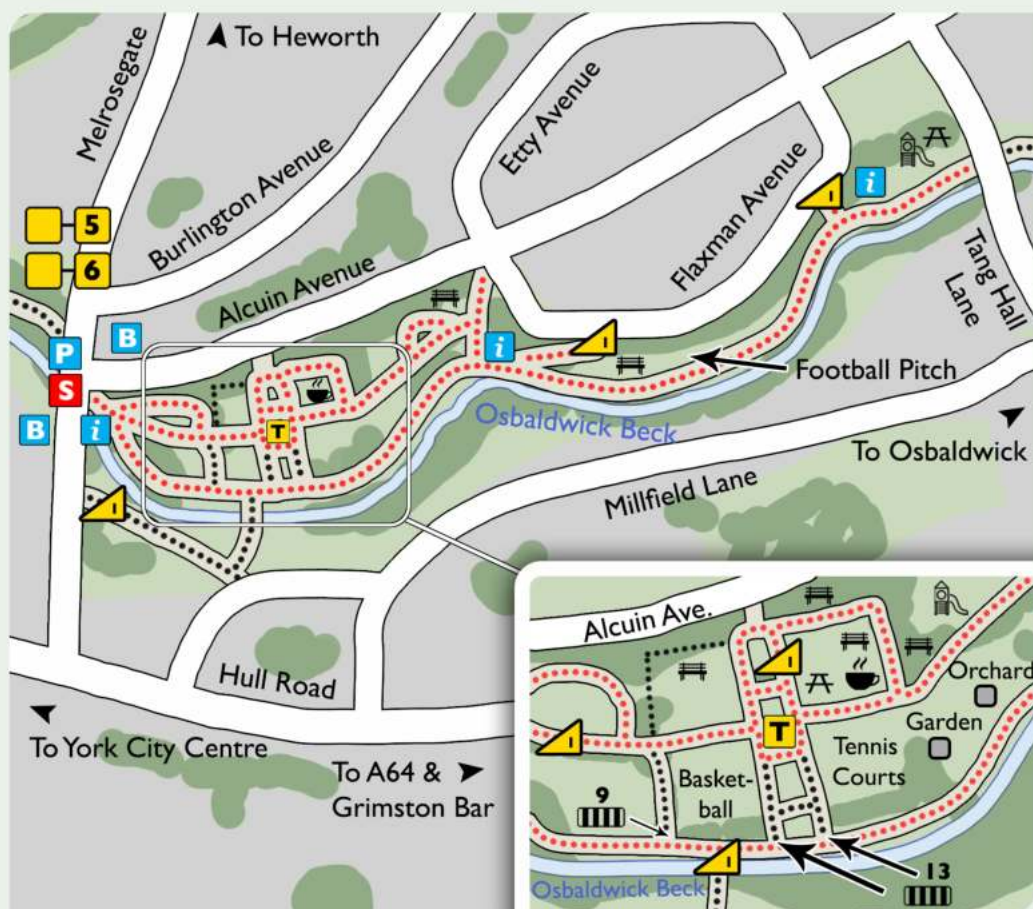




**Public Transport:** Bus No. 6 between Clifton Moor & York University (via York) and 20 between Rawcliffe & Osbaldwick (via York) stop at the junction of Alcuin Avenue and Melrosegate, adjacent to the park entrance.



**Route Details:** The accessible route (outlined on the map) is made of tarmac and is level throughout (A1). There are some steps between the old bowling pavilion and Osbaldwick Beck, which can be avoided. Some of the park's features can only be accessed by crossing grassy areas which can get boggy during or after wet weather.







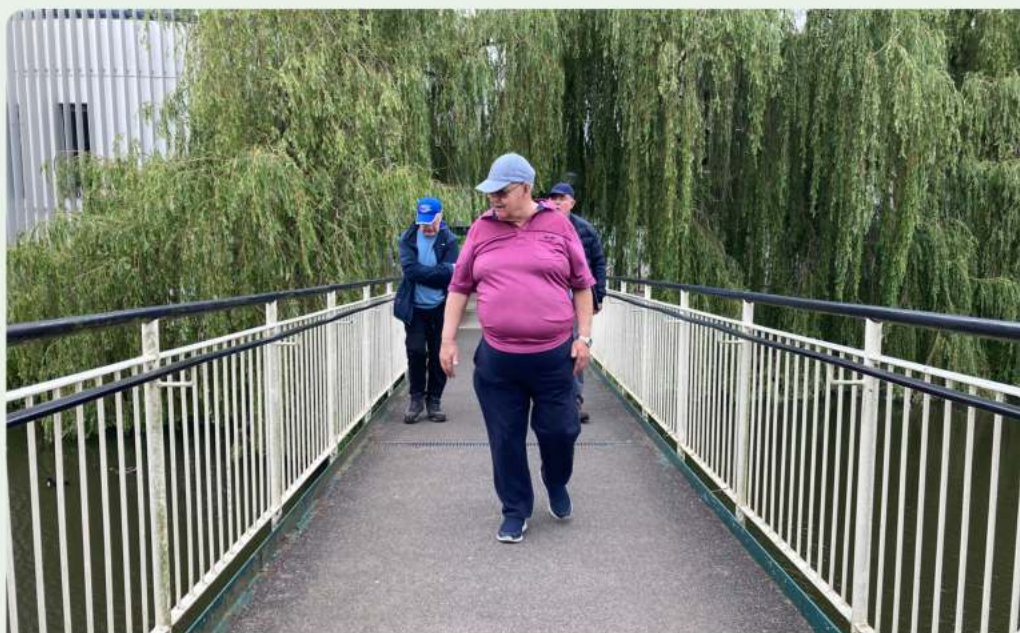
**Features of Interest:** Benches, Bird Watching, Cafés, Cycle Parking, Information Boards, Interesting Architecture, Lake, Landscaped Gardens, Maze, Picnic Areas, The Quiet Space, Wildlife, Woodland.



**Public Transport:** Bus Nos. 46 between York and Pocklington, 66 and 67 between York and the University all stop on University Road, adjacent to the campus. No. 200 between York and Askham Bar bus stops on Main Street in Heslington, approx. 100m from the campus entrance on Newton Lane.



**Route Details:** Paths throughout the campus are made of tarmac (A). There are some short sloped sections (up to 4). Some paths on the alternative have route stepped access but can be avoided by following the red routes on the map. Cycling is permitted across the site. The campus can get busy with students during term time.



8

## York University Campus

A4



**Brief Description:** York University's main Campus provides a hidden green space a short distance from the city centre. The site offers wildlife encounters, a large lake, gardens and places to rest and take in your beautiful surroundings. There are a variety of paths that can be followed, creating up to 3 miles (4.8km) of accessible paths.

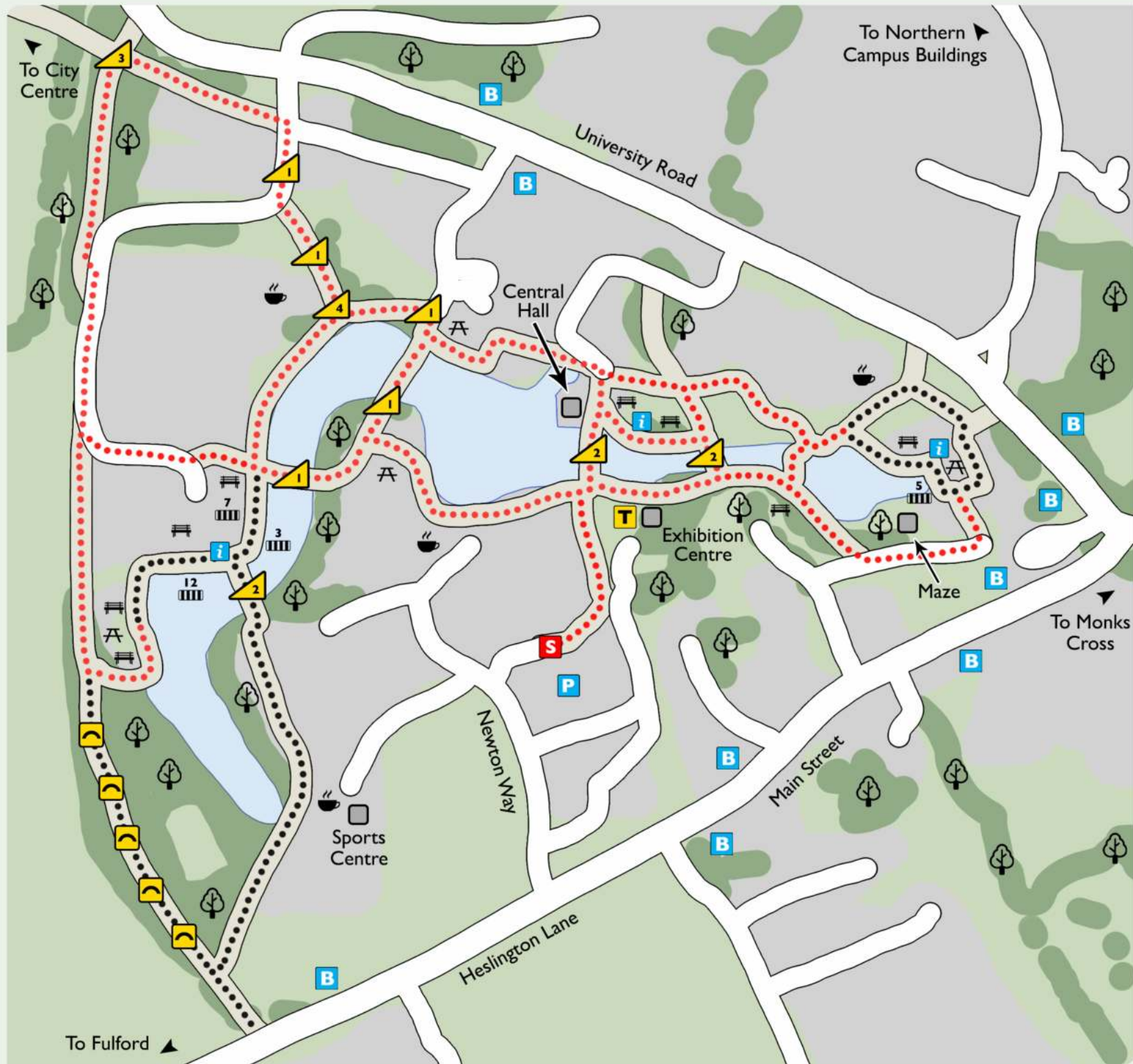


**Access and Facilities:** 4 Blue Badge Bays in Newton Way Car Park, (See location information below), Nearest Accessible Toilets are located in The Exhibition Space 200m from the car park. **What3Words:** result.milk.risen



**Location:** The recommended route start point is from the central campus pay & display car park on Newton Way, YO10 5EZ. **What3Words:** blitz.allow.fell  
The route can also be accessed from University Road, Main Street and Heslington Lane. Please see the trail map for details.









**i** **Brief Description:** Mayfield Public Open Space offers tree-lined pathways and Hob Moor provides an open space with vistas across the city. Both sites link to create a network of accessible trails of up to 3 miles (4.8 km).



**Access and Facilities:** Free, off-street Parking in Nelson's Lane Car Park. Nearest Accessible Toilets, 1.5 miles away at Askham Bar Park & Ride (RADAR key).

**What3Words:** label.cheek.inch

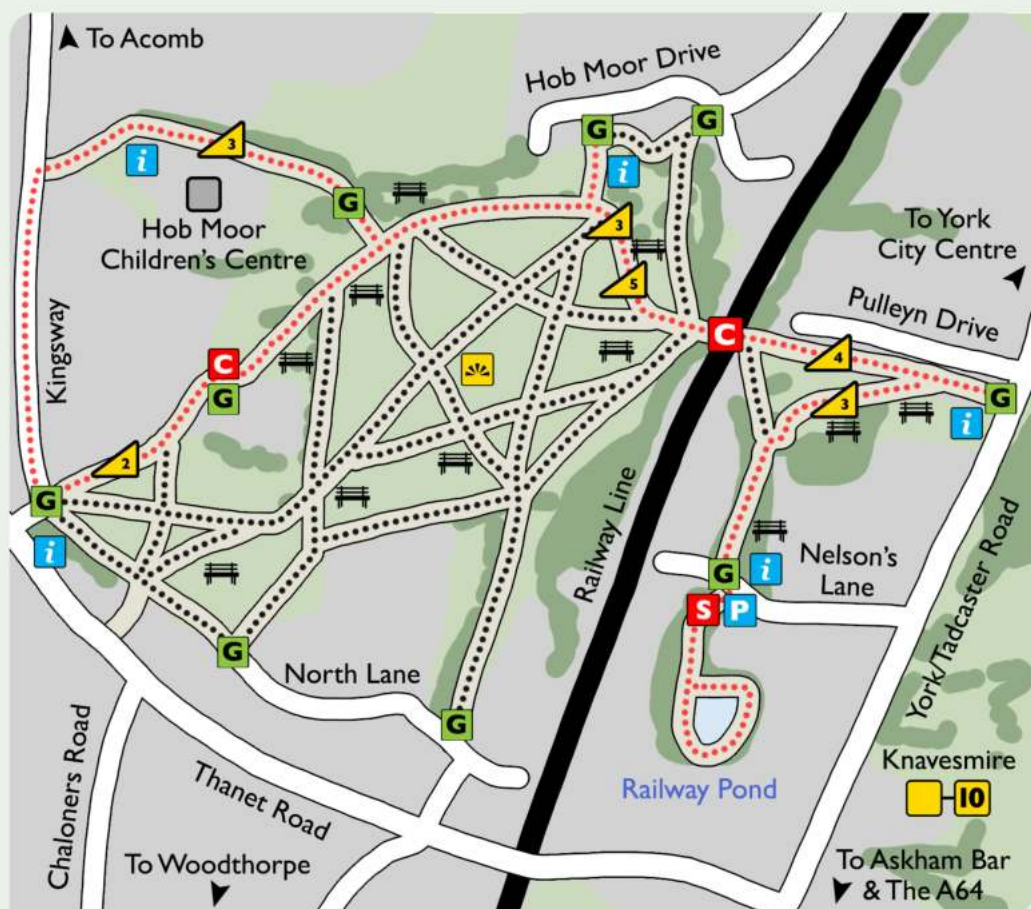
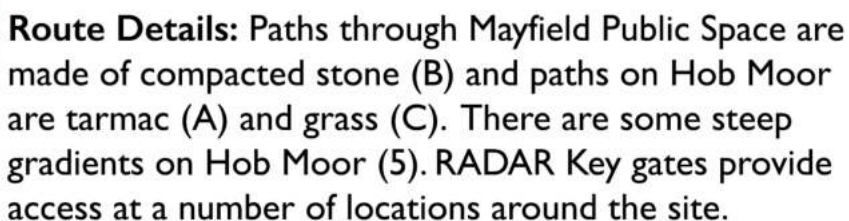
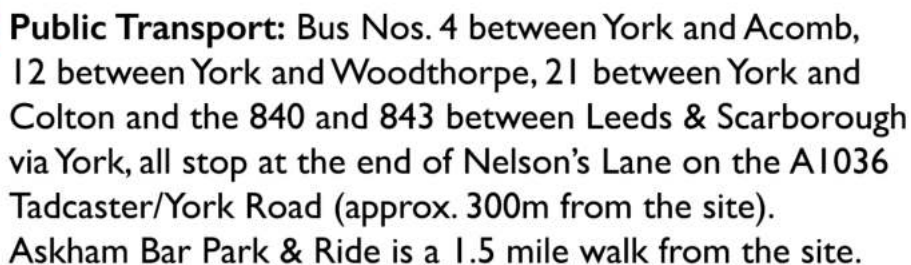


**Features of Interest:** Ancient Trees, Benches, Children's Playground, Cycling, Grazing Cattle, Information Boards, Open Moorland, Views of York Minster, Wildflowers, Wildlife.



**Location:** Nelson's Lane, Dringhouses, York, YO24 1HD.  
**What3Words:** tummy.tamed.wage







**i** **Brief Description:** Knavesmire Grassland provides a flat 2.5 mile (4km) circuit of York Racecourse. It offers open green spaces and wide, accessible paths.

**♿** **Access and Facilities:** Nearest Accessible Toilets are located in Rowntree Park, (1.5 mile walk from Knavesmire) **RADAR Key.** **What3Words:** submit.trip.achieving  
Please note the circular path is closed on race days.

**🔍** **Features of Interest:** Café, Cycle Parking, Open Green Spaces, Racecourse Views, Tyburn Monument.

**📍** **Location:** Knavesmire Road, York, YO23 1EX.  
**What3Words:** phones.bump.tins

**🚌** **Public Transport:** Bus Nos. 11 between York and Bishopthorpe, 21 between York and Colton and 26 between York and Fulford all stop opposite the entrance to Knavesmire on the junction of Knavesmire Road, Racecourse Road and Campleshon Road.





**Route Details:** Paths are made of tarmac (A) and are flat throughout, apart from a gentle slope at the entrance (2). The café is accessed via a crushed stone path and rutted rubber matting.

