

# Countryside Activities programme



## TANDEM ON TEESSIDE

Our seven tandem clubs are based in Teesside, Harrogate, Ripon, Selby, Wakefield, Wetherby, and York.

Join us every **Tuesday at 6pm** for a Tandem Bike Ride - designed to open up new adventures and build confidence! Our May rides are a gentle introduction, helping our groups gain experience before we work up to the big rides.



We'll be meeting at Margrove Ponds every Tuesday from April to September setting off to explore the Cleveland Hills, local beaches, and other hidden gems. Come ride with us as we get the wheels turning at our new hub!



## KEY to features on activities:



Accessible Toilets



Café or Restaurant



Non-accessible Toilets



Braille guide available



Picnics Only



Scooter Hire

Expect around 90 minutes of riding, followed by a relaxed social stop - often with a drink and a chat to wind down the session. Need a lift? Just let us know - we're happy to help.

## NATURE AND ACCESS CLUB

Now accepting sign-ups for our Nature and Access Club, every **Thursday from 10-3pm** from 15th May.

This club partners with local organisations on accessibility and conservation projects. Our current partners include:

- Tees Valley Wildlife Trust
- The Goodlife Community Garden
- Forestry England & Guisborough Branchway

Get involved to protect our natural world and make the outdoors more inclusive for everyone.

## OUTINGS

From **26th May**, hop on our **14-seater minibus** and join us for fun weekend adventures across the **Tees Valley!** Here's what we've got planned:

### Monday 26th May TEES WHEELY BOATING at THE TEES BARRAGE



Come aboard wheelchair users and take to the water!

**Admission: £5 Trip: £12**  
**Travel: 30 mins**

### Saturday 7th June KIRKLEATHAM MUSEUM & OWL CENTRE



Come and learn about our industrial and natural heritage at Skinningrove.

**Admission: £10 Trip: £12**  
**Travel: 15 mins**

### Saturday 28th June IRONSTONE MUSEUM AND SKINNINGROVE BEACH



Spend the day discovering the rich art & heritage exhibitions, then head over to the Owl Centre to meet some feathery friends.

**Admission: £3.50 Trip: £12**  
**Travel: 10 mins**



### Saturday 5th July STEAM RAILWAY, MUSEUM & WHITBY HARBOUR



Full steam ahead from Goathland to Whitby!

**Admission: £10 Trip: £12**  
**Travel: 20 mins**

### Saturday 19th July BIRDWATCHING at RSPB SALTHOLME



A day of birdwatching and learning! Let's see how many species we can find with our binoculars.

**Admission: FREE Trip: £12**  
**Travel: 40 mins**



### Saturday 2nd August MONK PARK FARM



Accessible fun with friendly animals, open spaces, and gentle farm experiences.

**Admission: £12 Trip: £12**  
**Travel: 40 mins**



### Saturday 16th August SUMMER PARTY

Join us for a relaxed celebration at Saltburn Woodland Cabin - a special gathering for Open Country volunteers, members, staff and friends!

**Admission: FREE Trip: FREE**  
**Travel: 10 minutes**

## EVENTS

### 15th, 16th & 17th May ACCESSIBLE WALKS AT GUISBOROUGH WALKING FESTIVAL



Take part in an accessible walk at  
Guisborough Branchway.

**Travel time: 10 mins**

### 5th June WOMEN'S TOUR OF BRITAIN at REDCAR



### 6th June WOMEN'S TOUR OF BRITAIN at SALTBURN



Come and see us at the finish line of the  
Women's Tour of Britain! We will have  
our pimped up tandems and will be  
riding around throughout the day.

### Saturday 14th & 15th June KITE FESTIVAL, REDCAR



Join our accessible zone and  
craft and fly kites with us! We will be  
joined by members from our Harrogate  
and Wakefield Hubs.

**Coming soon...**

### WELLBEING CLUB

Launching in **August**, our Wellbeing Club  
will include gentle walks, journaling, and  
crafting - perfect for connecting with  
others and discovering what we enjoy.  
Walks depart from **Margrove Heritage  
Centre** via our minibus, and we offer  
pick-ups and drop-offs if needed.

We'll be hiking & exploring beautiful local  
areas including the **Cleveland Hills, Tees  
Barrage, coastal paths, woodlands,**  
and more!

*Please email [teesside@opencountry.org.uk](mailto:teesside@opencountry.org.uk) if you would prefer to receive our  
newsletter electronically or if you want to be taken off our mailing list.*

## BOOK A PLACE/GET IN TOUCH...

To book a place, telephone Open Country  
07848 257814. Please do let us know if  
you've booked and then cannot come to a  
Countryside Activity, so we can give  
someone else your place.

Late cancellation or non-attendance on  
activities is time-consuming, costly and  
above all prevents other members from  
enjoying the countryside. Please only book  
on to the activities if you really want to  
come out with us. If you must cancel, do  
so as early as possible, so that we can give  
someone else your place. Cancellation  
less than 48 hours in advance may result in  
you being liable for any costs - you have  
been warned!

Our address is:

**Open Country, Margrove Heritage Centre  
Boosbeck, Saltburn-by-the-Sea, TS12 3BZ.**

Tel: **07848 257814**

Email: [teesside@opencountry.org.uk](mailto:teesside@opencountry.org.uk)  
[www.opencountry.org.uk](http://www.opencountry.org.uk)

Our confidential trustees' email address is  
[opencountrytrustees@gmail.com](mailto:opencountrytrustees@gmail.com)

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