# West Yorkshire Countryside Directory for People with Disabilities

# Fourth Edition

Whatever your needs, access to and enjoyment of the countryside is rewarding, healthy and great fun. This directory can help you find out what opportunities are available to you in your area. Get yourself outdoors and enjoy all the benefits that come with it...

With forewords by
Alan Titchmarsh CBE VHM DL & Amy Garcia





This directory was put together **by** people with a disability **for** people with a disability, though the places and information included will be useful to anyone.

West Yorkshire has a diversity of landscape and culture that is unsurpassed in England, from wild moorland and iconic reservoirs to superb city nature reserves. It is certainly worth taking that first step and getting yourself out in the countryside, whatever your abilities.

For people interested in wildlife and conservation there is much that can be done from home or a local accessible area. Whatever your chosen form of countryside recreation, whether it's joining a group, doing voluntary work, or getting yourself out into the countryside on your own, we hope you will get as much out of it as we do.

There is still some way to go before we have a properly accessible countryside. By contacting Open Country or another of the organisations listed here, you can help to encourage better access for all in the future.



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# Foreword

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Having been born and brought up in the Yorkshire Dales and in later life living in Hampshire and the Isle of Wight, I know at first hand the therapeutic and healing qualities of the countryside. I simply could not exist without the ability to gaze upon trees and meadows, hills and valleys, rivers and the seashore, and they are something from which we should all be able to benefit regardless of our personal mobility. This directory aims to make that wish come true. I hope you find it a useful helpmate and that it will help you to get closer and feel more at one with our amazing British landscape.

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Alan Titchmarsh CBE VHM DL

# Foreword

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West Yorkshire has some stunning countryside and green areas to explore. Being able to get outdoors, enjoy the fresh air and the changing of the seasons is something everyone should be able to enjoy, regardless of age, fitness or ability.

One of my favourite spots is the Yorkshire Sculpture Park and surrounding countryside. It's a place I have visited since I was a child. We often go with my cousin who is a wheelchair user. We all enjoy the stunning views, the artwork and my children get to run wild with the sheep and roll down big hills! It's somewhere the whole family can enjoy together and make memories.

I hope you will find this Directory useful and it will encourage you to enjoy the benefits being outdoors brings.

With best wishes,

Amy García

Amy Garcia is a presenter on BBC Look North. She was born in Wakefield and has a keen interest in the outdoors.

# Using the Directory

Throughout this Directory you will see the symbols below. These are to help you see what kind of facilities or information is available to you. Please also contact individual places to ask what they can offer people with disabilities.

# Key:



Blue Badge parking is available



A wheelchair accessible toilet is available (Changing Places facilities at venues have also been included; see <a href="https://www.changing-places.org">www.changing-places.org</a> for a full list)



Scooters / wheelchairs / trampers are available for loan



Large print leaflets are available



A Braille guide is available



Scan the QR (Quick Response) code with your phone to access information instantly

West Yorkshire covers a large geographical area. Sometimes we divide sections into areas to make it easier for you to find local information.

### These areas are:

- Leeds
- Bradford
- Calderdale
- Kirklees
- Wakefield



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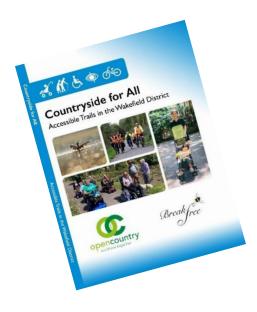
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# Breakfree



Open Country have produced Breakfree packs for Burley in Wharfedale, Harrogate District, Leeds, Nidderdale, Selby, Wakefield, Wharfedale and York.





Great for short walks, nature trails, children, cycles and people with disabilities.

The packs have clear, colour maps for each place, with all the information you need to help plan your day.

# **Breakfree:** get healthy and discover your local green space!

Call Open Country on 01423 507227 to request a copy.

# **General Contacts**

### **Disabled Ramblers**

Email: chairman@disabledramblers.co.uk

www.disabledramblers.co.uk

Working across England and Wales to help make the countryside more accessible to people with limited mobility. They campaign to raise awareness of the needs of people with limited mobility and organise a national programme of rambles for people who use mobility scooters.

### The Ramblers

Tel: 020 3961 3232

Email: ramblers@ramblers.zendesk.com

www.ramblers.org.uk

Britain's walking charity, working to safeguard the footpaths, the countryside and other places people go walking, and to encourage more people to take up walking. There are several local groups across Yorkshire, each has its own walks programme with routes ranging from easy to strenuous. Their website also has a directory of 'Wellbeing Walks' in West Yorkshire. These are free, short walks designed to help you take the first step towards better health, wellbeing and happiness.

# **Local Contacts**

# **Bradford**

# **Ilkley Moor**

Tel: 07780 535860

Email: projectofficer@ilkleymoor.org

www.ilkleymoor.org

The Friends of Ilkley Moor run an Events and Learning programme which includes guided walks. The moor has rough terrain and can be steep in places. See *Easy Going Walks* – page 5 for an accessible walk around Ilkley Tarn.

# **Keighley Healthy Living**

13 Scott Street, Keighley, BD21 2JH

Tel: 01535 677177

Email: admin@khl.org.uk

www.khl.org.uk

Delivering projects in and around Keighley, focusing on the local health and social priorities. They run activities and exercise programmes, helping you lead a healthier lifestyle, including regular walking groups.







# **Midweek Wayfarers Bradford**

www.seniorwayfarers.org.uk

A Yorkshire walking club for people who enjoy walking, socialising and, above all, having fun. All walking abilities welcome: walks range from 3 to 10 miles and run Monday to Thursday.

# **Well Together Walks**

Tel: 01274 259190

Email: welltogether@bdct.nhs.uk

www.bdct.nhs.uk/services/well-together-service

They offer a range of health-led walking groups which are based across the Bradford district and are led by trained volunteer walk leaders.

# **Calderdale**

### **Calderdale Council**

https://active.calderdale.gov.uk

Providing hints and tips on how to get started in walking, as well as information on local walking groups in the Calderdale area.

### **Marsden Moor**

Marsden Moor Office and Information Room, The Old Goods Yard, Station Road, Marsden, HD7 6DH

Tel: 01484 847016

Email: marsdenmoor@nationaltrust.org.uk www.nationaltrust.org.uk/marsden-moor-estate

The National Trust run a guided walks and events programme on the Marsden Moor Estate. The walks are over the moors where the going can be tough, though there are walks suitable for different abilities, including family walks and slower paced walks. Booking is usually required, so please ring the office for information.

# **Walks with CREW**

Tel: 07482 763438

Email: crewpartners.hsq@gmail.com

www.crewheartsupport.co.uk

CREW (Cardiac Rehabilitation through Exercise and Walking) Heart Support Group provides a programme of led walks throughout Calderdale to suit people of all ages and abilities. The walks are a great way to be more active, improve your health and make new friends. You can also download a range of walking routes around Calderdale to undertake in your own time and at your own pace.







# **Kirklees**

# **Experience Community**

Tel: 01484 841438

Email: info@experiencecommunity.co.uk https://experiencecommunity.co.uk

A not-for-profit Community Interest Company that helps physically disabled people enjoy the benefits of outdoor and green spaces. They offer a range of activities, from rambling and cycling to conservation and the arts.

### **Kirklees Council**

www.kirklees.gov.uk

You can use their website to search for walks in the Kirklees areas, rated from Easy to Difficult. There is also a link to local walking groups and events happening in the area.

### **Kirklees Wellness Service**

Tel: 01484 234095

Email: wellness.service@kirklees.gov.uk

https://kirkleeswellnessservice.co.uk/service/move-more

The Wellness Walks are short and accessible to all, taking place within local parks or where there are rest places available. The walks are beneficial for people with low fitness levels, low confidence when walking or those who just want to enjoy a low-level walk with others.

# **Leeds**

### **Feel Good Factor**

53 Louis Street, Chapeltown, Leeds, LS7 4BP

Tel: 0113 350 4200

Email: office@fqfleeds.org

www.fgfleeds.org

Feel Good Factor work with communities across Leeds providing activities, projects and services to improve access to health opportunities for some of the most vulnerable and disadvantaged. They have a walking group who do gentle walks; a great way to get out more and socialise.

### **Leeds Health Walks**

https://lhwalks.wixsite.com/home/home

An independent group supported by Health for All, Leeds. Run by volunteers, the scheme engages up to 100 people each week in regular enjoyable, accessible health walks.







# **Otley Walking Festival**

Email: otleywalkingfestival@mail.com

www.otleywalkingfestival.co.uk

A week-long annual walking festival in late June, with a wide choice of events from strenuous moorland hikes to wheelchair accessible walks.

### St Aidan's Nature Park

Astley Lane, Swillington, LS26 8AL

Tel: 0113 232 0529

Email: staidans@rspb.org.uk

www.rspb.org.uk/days-out/reserves/st-aidans

The RSPB's Community Wellbeing Wanders are monthly, short strolls around the reserve aimed at improving physical and mental health.

# **Wakefield**

# **Open Country**

Tel: 07426 716677

Email: wakefield@opencountry.org.uk

www.opencountry.org.uk

We run a range of walks for disabled people in Wakefield, including easy going wheelchair accessible strolls and longer hikes of up to 7 miles. We also produce 'Breakfree' packs detailing accessible trails suitable for wheelchair users, families, cyclists and anyone with limited mobility. They cover a range of locations including Leeds, Wakefield and Wharfedale.

# St Swithun's Healthy Walks

St Swithun's Community Centre, Arncliffe Road, WF1 4RR

Tel: 01924 361212

Email: info@eastmoorcommunity.co.uk

www.eastmoorcommunity.co.uk

Join a relaxed and easy guided walk using local paths and tracks. It's a fantastic opportunity for a leisurely stroll, a natter and some fresh air! Walks are adapted for who turns up on the day and their ability. Large print maps are available.

### **Wakefield Council**

Tel: 01924 307348

Email: healthimprovement@wakefield.gov.uk www.wakefield.gov.uk/sport-and-leisure

The Council's Health Improvement Team deliver enjoyable, sociable walks throughout the week, each lasting approximately one hour. You can also download a series of short walks; large print versions are available.







Please note that paths are subject to natural erosion and their quality may vary over time, though maintenance should be ongoing. Please contact your local council's Access Officer or Open Country if you would like to report or comment on the poor condition of any accessible paths.

# **Bradford**

# **Burley & Lower Wharfedale**

Tel: 01423 507227

www.opencountry.org.uk/breakfree



Open Country's 'Accessible Trails in Burley and Lower Wharfedale' pack highlights 12 accessible walks and trails including the popular Burley Tree Trail, as well as nature reserves, a riverside walk (see below), a park and even a five mile trail in the grounds of a former psychiatric hospital. Each trail details accessible loos, transport links, features of interest, and route details - perfect for families with young children, people with limited mobility, wheelchair/scooter users or anyone seeking accessible places to visit. You can download the pack from the website above or we can post one out to you. They are also available at Burley in Wharfedale library on Grange Road and from Burley in Wharfedale Walkers are Welcome: www.waw-burleyinwharfedale.org

# **Ilkley Riverside**

www.opencountry.org.uk/breakfree







A 1½ mile circular walk along the River Wharfe in Ilkley, starting at New Brook Street where there is roadside parking. Alternatively, park at the nearby Brook Street car park in the town centre with Blue Badge parking and accessible toilets (RADAR key required). You can download the walk route from our website above ('Wild About Wharfedale' pack). Manor House Museum is 100 yards away in Castle Yard; ground floor only accessible to wheelchair users – call 07480 064142 or email admin@ilkleymanorhouse.org for more information.

# **Ilkley Tarn**

www.opencountry.org.uk/breakfree





Located on Ilkley Moor, off Wells Road, the tarn was developed by Victorians as an ornamental feature; they would skate on the lake in the winter months. Accessible toilets in the town centre (Brook Street car park, RADAR key required) and a car park at the top of Wells Road. Cross over the road from the car park and turn up Crossbeck Road, take the path immediately on the right and go through the gate. The path is wide and has a tarmac surface suitable for wheelchairs, though there is rather a steep climb up to the tarn. Once at the tarn there is a flat, circular walk with plenty of seating and lovely views.

### **Redcar Tarn**

Blackhill Lane, Keighley

The surfaced perimeter path is about a third of a mile long. Picnic tables and benches along the route and parking off Blackhill Lane.

# **Calderdale**

### **Cromwell Bottom Local Nature Reserve**

Tel: 01422 288001 (Calderdale Council Contact Centre) https://cromwellbottomlnr.co.uk



The reserve is accessed from the A6025 (Elland Road), Brighouse. Turn along a road by the side of Cromwell House (a large red brick building), then left under a height barrier into a small car park. The reserve is signposted from the far end of the car park. A mix of woodland, wetlands and grasslands, and rich in plants and wildlife. Situated next to the Calder and Hebble Navigation, the River Calder runs through the reserve. There are many paths suitable for wheelchair access which are generally smooth with no steep gradients. A RADAR key is required to open some gates fully to allow access for wheelchair users.

# **Hardcastle Crags & Gibson Mill**

Midgehole Road, Hebden Bridge, HX7 7AW
Tel: 01422 844518 (National Trust Estate Office)
01422 841032 (Gibson Mill)

Email: hardcastlecrags@nationaltrust.org.uk

www.nationaltrust.org.uk/visit/yorkshire/hardcastle-crags

A beautiful wooded valley with deep ravines and waymarked walks, passing the 18<sup>th</sup> century Gibson Mill. The 'Estate Track' from Midgehole car park to Gibson Mill is a mile long, wide treelined path with a slight incline and decline. It can be rough in parts and a strong companion is advised for manual wheelchair users. Level access to the shop and café at the mill and accessible picnic tables in the courtyard. Prebooking is required for the Blue Badge parking bays and drop off point at Gibson Mill. Blue Badge parking also at Midgehole car park.

# **Ogden Water**

www.yorkshirewater.com



Turn off the A629 Halifax to Keighley Road at the Causeway Foot Inn. There is parking on three levels by the site entrance. Wheelchair users may park by the toilet block and dam wall if prior arrangements are made. Other Blue Badge parking is available at the entrance to the main car park. The level  $1\frac{1}{4}$  mile walk around the reservoir is wide, well surfaced and mostly flat with only mild gradients. There are some gates with RADAR key locks. Picnic areas and accessible toilets on site.

# **Leeds**

# **Eccup Reservoir**

Access by a bridleway near Lakeland Drive, off Alwoodley Lane, LS17 7PF www.yorkshirewater.com

A Yorkshire Water site. The bridleway is on a fairly steep tarmac path which leads down to the route around the reservoir (turn right at the bottom to get to the dam). Here the path is level and gravelled (though rutted in places) until you reach the dam wall which is tarmac. On street parking near the entrance to the bridleway, please park considerately.

### **Golden Acre Park**

Off the A660 Otley Road, LS16 8BQ

Tel: 0113 378 6002

www.leeds.gov.uk/parks-and-countryside/major-parks/golden-acre-park

137 acres of mature woodland and gardens surrounding an attractive lake. Accessible café and toilets, including a Changing Places toilet (RADAR key from café). Scooters available to hire, but pre-book on 0113 535 2502. 1 mile circular wheelchair accessible route around the lake and an accessible link to Yorkshire Wildlife Trust's Adel Dam Nature Reserve with an accessible birdwatching hide (see *Accessible Wildlife Sites* – page 51). It is also possible for wheelchairs to access Breary Marsh Nature Reserve (from the main car park) and walk around Paul's Pond, though the path can be a little rough in places.

### **Leeds Owl Trail**

www.leedsowltrail.com



You can follow the trail around the streets, finding out about the history of the owls in Leeds and looking out for the 25 owl statues along the way. Download a leaflet from the website above or buy one at the Leeds Visitors Centre and Art Gallery shop. Blue Badge parking bays on Cookridge Street and Percival Street which are near to the start of the trail at Millennium Square. Accessible toilets and a Changing Places toilet located in the nearby City Museum.

### **Lotherton Hall Estate**

Lotherton Lane, Aberford, LS25 3EB

Tel: 0113 378 2959

Email: lotherton@leeds.gov.uk

https://museumsandgalleries.leeds.gov.uk

Captain Wood Walk is a 1km level, circular route through mixed broadleaved woodland; the surface can get a little muddy during the winter but is wheelchair accessible. There is also an accessible path to a deer hide. Admission charge (see *Outings* - page 19).







### Middleton Park & Middleton Woods Local Nature Reserve

Town Street, Middleton, Leeds, LS10 3SH

Tel: 0113 378 6002 (Leeds City Council Parks & Countryside)

Email: parks@leeds.gov.uk

www.leeds.gov.uk

One of the largest ancient woodland sites in West Yorkshire with a magnificent display of bluebells in the springtime. There are tarmac paths around the visitor centre, parkland and woodland that are accessible for wheelchair users, though there are some steep sections. The visitor centre has a café and accessible toilets, but please note that the toilets shut when the café closes, so check for opening times. Mobility scooters available to hire for free from the visitor centre. Leaflets detailing heritage and nature trails around the site are available from the visitor centre. See also Middleton Railway – page 20.

# **Otley Riverside Trail**

www.visitotley.co.uk/digital-otley-walking-trails/otley-riverside-trail

A flat tarmac path (approximately one mile long) takes you through Wharfemeadows Park, over White Bridge, back through Garnett Wharfe and Tittybottle Park and across Otley Bridge. At White Bridge you can extend the route a further mile by following a circular route through Gallows Hill Nature Reserve. By the weir there is a café, children's playground and accessible toilet (RADAR key required), only open during café opening times. There are further accessible toilets in Otley town centre on Orchard Gate and at the library on Nelson Street. Blue Badge bay at the top of the unnamed road off Farnley Lane, or there is a larger car park on North Parade, a short distance from the river.

# St Aidan's Nature Park (RSPB)

Astley Lane, Great Preston, Leeds, LS26 8AL

Tel: 0113 232 0529 (visitor centre)

Email: staidans@rspb.org.uk

www.rspb.org.uk

This 400 hectare nature park, located between Leeds and Castleford, is great for walking, cycling, and wildlife watching alike. The network of 12 kilometres of footpaths across four circular walking trails, takes you through a variety of habitats including reedbed and young woodland. There is a fairly steep incline coming down from the visitor centre, but apart from that the site is level with firm, gravel paths. The reserve is prone to flooding in wintertime and paths can become muddy. The visitor centre sells refreshments and has an accessible toilet; further toilets can be found in the car park. Blue Badge spaces in the car park and a mobility scooter is available to hire.





# **Temple Newsam**

Temple Newsam Road, Leeds, LS15 0AE

Tel: 0113 336 7460

Email: temple.newsam@leeds.gov.uk

https://museumsandgalleries.leeds.gov.uk/temple-newsam

A beautiful country house estate with woodland, gardens, lakes and parkland. There are miles of pathways to explore, from surfaced paths to dirt tracks. Pick up a map of the trails from the shop in the courtyard, where there is also a café and accessible toilet. There is a Changing Places toilet next to the accessible playground.

The Friends of Temple Newsam Park run twice monthly walks on Wednesdays, around the estate. Walks are suitable for all abilities; contact them on: <a href="mailto:fotnp2019@gmail.com">fotnp2019@gmail.com</a> for more information (see Outings - page 21).

# The Harland Way - Spofforth to Wetherby

A 3 mile walk along an old railway track passing through farmland and woodland. The route is level and the surface is mainly compacted gravel, with tarmac towards the Wetherby end. The route starts off East Park Road in Spofforth and finishes at Deighton Road in Wetherby (see *Cycling* - page 39).

# The Historic Otley Ale Trail

https://otleypubclub.co.uk





Something completely different. A walking history tour of Otley's famous pubs. Maybe one for a wet or snowy day, or as part of a tour of Otley Chevin or Wharfemeadows Park. Leaflets available in Otley pubs and at the library on Nelson Street. Accessible toilets on Orchard Gate (RADAR key required) and at the library during opening hours. Plenty of car parks in town and Blue Badge parking on Kirkgate.

### **The Lines Way**

www.ywt.org.uk/reserves/the-lines-way

Follows the route of a former railway line for 4 miles, linking
Garforth and Allerton Bywater. The Garforth end starts at Ninelands Lane,
Garforth, LS25 2AN and the Allerton Bywater end starts at Park Lane,
Allerton Bywater, WF10 2AT. The route is generally flat with some short
inclines and descents with a tarmac and compacted stone surface.

# **Waterloo Lake, Roundhay Park, Leeds**

Tel: 0113 535 2132 for scooter hire





Much of the park is accessible with tarmac paths and easy gradients. A 1.5 circular walk, around Waterloo Lake is mainly level, but at the time of

writing there were some major ruts at the beginning of the path which would make it difficult for wheelchair users to negotiate. Blue Badge parking and a café with accessible toilet can be found at the Lakeside Café off Park Avenue. There are further Blue Badge bays and accessible toilets on Mansion Lane and several bays outside Tropical World.

### **Yeadon Tarn**

Tel: 0113 378 6002 (Leeds City Council)





A level tarmac path around the tarn, providing an ideal location for bird and plane spotting! Car parks off Cemetery Road and the High Street; accessible toilet near to the children's play area (RADAR key required). Orienteering course for people with visual impairments.

# **Wakefield**

# **Anglers Country Park**

Haw Park Lane, Wintersett, Wakefield, WF4 2EB

Tel: 01924 860280

Email: anglerscp@wakefield.gov.uk

www.wakefield.gov.uk/parks-countryside-and-outdoor spaces/parks/ anglers-country-park/

A 2 mile circular walk around the lake with benches and resting places along the way. Free electric scooter loan service is available from the visitor centre - please book in advance on the number above. Café and picnic areas on site, as well as accessible bird hides. Accessible toilets and a Changing Places toilet near the visitor centre (RADAR key required).

# Fairburn Ings Nature Reserve (RSPB)

Newton Lane, Castleford, WF10 2BH

Tel: 01977 628191

Email: fairburnings@rspb.org.uk

www.rspb.org.uk/days-out/reserves/fairburn-ings

The Lin Dike Link and Coal Tips trails provide up to 4 miles of gravel paths running alongside the River Aire. Accessed via Fairburn Ings Nature Reserve close to the A1. There is a steep hill at the beginning, but most of the path is level with a gravel surface (see Accessible Wildlife Sites - page 51). You can pick up a map from the visitor centre, where there is also a

small shop, refreshments for sale and accessible toilets.

# **Newmillerdam Country Park**

Barnsley Road, Newmillerdam, Wakefield, WF2 6QP

Tel: 01924 860280

Email: countryside\_admin@wakefield.gov.uk















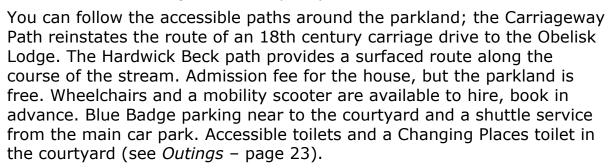
Situated off the A61 between Wakefield and Barnsley, the site covers 237 acres of mixed woodland and a lake. The 1.5 mile lakeside path is suitable for wheelchair users. There is also a pleasant wheelchair accessible boardwalk through the woodland. Accessible toilets are available in the smaller car park by the dam (RADAR key required).

# **Nostell (National Trust)**

Doncaster Road, Nostell, Wakefield WF4 1QE

Tel: 01924 863892





# **Pugneys Country Park**

Asdale Road, Off Denby Dale Road, Wakefield, WF2 7EQ

Tel: 01924 302360

Email: pugneyscp@wakefield.gov.uk

A 250 acre site with two lakes, built on what was formerly an open cast mine and sand and gravel quarry, the largest of which has a 1.6 mile gravel path running around it. Café and accessible toilets by the car park. There are views of Sandal Castle, scene of the Battle of Wakefield in 1460! The castle is situated off Manygates Lane, WF2 7DS. A surfaced path runs round the outside of the castle ruins. For more information see: https://museumsandcastles.wakefield.gov.uk

# **Thornes, Holmfield and Clarence Parks**

Car parks off Horbury Road and Thornes Road

Tel: 0345 8506 506

Email: streetsceneestates@wakefield.gov.uk

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Wakefield's main open space, less than a mile from the city centre. There is a 2 mile circular path around the parks and a mound in the middle which was once a castle site and offers great views of Wakefield. Features of the parks include a duck pond, aviary, pet graveyard, rose garden, plant shop, café, and even a secret garden! Paths in and around the park are mainly paved. Accessible toilets and drinks machine at Thornes Park Stadium. Café by the Thornes Road car park.



# **Yorkshire Water Walks**

Yorkshire Water is the largest landowner in Yorkshire and some of their sites boast spectacular scenery. You can download a walking guide from their website: www.yorkshirewater.com/walks

# **Ardsley Reservoir**

South of Leeds, near Tingley.

A 1.6 mile level, wheelchair accessible circular path around the reservoir, made of compacted, crushed stone. Car park off Haigh Moor Road. No stiles or steps. The gate to access the site is a traditional style kissing gate which requires a RADAR key to open.

### **Blackmoorfoot Reservoir**

South-west of Huddersfield, situated between Meltham and Slaithwaite.

Provides wide views of Blackmoorfoot Reservoir. Running along three sides of the reservoir, the path is flat, the only gradients are a short ramp at the entrance and on the public highway at Back Lane. The route is 1.3 miles long. Park on Reservoir Road. No stiles or steps.

# **Eccup Reservoir**

On the outskirts of Leeds. Access off A61/Harrogate Road.

A tarmac road (used by vehicles) follows on to a 3 mile route that leads around two sides of the reservoir. There are two stiles on this walk.

# **Ogden Water**

Off the A629 Halifax to Keighley road at Causeway Foot Inn.





1.2 mile easy access route. Wheelchair friendly gates with RADAR key locks at each end. Both woodland and waterside paths. Parking near the site entrance in Calderdale Council's car park with designated disabled parking bays and toilets.

### **Scammonden Reservoir**

Off the A640 to the west of Huddersfield.



Three car parks at Scammonden, the car park on Low Platt Lane has Blue Badge bays. Wheelchair accessible picnic table. Mostly level, wide and well surfaced paths with a steep zig-zag path at the beginning and a steep detour around the sailing club. No stiles on this route.

### **Walshaw Dean Lower Reservoir**

Park at Gorple Reservoir car park.

Pennine Way leads to Walshaw Dean Lower Reservoir which is a tarmac access road via bridle gate. No stiles or steps.

# **Bradford**

# **Bracken Hall Countryside Centre**

Glen Road, Baildon, Shipley, BD17 5EA Email: fobhcc@friendsofbrackenhall.org.uk

www.friendsofbrackenhall.org.uk

The Friends of Bracken Hall run the centre and organise walks, talks, educational visits, and outdoor activities. The Shipley Glen Tramway is a short walk away – see the next page. The stone circle opposite the centre is a remnant of the Iron Age.

### Cliffe Castle Museum & Park

Spring Gardens Lane, Keighley, BD20 6LH

Tel: 01535 618231

Email: cliffe.castle@bradford.gov.uk

https://bradfordmuseums.org/venue/cliffe-castle-museum

A former mansion house set in an attractive hillside park. The museum contains rooms furnished with original items and paintings, as well as natural history collections, fossils and art. Wheelchair access to ground floor (75% of displays) and most of the park. Blue Badge bays in the car park and outside the main entrance. Picnics permitted in the conservatory. Free entry.

## **East Riddlesden Hall**

Bradford Road, Keighley, BD20 5EL Tel: 01535 607075

Email: eastriddlesden@nationaltrust.org.uk

www.nationaltrust.org.uk/visit/yorkshire/east-riddlesden-hall

Wheelchair access to ground floor of the hall, but some uneven stone floors. An album of photos of the upper floor is available for those unable to climb stairs. Three steps to shop and information centre but an alternative accessible entrance is available if you ask staff for assistance. The café is upstairs. Outside, there is an orchard garden with old varieties of Yorkshire apples and swathes of wildflowers. Wheelchair loan and accessible route map available.

# **Keighley and Worth Valley Railway**

Haworth, Keighley, BD22 8NJ

Tel: 01535 645214

Email: admin@kwvr.co.uk

www.kwvr.co.uk



















Run by volunteers, this is one of Britain's finest Heritage Railways, linking Keighley, Haworth and Oxenhope. There is accommodation for wheelchair users in the guard's van. All trains carry ramps and one of the carriages has been specially adapted to allow wheelchairs, carers, family and friends to travel together – book in advance if you have any accessibility needs. Mobility scooters that can be folded entirely down (the user's responsibility) and carried on board, similar to a piece of luggage, can travel on their trains, but they cannot accept any other type of mobility scooter for safety reasons. Essential carers travel for free, but you need to register for their 'Access Card' beforehand.

### **Saltaire**

www.saltairevillage.info









A lovely UNESCO World Heritage Site, near to Bradford, home of philanthropist, Titus Salt. You can walk the Heritage Trail (leaflet available from Tourist Information Centres), wander along the canal, relax at Robert's Park and browse the shops at Salts Mill if the weather turns bad. There are some cobbled streets and steep sections in the village. Blue Badge parking at Salts Mill or at Titus School car park on Higher Coach Road at weekends and holidays; Saltaire can be reached via a short walk through Robert's Park. Alternatively, park on Prod Lane, Baildon, and get the Shipley Glen Tramway down to the town (open on most weekends until autumn - see below). Accessible toilets at Salts Mill, and Robert's Park (during café opening hours) and a Changing Places toilet a mile away at Shipley Library on Well Croft (during library opening hours).

### **Shipley Glen Tramway**

Prod Lane, Baildon, Shipley, BD17 5BN

Tel: 01274 589010

Email: info@shipleyglentramway.co.uk

www.shipleyglentramway.co.uk

Opened in 1895, Britain's oldest working cable tramway takes you through the scenic woodland of Shipley Glen. Runs on Saturdays, Sundays and Bank Holidays up until autumn. The Tramcar can accommodate wheelchair users. There is a small shop at the top. Onstreet parking near to the Tramway on Prod Lane. Alternative access is from Higher Coach Road, off Otley Road, Shipley. Blue Badge parking at Titus Salt School at weekends and holidays. Accessible toilets at Salts Mill, Bracken Hall Countryside Centre or Roberts Park (when café open).

# **St Ives Country Park**

Tel: 01274 431000 (Bradford District Parks)

Harden, near Bingley, BD16 1AT

https://bradforddistrictparks.org/park/st-ives-estate-country-park







A wonderful country park with woodlands, open moor, and a wildflower meadow. The path around Coppice Pond provides a level, short walk and has a duck feeding platform. Accessible play area, café and small visitor centre (limited opening hours).

# **Undercliffe Cemetery**

Undercliffe Lane, Bradford, BD3 0QD

Tel: 01274 642276

Email: office@undercliffecemetery.co.uk

www.undercliffecemetery.co.uk

Fine example of a Victorian cemetery. Wheelchair access around much of the site. Parking inside both entrances. Guided tours and open days are organised by the Undercliffe Cemetery Charity, where you can discover the range of monuments which illustrate Bradford's history.

# **Calderdale**

# Manor Heath Park and Jungle Experience

Manor Heath Road, Halifax HX3 0EB

Tel: 01422 365631

Email: parks@calderdale.gov.uk

https://new.calderdale.gov.uk/leisure

The park occupies the site of a Victorian Mansion, which was built in 1852 with magnificent views over the valley. A fully accessible site with a variety of tropical animals, plants and gardens and a café to visit. There are accessible toilets (RADAR key required or available from café) and Blue Badge spaces off Manor Heath Road.

### **Shibden Hall and Park**

Lister's Road, Halifax, HX3 6XG

Tel: 01422 352246

Email: museums@calderdale.gov.uk

https://museums.calderdale.gov.uk/visit/shibden-hall

Ninety acres of rolling countryside, including the 15<sup>th</sup> century Shibden Hall, with gardens, stable block, miniature railway, cafés and play areas. The hall is closed during the winter and is accessible on the ground floor only - ring the bell for assistance at the main entrance. An electric scooter is available for hire, book in advance. There are car parks off Shibden Hall Road (for access to the hall) and Old Godley Lane (at the café), as well as Blue Badge spaces adjacent to the hall. Free admission for carers.











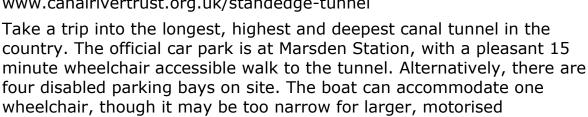


# **Standedge Tunnel and Visitor Centre**

Waters Road, Marsden, Huddersfield, HD7 6NQ

Tel: 03030 404040

Email: standedge@canalrivertrust.org.uk www.canalrivertrust.org.uk/standedge-tunnel



wheelchairs. There is a charge for the boat trip. Café on site with

accessible toilet.

# **Kirklees**

# **Bagshaw Museum**

Wilton Park, Woodlands Road, Batley, WF17 0AS

Tel: 01924 324765

Email: bagshaw.museum@kirklees.gov.uk

www.kirklees.gov.uk

Unique Gothic mansion with treasures from around the globe, set in a wooded park. A platform lift is available to enable wheelchair access to the first floor, though motorised scooters have access to the ground floor only. A hearing loop system is installed in the house. A small refreshment area sells drinks, ice creams and snacks. Blue Badge space and a drop off point for disabled visitors at the rear of the building by the accessible entrance. Free entry.

# **Oakwell Hall and Country Park**

Nutter Lane, Birstall, WF17 9LQ

Tel: 01924 324761

Email: oakwell.hall@kirklees.gov.uk www.kirklees.gov.uk









Elizabethan moated manor house set in period gardens. The hall appears as the 'Fieldhead' home of the heroine in Charlotte Bronte's 'Shirley'. You can view a mixture of authentic and reproduction furnishings, from intricately carved four poster beds to intriguing kitchen utensils. Only the ground floor of the hall is wheelchair accessible. Situated in the gardens is an arboretum, orchard, herb garden and wildlife garden. The country park is spread over 110 acres, with an 'Easier Access' map detailing step-free, low gradient routes designed to help wheelchair users, scooter users, those with buggies and pushchairs and anyone wanting to avoid steps and slopes. The gardens, café, shop and visitor centre, are all accessible. Weekly health walks and Nordic walks take place in the park.

### **Tolson Museum**

Ravensknowle Park, Wakefield Road, Huddersfield, HD5 8DJ

Tel: 01484 223240

Email: tolson.museum@kirklees.gov.uk

www.kirklees.gov.uk/beta/museums-and-galleries/tolson-museum.aspx

Italianate mansion set in a public park. The house has displays on the natural history, archaeology and local history of the Huddersfield district. Disabled access to rear of the building. The ground floor is fully accessible however there is no lift to the first floor. Accessible toilet with RADAR key entry (key available at reception). Free entry. The museum is situated in a public park with wide even paths and plenty of seating.

# **Whistlestop Valley Family Railway**

Park Mill Way, Clayton West, Huddersfield, HD8 9XJ

Tel: 01484 865727

Email: info@whistlestopvalley.co.uk

www.whistlestopvalley.co.uk

8-mile return journey on half-size steam trains. The public areas of the station are wheelchair accessible. Carriages cannot accommodate wheelchairs, but folded ones can be transported on board (best to ring prior to your visit). The journey starts at Clayton West and ends at the Shelley Woodhouse Tunnel near Skelmanthorpe.

# <u>Leeds</u>

### **Abbey House Museum**

Abbey Walk (off Kirkstall Road), Leeds, LS5 3EH

Tel: 0113 378 4079

Email: abbey.house@leeds.gov.uk

https://museumsandgalleries.leeds.gov.uk

Once the great gatehouse of Kirkstall Abbey, which lies over the road (see page 19). Now you can wander through the streets, shops and workplaces of Victorian Leeds and experience life in the 19<sup>th</sup> century. Most areas are wheelchair accessible, though there are some cobbled streets and narrow spaces in the Victorian streets. Lift to upper floor. Wheelchair available for loan; ring in advance to book. Accessible and Changing Places toilets situated on the ground floor by the shop. One Blue badge space by the entrance to the museum and more at the Vesper Lane car park across the road. Free entry for carers.











### **Bramham Park**

Bramham, Wetherby, LS23 6ND

Tel: 01937 846000

Email: enquiries@bramhampark.co.uk

www.bramhampark.co.uk

Surviving virtually unchanged from the late 17<sup>th</sup> century, Bramham Park bills itself as 'the Greatest Historic Formal Landscape in Britain'. Bramham is a beautiful place to picnic and walk, with woods, water and wildflowers. The Bramham Landscape covers nearly 900 acres of rolling countryside, some of it, especially the area in the immediate vicinity of the house, is easily accessible in a wheelchair, but other parts are only passable on foot and include some steep slopes. The house is open on weekdays to groups by appointment; the ground and principal floors are accessible to wheelchair users (there are ramps and a lift).



### **Harewood House**

Harewood, Leeds, LS17 9LG

Tel: 0113 218 1010

Email: info@harewood.org

http://harewood.org











Historic country house and 140 acres of gardens set in 1,000 acres of parkland. Disabled visitors may be dropped off just outside the front entrance of Harewood House. Wheelchair lift up to the front door, though not suitable for electric wheelchairs – ask the staff about alternative

access. Manual wheelchairs to hire. Public rooms are all on one floor. Sensory backpacks for children and adults available from reception. Free mobility assistance shuttle bus service runs from the main entrance to the house, church, courtyard, car park and lake (may not run every day as it is run by volunteers). A wheelchair accessible chain ferry service runs across the lake to the walled garden (subject to water levels). Cafés, gift shops and accessible toilets. Outside, there are some areas with steep gradients, as well as cut grass, gravel and wood chip paths.

# **Kirkstall Abbey**

Abbey Road, Leeds, LS5 3EH

Tel: 0113 378 4079

Email: kirkstall.abbey@leeds.gov.uk

https://museumsandgalleries.leeds.gov.uk



One of the best-preserved Cistercian Abbeys in the country, set in acres of parkland leading down to the River Aire. The visitor centre is accessible and so are most of the grounds though some areas are cobbled and/or uneven. One Blue Badge space by the entrance to the Abbey House Museum and more at the Vesper Lane car park across the road (see page 17). Take care on the steep slope leading down to the A65 and the Abbey. A wheelchair is available from the visitor centre to borrow, phone in advance to book. An audio trail is available for visitors with their own smart phones.

### **Lotherton Hall Estate**

Lotherton Lane, Aberford, Leeds, LS25 3EB

Tel: 0113 378 2959

Email: lotherton@leeds.gov.uk

https://museumsandgalleries.leeds.gov.uk/lotherton

A Victorian country house with fine art displays, together with an Edwardian Garden, woodland walk and Wildlife World. Blue Badge parking spaces in car park nearest hall. Changing Places and accessible toilets in Stable Courtyard and accessible toilets in house and café. Ramped access to the house and a lift and chair lift inside so most areas are accessible to manual wheelchair users, although large, motorised scooters will not be able to navigate the visitor route and so are not permitted in the house. Grounds are mainly level but there are some gravel paths. Pre-book scooters and wheelchairs by ringing in advance. Carers free.

# **Meanwood Valley Urban Farm**

Sugar Well Road, Meanwood, Leeds, LS7 2QG

Tel: 0113 262 9759

Email: admin@mvuf.org.uk

www.mvuf.org.uk







26 acres of farm animals, organic market gardens and nature areas. Farm shop and café. Group visits by appointment. Much of the farm is wheelchair accessible; however, there are areas of natural habitat with limited access.

# **Middleton Railway**

Moor Road, Hunslet, Leeds, LS10 2JQ

Tel: 0113 271 0320

Email: info@middletonrailway.org.uk

www.middletonrailway.org.uk



'The world's oldest working railway', opened in 1758. Runs a short distance from Moor Road station at the museum, to the edge of Middleton Woods in South Leeds, the largest area of ancient woodland in West Yorkshire (see page 8). Ramp available for boarding the train; ring in advance if assistance is required. Shop, café, museum and display hall are accessible, though there are some steps up to the locomotive cabs.

# **Roundhay Park**

Park Avenue, Roundhay, Leeds, LS8 2JL Tel: 0113 378 6002 (Parks and Countryside)

Email: parks@leeds.gov.uk

www.leeds.gov.uk/parks-and-countryside

P & S

Three miles north of Leeds city centre, Roundhay Park covers over 700 acres of rolling parkland, lakes, woodlands and formal gardens and contains several cafés, two playgrounds and the popular visitor attraction Tropical World (see next page). The main paths through the park are tarmac; some have steep inclines. Canal Gardens next to Tropical World and the Specialist Gardens on Mansion Lane are accessible and well worth a visit. The Lakeside Café on Park Avenue has level access and an accessible toilet. Other accessible toilets can be found on Mansion Lane. Car parks on Wetherby Road, Princes Avenue and Mansion Lane, as well as several Blue Badge bays outside Tropical World. Mobility scooters are available to hire for use in the park from Tropical World; book in advance on 0113 535 2132.

# **Settle to Carlisle Railway**

Tel: 01768 351311 (Appleby), 01729 825888 (Settle)

Email: admin@settle-carlisle.co.uk

https://settle-carlisle.co.uk

**E**wc

"England's most scenic rail journey". In West Yorkshire you can start the journey from Leeds, Shipley, Bingley or Keighley. Accessible toilets at Leeds, Settle and Carlisle stations. Contact Northern Rail's 'Passenger Assist' to arrange assistance for your journey and to book wheelchair spaces: 0800 138 5560.

# **Temple Newsam**

Temple Newsam Road, Leeds, LS15 0AE

Tel: 0113 336 7460

Email: temple.newsam@leeds.gov.uk

https://museumsandgalleries.leeds.gov.uk/temple-newsam

Tudor-Jacobean house, often called the "Hampton Court of the North". The house has level access, a lift and an audio guide and is largely accessible, though there is no wheelchair access to the South Wing or cellar. Motorised scooters are not permitted in the house. Largest working Rare Breeds farm in the country. Most Home Farm buildings are accessible but via a cobbled, uneven courtyard. 1,500 acres of parkland, landscaped by 'Capability' Brown. Paths can be quite steep, though the main ones are tarmac. Formal and informal gardens. Visitor centre, tearoom and shop. Entry fee for farm and house. There are a selection of motorised, manual wheelchairs and scooters available in the park for outdoor use. They are free to use; booking is recommended by ringing 0113 3367 560.

# **Tropical World**

Princes Avenue, Roundhay, Leeds, LS8 2ER

Tel: 0113 535 2132

Email: tropical.world@leeds.gov.uk https://tropicalworld.leeds.gov.uk

An all-year-round tropical paradise - perfect for a wet day! Home to many exotic animals such as monkeys, meercats, crocodiles, butterflies and birds. Accessible throughout. Café, shop and accessible toilet. Blue Badge bays outside on Princes Avenue. Mobility scooter available for hire – book in advance on the number above. Note that assistance dogs are not permitted inside Tropical World. Carers free with relevant ID. You can explore nearby Roundhay Park too! (see previous page)

# **Wakefield**

# **Diggerland**

Willowbridge Lane, Castleford, WF10 5NW

Tel: 01634 711711

Email: mail@diggerland.com

www.diggerland.com

The adventure theme park where adults and children can ride, drive and operate real diggers, dumpers and other full-size machinery. The pathways inside Diggerland are concrete, tarmac or gravelled so are wheelchair accessible. Access to some of the rides and vehicles may not be easily accessible for people with limited mobility, and staff are not able to assist or lift visitors onto rides.















# Farmer Copley's

Ravensknowle Farm, Pontefract Road, Pontefract, WF7 5AF

Tel: 01977 600200

Email: info@farmercopleys.co.uk

www.farmercopleys.co.uk

With a farm shop, café and restaurant, Farmer Copley's showcases British agriculture to the community. There is ramped access to the shop and café, with an accessible toilet and Blue Badge parking near the entrance. The surrounding fields offer pleasant walks and are home to their weekly car boot sale.

# **Hepworth Gallery**

Gallery Walk, Wakefield, WF1 5AW

Tel: 01924 247360

Email: hello@hepworthwakefield.org

www.hepworthwakefield.org

An art gallery and gardens set on the weir of the River Calder. Good wheelchair access in the gallery and gardens with lifts and wide paths. There are two manual wheelchairs to hire, book in advance. Accessible toilets and a Changing Places toilet available. Sighted Guiding offered throughout the building when trained staff are available. Blue Badge parking close to the entrance. Shop and café. Entrance fee to the gallery but garden free of charge. Combine a visit to the Hepworth with Chantry Chapel, just across the road, but be cautious, the roads are busy. Use the pelican crossing points available.

# **National Coal Mining Museum**

Caphouse Colliery, New Road, Overton, Wakefield, WF4 4RH

Tel: 01924 848806

Email: info@ncm.org.uk

www.ncm.org.uk

Experience the working world of coal mining, past and present. Based around an 18<sup>th</sup> century colliery, visitors can go 450 feet underground. A wheelchair accessible underground tour is available, but only two wheelchairs allowed at a time. Electric wheelchairs are not permitted underground because of the interference from batteries; manual wheelchairs are available to borrow if you book in advance. Wheelchair users are required to sign an evacuation waiver before going on the underground tour. The Nature Trail is barrier free, but very steep. Audio tour and visual story available.













# **Nostell (National Trust)**

Doncaster Road, Nostell, Wakefield, WF4 1QE

Tel: 01924 863892

Email: nostell@nationaltrust.org.uk

www.nationaltrust.org.uk/visit/yorkshire/nostell

Georgian house, landscaped gardens, parkland, lake and stables courtyard. Most of the grounds, café and picnic area are accessible (see *Easy Going Walks* - page 11). Wheelchairs and a mobility scooter are available to rent, but please book prior to your visit. Braille guide available for the house. Level entrance to the house and lifts to other floors. Admission fee to house and gardens, but parkland is free. Blue Badge parking near to the courtyard and a shuttle service from the main car park to the courtyard. Accessible toilets and a Changing Places toilet in the courtyard.

### Ponderosa Zoo

Ponderosa Park, off Smithies Lane, Heckmondwike, WF16 0PN

Tel: 01924 235276

Email: office@ponderosa-centre.co.uk

https://ponderosa-zoo.co.uk

Situated in 20 acres of lovely countryside, this farm has a variety of rare breeds, reptiles, birds of prey and mammals to visit and touch. There are also grounds to walk in, a shop, café and garden centre. Fully accessible, with toilets and two wheelchairs for loan by prior arrangement.

### **Pontefract Castle**

Castle Chain, Pontefract, WF8 1QH

Tel: 01977 723440

Email: castles@wakefield.gov.uk

https://museumsandcastles.wakefield.gov.uk

Once hailed as the Key to the North, this historically important fortress has seen many changes over the centuries and has some captivating stories to tell. From battles and sieges, starvation and destruction to royal infidelity and the cultivation of liquorice, you'll be surprised at what those walls have seen! The paths around the castle site are on gravel and stone, level paths, though the keep mound and dungeon are only accessible by steps. Visitor centre, gift shop and café. Two Blue Badge bays and a drop off point in front of the castle. The 'Castle Car Park' is a short walk away, but the path leading to the castle is cobbled and uneven in places.

















# **Wonkey Donkey Visitor Centre**

Little Oakes Farm, Cobcroft Lane, Knottingley, WF11 0AZ

Tel: 01977 219924

Email: jennhowarth98@outlook.com

www.wonkey-donkey.co.uk

A family-run donkey sanctuary who rescue and rehabilitate ill, mistreated and abandoned donkeys. The guided tour around their centre allows you to meet the animals giving you the chance to experience contact with the donkeys, goats and horses in their care. Wheelchair access is generally good throughout the farm and there is also a wheelchair to loan out. They have a café, ice cream parlour, under 5's indoor play area and indoor sensory room.

# **Yorkshire Sculpture Park**

West Bretton, Wakefield, WF4 4LG Tel: 01924 832631

Email: galleryteam@ysp.org.uk

www.ysp.org.uk

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An international centre for modern and contemporary sculpture, housed in the 18<sup>th</sup> century Bretton Hall estate. Level access and lifts in the visitor centre, café and shop. Large print and braille interpretation available within the galleries. Adjacent 100 acre Bretton Country Park has a display of Henry Moore sculptures. There is a large network of pathways around the grounds; some areas can be difficult to access due to uneven terrain and weather-related changes. The staff at the information desk can advise on suggested routes for wheelchair and mobility scooter users. Mobility scooters are available to hire – please book to ensure availability. There are a number of shuttle buses available to help get around the site. Admission charges apply. Blue Badge parking near to the visitor centre entrance. Accessible and Changing Places toilets in the visitor centre (see *Accessible Wildlife Sites* – page 51).



# **Sports Clubs & Contacts**

### **Active Leeds**

https://active.leeds.gov.uk

Has details of all the regular specific disability and inclusive sport opportunities that exist across Leeds, delivered by both Leeds City Council's Active Leeds department and all key partners.

# **Activity Alliance**

Tel: 0808 175 6991

www.activityalliance.org.uk

The national body for disabled people in sport and physical activity. The charity aims to increase opportunities at all levels of participation.



# **Bradford Disability Sport and Leisure**

Email: info@bdsl.net

https://bradforddisabilitysports.co.uk

Providing high quality sport, leisure and physical activity opportunities for disabled people across the Bradford district.

# **British Blind Sport**

Tel: 01926 424247

Email: info@britishblindsport.org.uk https://britishblindsport.org.uk

A charity that works across the UK ensuring that people with sight loss have the same opportunities as sighted people to access and enjoy sport and physical activity.



# **Disability Sport Yorkshire**

Denhale Active Recreation Centre, Denhale Avenue,

Wakefield, WF2 9EF Tel: 01924 372382

Email: info@disabilitysportyorkshire.org

www.disabilitysportyorkshire.org

Creating sport and recreation opportunities for disabled people in Yorkshire.

# **Every Body Moves**

Tel: 02039 654124 (British Paralympic Association)

Email: info@everybodymoves.org.uk https://everybodymoves.org.uk

Aims to make it easier for people to take up disability sport by providing information about sporting opportunities and clubs in your local area. Opportunities range from wheelchair basketball to disability cycling.



# **Sports Clubs & Contacts**

# **Mencap Sport**

Tel: 020 7454 0454

Email: sport@mencap.org.uk

www.mencap.org.uk

Works with the governing bodies of sport and other sports providers to promote opportunities for people with a learning disability at all levels.

# **Open Country**

www.opencountry.org.uk

Join the Adventure Club and turn your hand to rock climbing, canoeing, orienteering, boating, archery and much more. Activities run once per month and are open to all abilities.

• **Harrogate Hub:** Tel: 01423 507227 Email: info@opencountry.org.uk

• Wakefield Hub: Tel: 07426 716677 Email: wakefield@opencountry.org.uk

### **Phab**

Tel: 020 8667 9443 www.phab.org.uk

Provides information about local groups and residential trips where disabled and non-disabled people can meet and undertake activities on equal terms. Suitable for all ages and abilities.

# **UK Deaf Sport**

Email: admin@ukds.org.uk https://ukdeafsport.org.uk

Aims to help deaf people to participate, enjoy and excel at sport.

# **Yorkshire Sport Foundation**

Tel: 0330 2020 280

Email: info@yorkshiresport.org

www.yorkshiresport.org

They can help with links to local opportunities, activities, news, events, coaching and volunteering information.

### WheelPower (British Wheelchair Sport)

Tel: 01296 395995

Email: info@wheelpower.org.uk

www.wheelpower.org.uk

Provides opportunities for disabled people to live healthy active lifestyles.











# **Outdoor Pursuits**

# **Aerial Sports & Activities**

# **Aerobility**

Tel: 0303 303 1230

Email: frontdesk@aerobility.com

www.aerobility.com

Offering disabled people the opportunity to fly an aeroplane. They provide 'experience of a lifetime' trial flying lessons for as many terminally ill and disabled people as possible every year. They also offer subsidised flying days for other disability charities and at-cost instruction and qualification flight training to disabled people.

# **Flyability**

Tel: 0116 289 4316 (BHPA office) Email: contact@flyability.org.uk

https://flyability.org.uk

Flyability is the disability initiative of the British Hang Gliding & Paragliding Association (BHPA) and strives to motivate disabled people to become involved in the sport of hang gliding and paragliding and to train as pilots.

# **Archery**

### **Aire Valley Archers**

www.aire-valley-archers.co.uk

Based in Harden near Bingley. The club encourages people of all abilities to try archery. Courses for beginners are available. Disabled people are welcome to join the main sessions but contact them to check they can accommodate your needs. They have some adapted equipment to allow people with visual impairments to take part.

# **Panda Bowmen Archery Club**

West Park Leeds RUFC, Bramhope, Leeds, LS16 9JR

Email: secretary@panda-bowmen.co.uk

www.panda-bowmen.co.uk

Based at the West Park Leeds RUFC in Bramhope, North Leeds. The club runs sessions for all levels. Their coaches have a good understanding of the needs of people with various conditions and will be able to get you shooting safely and enjoyably.

### **Wakefield Archers**

Email: enquiries@wakefieldarchers.co.uk

www.wakefieldarchers.co.uk







# **Outdoor Pursuits**

A target archery club based in Wakefield, running weekday sessions, including adapted sessions for people with learning disabilities, sensory impairments and for wheelchair users.

# **Yorkshire Archery Association**

Email: yaa.sec@gmail.com www.yorkshirearchery.co.uk

For a list of clubs and contacts plus tips on how to get started.



# **Canal and River Cruises**

### **Safe Anchor Trust**

Shepley Bridge Marina, Huddersfield Road, Mirfield, WF14 9HR

Email: admin@safeanchor.org.uk

www.safeanchor.org.uk

An award-winning charity in Mirfield, providing canal and river boat trips for community groups which for reasons such as disability, illness, additional needs, social exclusion or age, have no access to the waterways. Lift for wheelchairs and accessible toilet on-board. It is operated entirely by volunteers, and no charge is made for the trips. Donations are appreciated as they have no funding and rely solely on voluntary contributions and donations.

# **Caving**

# **Leeds Sailing and Activity Centre Indoor Cave**

Cemetery Road Leeds LS19 7UR

Tel: 0113 3760398

Email: sailingcentre@leeds.gov.uk

https://active.leeds.gov.uk/our-centres/leeds-sailing-and-activity-centre

Artificial indoor caving system over two levels; trolleys are available for wheelchair users or those with limited mobility to propel themselves along - provided you are able to transfer. The centre has accessible toilets.

# **Climbing**

# **Leeds Paraclimbing**

Big Depot Climbing Centre Leeds 100a Gelderd Rd, Holbeck, LS12 6BY

Tel: 07776 124145

Email: info@leedsparaclimbingclub.co.uk https://leedsparaclimbingclub.co.uk









# **Outdoor Pursuits**

Leeds Paraclimbing Club is an inclusive climbing charity that helps people with disabilities and mental health conditions access the benefits of climbing. They are based at the Big Depot, Leeds, which support their efforts by providing an instructor for their guided sessions as well as a place to climb.

# **Orienteering**

# **British Orienteering**

Tel: 01629 583037

Email: info@britishorienteering.org.uk

www.britishorienteering.org.uk

Orienteering is a challenging outdoor adventure sport that exercises both body and mind. The aim is to navigate in sequence between points marked on a map and decide the best route to complete the course in the quickest time. Orienteering can take place anywhere from remote forest and countryside to urban parks and playgrounds. You can use the website to search for permanent orienteering courses near to you. TrailO provides an orienteering competition for people of all levels of physical ability, including those who are physically challenged or wheelchair users.

# **East Pennine Orienteering Club**

www.eastpennineoc.org.uk

The orienteering club for Calderdale, Kirklees and Wakefield. Download some maps and course instructions for the permanent orienteering courses in West Yorkshire e.g. Shibden Park, Ogden Water, Crow Nest Park, Greenhead Park and Scammonden - all have wheelchair accessible courses.

# **Outdoor Centres**

# **Herd Farm Activity Centre**

Eccup Reservoir, Harrogate Road, Leeds, LS17 7RJ

Tel: 0113 378 3088

Email: herdfarm@leeds.gov.uk

www.herdfarm.co.uk

An outdoor education centre that runs residential activities or one-off sessions. Activities include an assault course, giant swing, climbing tower, den-building, bush craft, high ropes, archery, orienteering, zip wire. The site is fully accessible, and they are able to cater for all abilities on a number of the outdoor activities.





## **Outdoor Pursuits**

#### **Little Deer Wood**

Shepley Bridge Marina, Huddersfield Road, Mirfield, WF14 9HR

Tel: 01484 225952

Email: littledeerwood@kirklees.gov.uk www.kirkleesdofe.org/littledeerwood

Situated next to the Calder & Hebble Navigation at Mirfield, the centre offers a wide range of exciting land and water-based activities which are accessible to people of all ages with sensory, learning or physical disabilities, including those with complex needs.

#### **Nell Bank**

Denton Road, Ilkley, LS29 0DE

Tel: 01943 602032

Email: office@nellbank.org

www.nellbank.org

A centre helping children connect with nature by running exciting, safe and educational outdoor activity days. The site has many facilities including a sensory garden, raised ponds and a wheelchair accessible adventure playground.

## Scuba diving

#### **Leeds Scuba Club**

Email: leeds.scuba.club@gmail.com www.leeds-scuba-club.co.uk

A friendly and inclusive scuba diving club training at the Aquatics Building at John Charles Centre for Sport, Middleton. They offer Try Dives on a regular basis and also the 'Ocean Diver' course which is appropriate for beginners. They are a diverse and inclusive club and will always look at ways to tailor and adapt training to suit individual needs. Some of the instructors hold the 'Diving for All' qualification which aims at ensuring they do their best to meet diverse and individual needs.

#### **Pontefract Scuba Diving Club**

Pontefract Swimming Pool, Pontefract, WF8 4PQ

Tel: 07598 348908

Email: pontefractbsac@gmail.com

www.pontefractscuba.club

This club runs fortnightly sessions at Aspire@The Park, on Mondays at 7pm which has a hoist for access into the water. They offer sessions for people with disabilities; contact them for more information.











## **Outdoor Pursuits**

#### **Skiing**

#### **Disability Snowsport UK**

Tel: 01479 788770

Email: hello@disabilitysnowsport.org.uk

www.disabilitysnowsport.org.uk

Disability Snowsport UK gives people with disabilities the chance to learn and master skiing and snowboarding in a safe and supported environment whilst allowing you to experience the joy and freedom of the sport. The nearest local group is:

• Xscape Yorkshire, Colorado Way, Glasshoughton, Castleford, WF10 4TA. Email: j.m.ekins@open.ac.uk

#### **Water Sports**

#### **British Rowing**

Email: info@britishrowing.org. www.britishrowing.org

The governing body for the sport of rowing. Their website has information on adaptive rowing for people with disabilities.

#### **Doe Park Water Activities Centre**

Foster Park View, Denholme, BD13 4LN

Tel: 01274 435497

Email: doe.park@bradford.gov.uk

www.bradford.gov.uk/sport-and-activities/outdoor-adventure/doe-parkwater-activities-centre

Bradford's specialist centre for outdoor activities and education, situated on Doe Park reservoir in Denholme. Activities on the water include sailing, canoeing, kayaking, dragon boating and raft building. Activities on land include a high ropes facility which offers team challenges such as Jacob's ladder, climbing/abseiling and an aerial obstacle course. All the activities can be made fully accessible to all.

#### **Leeds Sailing & Activity Centre**

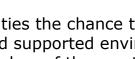
Cemetery Road, Leeds, LS19 7UR

Tel: 0113 3760398

Email: sailing.centre@leeds.gov.uk

https://active.leeds.gov.uk/our-centres/leeds-sailing-and-activity-centre

Based at Yeadon Tarn, the centre runs a variety of sessions and has a lakeside hoist and adapted equipment (dinghies, canoes and kayaks). Accessible toilets and changing rooms at the centre.



















## **Outdoor Pursuits**

#### **Otley Sailing Club**

Bridge End Quarry, Otley, LS21 2SU Tel: 01943 850391 (Club House)

Email: sailfree@otley-sailingclub.co.uk

www.otley-sailingclub.co.uk

One of the RYA's Sailability 'Centres of Excellence', Otley Sailing Club aims to help everyone enjoy the sport, supporting both organised groups and individuals. The club has a number of access dinghies and a power boat which can be used by wheelchair users, as well as an accessible toilet and wet room and wheelchair access to the club house.

#### Paddle UK

Tel: 0300 0119 500

Email: info@britishcanoeing.org.uk

https://paddleuk.org.uk

Their website has information on clubs that run 'Paddle-Ability' sessions for disabled people.

#### Royal Yachting Association (RYA) Sailability

Tel: 023 8060 4100 www.rya.org.uk

Sailability encourages and supports people with disabilities to take up the sport and facilitate sites to develop sailing opportunities. The website lists all Sailability sites.

#### **White Rose Canoe Club**

Email: wrcc-committee@googlegroups.com www.whiterosecc.org.uk







Based at Roundhay Park, the club provides a safe and supportive environment for people of all ages and abilities. They run a variety of events from pool sessions, easy canal and lake paddles through to more technical paddles on rivers and the sea. They cater for kayaks, open canoes, touring, sea, surf, polo, disabled paddlers, white water paddlers and stand-up paddleboards. You must be able to swim 50 metres or, if disabled, be happy to go underwater.



#### **Clubs, Contacts & Maps**

#### **Bikeability**

Tel: 01223 606027

Email: contactus@bikeability.org.uk

www.bikeability.org.uk

Bikeability is a cycle training programme for children and adults, all about gaining practical skills and understanding how to cycle safely on today's roads. Search their website to find a Bikeability Cycle Trainer near to you.

#### **Bradford Disability Cycling Club**

Lister Park, Bradford, BD9 4JN

Tel: 01274 437093

www.facebook.com/groups/202387896599508

The club meets on Saturdays at Lister Park in Bradford. A range of adapted bikes provided. Beginners welcome. Accessible toilet at the nearby Cartwright Hall Art Gallery.

#### **British Cycling (Breeze Rides for Women)**

www.letsride.co.uk/breeze

British Cycling's Breeze programme organises guided cycle rides for women from 3 to 30 miles. All ages and abilities are welcome.

#### **Cycle Bradford**

Email: info@cyclebradford.org.uk

www.cyclebradford.org.uk

Has information on cycling related activity in the Bradford District including a selection of different routes.

#### **Cycle Calderdale**

www.cyclecalderdale.co.uk

A partnership between Calderdale Council and Cycle Calderdale.

The website promotes Calderdale as a cycling destination for all abilities, by allowing local cyclists the ability to share their knowledge of the area.

#### **Cycle Wakefield**

https://cyclewakefield.co.uk

Provides details about cycling in Wakefield, including group-led rides and other events. There are several Wakefield District Cycle Ride Maps to download; many have sections on and off road, following traffic free cycle paths wherever possible.











#### **Feel Good Factor**

Tel: 0113 350 4200

Email: office@fgfleeds.org

www.fgfleeds.org

Runs cycling sessions in Potternewton Park for novices or those wanting

to get back into cycling.

#### **Herd Farm Activity Centre Adapted Cycling**

Eccup Reservoir, Harrogate Road, Leeds, LS17 7RJ

Tel: 0113 378 3088

Email: herdfarm@leeds.gov.uk

www.herdfarm.co.uk

A range of adapted bikes and mountain bikes for children to try on the purpose-built outdoor cycling area and local off-road cycle routes.

#### **John Charles Centre for Sport**

Middleton Grove, Leeds, LS11 5DJ

Tel: 0113 376 0398 Email: jccs@leeds.gov.uk

https://active.leeds.gov.uk/our-centres/john-charles-centre-for-sport

A variety of adapted cycles available for use, including hand cycles, quad cycles and wheelchair tandems. A small charge is made for use of the bikes, but carers are free. Café, accessible and Changing Places toilets.

#### **Kirklees Council**

Email: everybody.active@kirklees.gov.uk www.kirklees.gov.uk/beta/food-exercise-and-sport/cycling.aspx

Information about cycling, including events groups and maps:

- Calder Valley & Birkby Bradley Greenways
- Spen Valley Greenway & Ringway
- Dewsbury & Ossett Greenways

#### **Leeds City Council**

www.leeds.gov.uk/parking-roads-and-travel

Check out the website for all things cycling in and around Leeds. You can also download the useful Leeds Cycle Map.

#### **National Cycling Centre**

Stuart Street, Manchester M11 4DQ

Tel: 0161 223 2244

Email: cyclingcentre@gll.org www.nationalcyclingcentre.com



















For the more adventurous, how about trying lapping around the Manchester Velodrome? The centre runs sessions, usually on Thursdays, on the back of a track tandem that cater for disabled or visually impaired riders.

#### **Open Country**

Tel: 07426 716677 / 01423 507227 Email: wakefield@opencountry.org.uk

www.opencountry.org.uk

We run tandem clubs in Harrogate, Ripon, Selby, Wakefield, Wetherby and York, providing rides for people with visual impairments and learning disabilities. Together with sighted volunteers, members can enjoy the freedom and excitement of an evening cycle ride in the countryside, with a pub stop for refreshments!

#### **Streetbikes Mixed Ability Cycling Sessions**

Spenborough Athletics Track Bradford Road, Liversedge, WF15 6LW Tel: 01484 654530 / 07873 773417

Email: info@streetbikes.org.uk

www.streetbikes.org.uk

Provides safe spaces, in traffic free environments and has a wide range of adapted bikes suitable for many needs. They run twice weekly cycling sessions at the Spenborough Athletics Track where you can ride around the track at a 'Mixed Ability' session or attend a leisurely ride along the Spen Valley Greenway on one of their Community Rides.

#### The Tandem Club

Tel: 01732 848432

Email: disabilities@tandem-club.org.uk

www.tandem-club.org.uk

The club has a Disabilities Liaison Officer who may be able to help with queries relating to disabled and visually impaired cyclists. They cannot offer tandems for loan but can advise on groups who do. They produce a bi-monthly talking journal for visually impaired members.

#### **Tandem Trekkers**

Tel: 07951 799736

Email: hello@tandemtrekkers.org.uk

www.tandemtrekkers.org.uk

A West Yorkshire-based cycling club for blind and visually impaired tandem riders. They organise track sessions, as well as longer weekly rides on quiet roads with plenty of café stops!







#### **Trans Pennine Trail (TPT)**

c/o Barnsley Council, PO Box 597, Barnsley, S70 9EW

Tel: 01226 772574 (National Office) Email: info@transpenninetrail.org.uk

www.transpenninetrail.org.uk

A 215 mile coast to coast route between Liverpool and Hull, with extensions to the seaside towns of Southport and Hornsea. Much of the trail has level, surfaced, traffic-free paths. Some of the route passes through West Yorkshire; the north-south route begins in Leeds and there is a spur off the main route to Kirkburton. The trail is covered by three maps which can be downloaded from the website. See also page 38.

#### **Wakefield District Cycle Forum**

Email: info@cycling-wakefield.org.uk www.cycling-wakefield.org.uk

A cycle campaign group, providing information on cycle routes, cycle maps and cycle rides. They organise guided cycle rides for all abilities; easy, steady and challenging, at various locations in Wakefield District, including Agbrigg Community Centre, Queen's Mill Castleford, Nostell NT, Pontefract Park, Thornes Park Wakefield, The Darrington Hotel and Rycroft Leisure Centre. A limited number of bikes are available to borrow for the easy rides.

#### **Walk Wheel Cycle Trust**

Tel: 0117 926 8893 (Head Office)

Email: enquiries@walkwheelcycletrust.org.uk

www.walkwheelcycletrust.org.uk

Walk Wheel Cycle Trust works on practical projects to encourage more people to walk and cycle. They also produce information on the National Cycle Network and have many maps and cycle routes available to download or purchase:

- The Airedale Greenway Keighley to Shipley (National Route 696).
- Great Northern Railway Trail Cullingworth to Queensbury (the route intersects with National Route 69).
- Spen Valley Greenway and Ringway Dewsbury to Oakenshaw (National Route 66).
- Wetherby Railway Path Wetherby to Spofforth and Thorp Arch (National Routes 66 and 67). Map available to purchase.







#### **Cycle Routes**

The following are some of the enjoyable traffic-free routes that we know of in West Yorkshire; certain sections may also be accessible to wheelchair users. Most routes are part of the National Cycle Network (NCN), maps of which can be viewed at:

www.walkwheelcycletrust.org.uk, or Tel: 0117 926 8893

#### **Aire Valley Towpath Route**

www.walkwheelcycletrust.org.uk/find-a-route-on-thenational-cycle-network/aire-valley-towpath/



The route links the 17-mile length of towpath on the Leeds & Liverpool Canal between Leeds and Bingley and is suitable for all towpath users. It encompasses vibrant urban areas, beautiful countryside and the peace and quiet of a canal side location with interesting and historical places to visit. Canal access point off Wharf Approach, Leeds or at the Five Rise Locks off Beck Lane, Bingley, if you are starting from the other end.

#### **Calder Valley Cycleway**

The cycleway follows Route 66 and offers walkers and cyclists a trafficfree, easy going route through 12 miles of outstanding scenery in the Calder Valley, linking the busy market towns of Todmorden, Hebden Bridge and Sowerby Bridge. You can access the route from Hollins Mill Lane in Sowerby Bridge which is a short ride away from the train station.

#### **Calder Valley Greenway**





This popular route takes you from Huddersfield on the peaceful Greenways of Birkby Bradley and Calder Valley, both built on converted railway paths running through pleasant wooded and agricultural landscapes, ending in the town of Dewsbury. 9.5 miles each way. Toilets and parking at Huddersfield Railway Station (free for Blue Badge holders).

#### **Great Northern Railway Trail**

www.walkwheelcycletrust.org.uk/find-a-route-on-the-national-cycle-network/great-northern-railway-trail



Two sections of the Great Northern Railway Trail run along the 5 mile long Cullingworth to Queensbury disused railway track. The route takes in two spectacular viaducts providing an opportunity to explore countryside important to the Brontë heritage.

#### **Leeds to Woodlesford (Trans Pennine Trail)**

www.transpenninetrail.org.uk



7 miles following the Aire and Calder Navigation. The only real obstacle is the Skelton Grange Road Bridge, which has a steep flight of steps. Park at Woodlesford Railway Station or Royal Armouries Museum (admission free), where there are accessible toilets, cafés and Blue Badge parking.

#### **Slow Tour of Yorkshire**

www.walkwheelcycletrust.org.uk



A guide to 21 of the best cycle routes across Yorkshire on the National Cycle Network, inspired by the Grand Depart of the Tour de France in Yorkshire. The routes are on traffic-free or quiet lanes and have something for everyone, whether you are a family, new to cycling or a regular cyclist. Routes in West Yorkshire include Leeds to Saltaire, Keighley to Saltaire and Hebden Bridge to Brighouse. Detailed maps can be downloaded from the Walk Wheel Cycle website.

#### **Spen Valley Greenway**

www.walkwheelcycletrust.org.uk/find-a-route-on-the-national-cycle-network/spen-valley-greenway



A 7½ mile off road green corridor linking Oakenshaw, Cleckheaton, Liversedge, Heckmondwike, Ravensthorpe, Thorpe Lees and Dewsbury. The trail has wonderful sculptured seating and artwork en route. A leaflet indicating wheelchair access points is available from Walk Wheel Cycle.

#### **Spen Valley Ringway**

www.spenvalleycivicsociety.org.uk/things-to-do/spen-ringway
Spen Ringway is part of a disused railway line from Ravensthorpe
to Leeds. The completed section goes from Royds Park at Rawfolds (on
the A638 near Spen Swimming Pool and Fitness Suite) southwards to
Heckmondwike. It's a traffic-free, smooth tarmac path suitable for
walkers, wheelchair & pram users, and cyclists.

#### **Temple Newsam Trailway**

https://museumsandgalleries.leeds.gov.uk/temple-newsam



The Trailway is a 6 mile circular route around the 1500 acre Temple Newsam Estate. It is a multi-use track for cyclists, horse riders and pedestrians. A leaflet detailing the route is available at the courtyard shop at Temple Newsam, you can also download a copy from the Temple Newsam website. The route can be rough in places. Blue Badge parking, accessible toilets, café and shop on site.

#### **The Lines Way**

www.ywt.org.uk/reserves/the-lines-way

Follows the route of a former railway line for 4 miles, linking Garforth and Allerton Bywater. The Garforth end starts at Ninelands Lane, Garforth, LS25 2AN and the Allerton Bywater end starts at Park Lane, Allerton Bywater, WF10 2AT.

#### **Wetherby Railway Path**

www.walkwheelcycletrust.org.uk/find-a-route-on-thenational-cycle-network/wetherby-railway-path



This 6 mile route takes you from Spofforth Castle to Thorp Arch retail park. The gentle trail along an old railway track, runs through Yorkshire countryside, passing through the historic market town of Wetherby along the way. Accessible toilets in Wetherby (The Shambles). You can leave the railway path at Wetherby and use a traffic-free cycle path that follows the A1(M) to Boston Spa (see *Easy Going Walks* – page 9).

#### **Wyke Beck Way**

www.walkwheelcycletrust.org.uk/find-a-route-onthe-national-cycle-network/wykebeck-way



A 12.5 mile route (there and back) from Roundhay Park to Temple Newsam. The route starts at Roundhay Park and uses quiet roads, cycle tracks and parkland paths to give easy and direct cycle access through the Wyke Beck Valley in Leeds. When you reach Temple Newsam, you can explore 1500 acres of parkland and woodland. There are a number of road crossings along the route, but most have pedestrian crossings. Blue Badge parking, toilets and cafés at both ends of the route.



Open Country does not profess to be an authority on fishing; the entries here are just a sample of fishing areas that we know are accessible. Inclusion in this guide may indicate easy access, wheelchair accessible platforms and toilets. We would always advise you to contact the site management before visiting.

Do remember that all freshwater fishing in England requires both a permit from the owner or manager of the water in question and an Environment Agency National Rod Licence. Licenses are available to buy online at: www.gov.uk/fishing-licences, at Post Offices and tackle shops, or by ringing 0344 800 5386. If you have a disability, you may be eligible for a concessionary licence.

#### **Angling Trust**

Tel: 0343 5077 006

Email: admin@anglingtrust.net

www.anglingtrust.net

The Angling Trust represents all game, coarse and sea anglers in England. They lobby government, campaign on environmental and angling issues and run national and international competitions. You can search for your nearest fishery or club on their website.

#### **British Disabled Angling Association (BDAA)**

Email: info@bdaa.co.uk

www.bdaa.co.uk

The BDAA was founded in 1996 to develop opportunities for disabled people of all ages and abilities to access fishing in the UK. They can advise on accessible fisheries and adapted equipment.

#### **Canal and River Trust**

Tel: 0303 040 4040

www.canalrivertrust.org.uk/see-and-do/fishing

You can search the Canal & River Trust's online directory, which lists over 6,000 fishing venues nationwide. There is also information about fishing guidelines and a fish species guide.

#### **Environment Agency Flood Information Service**

Tel: 0345 988 1188

Textphone: 0345 602 6340 (24-hour Floodline)

www.gov.uk/check-flooding

For information on levels in your local rivers you can call the number above. This is a premium rate number. Alternatively, you can check the online map using the link above.





#### Key:

**T** Trout fishing

**C** Coarse fishing

#### **C** Birkin Fisheries

Wood Lane, Birkin, WF11 9LT Tel: 07970 727619 (Tea Room)

Tickets available on the bank. Café and parking on site. Good access for disabled anglers.

#### C Birkwood Fisheries

Altofts, Normanton, Wakefield, WF6 2JE

Tel: 01924 892251

Email: chris@birkwoodfisheries.co.uk

www.birkwoodfisheries.co.uk

A number of pegs are suitable for disabled anglers as cars can be parked behind the pegs with prior agreement. There is also one dedicated disabled wheelchair peg. Payment taken on lakeside.

#### C Brookfoot Lake

Off A6025 at Brookfoot

Contact: Brighouse Anglers Association

Parking is available for Blue Badge holders adjacent to Tony Rileys Pond. Day tickets from Calder Angling Supplies, Gooder Lane, Brighouse and A.J. Jewson, Horton Street, Halifax.

#### C Calder and Hebble Canal

Contact: Brighouse Anglers Association

Access is relatively easy to most lengths with parking at or close to access points. Towpaths are all tarmac. Day tickets from Calder Angling Supplies, Gooder Lane, Brighouse and A.J. Jewson, Horton Street, Halifax.

#### C Flanshaw Dam

Spout Fold, off Flanshaw Lane, Wakefield, WF2 9JF

Contact: Wakefield Angling Club Email: info@wakefieldac.co.uk

www.wakefieldac.co.uk

Club house and accessible toilet on site. Good, wide access path running around the dam. A key is required to access the secure car park.





#### C Harold Park Lake

Harold Park, Park Road, BD12 www.bradfordno1.com



Accessible paths around the lake. Day tickets from Bradford No1 Angling Association.

#### C Hemsworth Water Park

Hoyle Mill Road, Kinsley, Pontefract, WF9 5JB

Contact: Hemsworth Town Council

Tel: 01977 617617

Free blue badge parking. Many pegs suitable for disabled anglers.

Accessible toilet and café on site.

#### **C** Hopton Waters Fishery

Mirfield Farm and Leisure Centre, Off Highgate Lane, Upper Hopton, Mirfield. Leased by Slaithwaite and District Angling Club.

Disabled access, toilets and lakeside parking.

#### C Huddersfield Narrow Canal

Holmfirth, between Locks 11 (Leitch's) to Tunnel End at Marsden.

Contact: Slaithwaite and District Angling Club

Tel: 01484 545032

www.slaithwaitedistrictanglingclub.org/sadac

Good, accessible paths. Permits available from Huddersfield Angling Centre, 22 Chapel Hill, Huddersfield, HD1 3EB (contact number above) and other stores (check website).

#### C Longbottom's Dam

Contact: Spen Angling

Kirkgate, Birstall, WF17 9PB

Ample parking on the roadside and very easy access to the water. Day

tickets on site or online.

#### C Middleton Pond

Town Street, Middleton, LS10 3SH

Contact: Leeds City Council

Tel: 0113 378 1142

Tarmac path around the lake. Café, accessible toilets and car park on site.

#### C & T New Mill Dam

Contact: Todmorden Angling Society

www.todangling.org

Near Lumbutts on Causeway Wood Road, OL14 6GJ.

Particularly suitable for disabled anglers - very accessible with special pegs for disabled anglers.

C Newmillerdam Lake

Barnsley Road, Newmillerdam, Wakefield, WF2 6QP

Contact: Wakefield Angling Club Email: info@wakefieldac.co.uk

www.wakefieldac.co.uk

Accessible paths, Blue Badge parking and accessible toilets.

#### C None Go Bye Farm

Tel: 0113 2842206

Otley Old Road, Horsforth, Leeds, LS18 5HZ

Wheelchair accessible platforms. Farm shop and toilets on site.

#### C Portsmouth Reservoir

OL14 8QE, just off Burnley Road. Contact: Todmorden Angling Club www.todangling.org

Suitable for disabled people with very good access and fishing pegs. Small car park for disabled and Senior Citizen members only by the reservoir. Members only.

#### C Ramsden Wood

OL14 7UD, near Walsden

Contact: Todmorden Angling Club

www.todangling.org

Easy access peg next to the car park. Members only.

#### C Walker's Dam

Contact: Wakefield Angling Club Email: info@wakefieldac.co.uk

www.wakefieldac.co.uk

Good access path around the lake.









#### C Waterloo Lake

Mansion Lane, off Princes Avenue, LS8 2HH

Contact: Leeds City Council

Email: Roundhay.Park@leeds.gov.uk

Good access path, accessible toilets, Blue Badge parking and café on site.

Fishing allowed on certain areas of the lake.

#### **C** Wintersett Reservoir

Haw Park Lane, Wintersett, Wakefield, WF4 2EB

Contact: Wintersett Fisheries

Tel: 07841 363721

Email: ben.cornick@wintersettfisheriesuk.com

www.wintersettfisheriesuk.com

Members only. Day tickets available for the 2 other lakes in the complex Cold Heindley and Botany Bay. Accessible toilets and café at nearby

Anglers Country Park.

#### C Yeadon Tarn

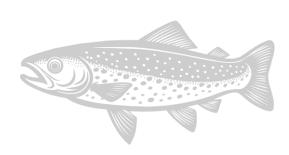
Cemetery Road, Leeds, LS19 7UR

Contact: Aireborough District Angling Association

Easy access to all pegs. There is a tarmac path around the tarn.

Accessible toilets and Blue Badge parking. Tickets available from Guiseley

Angling Centre, 84 Otley Rd, Guiseley, Leeds, LS20 8BH.





## Horse Riding

#### Riding for the Disabled Association (RDA)

Tel: 01926 492915 Email: info@rda.org.uk

www.rda.org.uk

The Association provides disabled people of all ages with the opportunity to ride and/or carriage ride for the general benefit of their health and wellbeing. There are several centres in West Yorkshire offering riding for disabled sessions:

#### Ackworth Group

Tel: 07957 909148

Email: ackworth.rda@aol.com

#### Batley Hall Farm Accessibility Mark Centre

Tel: 07990 502007

Email: equusridingclub@ymail.com

#### Cliff Hollins RDA

Tel: 01274 651386

Email: info@cliffhollins.co.uk https://cliffhollins.co.uk

#### Emley Moor Group

Tel: 07410 410759

Email: contact@emleymoorrda.co.uk

www.emleymoorrda.co.uk

#### Haworth Group

Tel: 01535 649448

Email: info@haworthrdagroup.org www.haworthrdagroup2001.org

#### • Hebden Bridge Group

Tel: 01422 847557

Email: hebdenbridgerda@hotmail.co.uk

#### Huddersfield Group

Tel: 07825 128607

Email: rda.huddersfield@outlook.com

#### Leeds Area Group

Tel: 07530 327341

Email: leedsarearda@hotmail.com





## Horse Riding

#### • Middleton Park Equestrian Centre Group

Tel: 0113 277 1962

Email: info@mpec-rda.co.uk

#### Otley & Dales Group

Tel: 01943 603111

Email: judyolby21@gmail.com

#### Riverside Group

Tel: 07983 879304

Email: riversidepink@gmail.com

#### Snydale RDA

Email: karenfrendz@yahoo.co.uk

#### • St Ives (Bingley) Group

Tel: 07944 357129

Email: stives-bingley-rda@outlook.com

#### Wakefield Group

Tel: 01344 483347

Email: mah@mossendshows.com

#### **Horse Racing**

#### **Pontefract Racecourse (flat racing)**

Racing Stables House, Park Lane, Pontefract, WF8 4QL Tel: 01977 781307

www.pontefract-races.co.uk

Accessible toilets in all enclosures. Comprehensive access information available on the website or over the phone.

#### Wetherby Racecourse (flat & jump racing)

York Road, Wetherby, LS22 5EJ

Tel: 01937 582035

www.wetherbyracing.co.uk

Disabled race-goers have designated parking spaces and viewing close to the winning post. Accessible toilets.







#### **Badger Groups**

The badger groups in West Yorkshire help to protect and conserve badgers. They can give advice and information:

Calderdale Badger Group

Tel: 07894 497544

Email: info@calderdalebadgergroup.org.uk

www.calderdalebadgergroup.org.uk

Huddersfield & District Badger Group

Tel: 07508 813411

Email: enquiries@huddersfield-badgers.com

https://huddersfield-badgers.com

 Leeds and District Badger Group Email: leedsbadgergroup@gmail.com

Wakefield District Badger Group

Tel: 07939 585826

Email: wakefieldbadgergroup@gmail.com

#### **Bradford Botany Group**

Email: bradfordbotanygroup@outlook.com

https://sites.google.com/site/bradfordbotanygroup83/home

Anyone with an interest in botany, whatever their level of knowledge is welcome to the group. They encourage learning and sharing of botanical knowledge through field meetings and indoor talks.

#### **Bradford Urban Wildlife Group**

www.buwg.co.uk

The group records, observes and protects Bradford's wildlife. They run a programme of field trips to local wildlife sites.

#### **British Trust for Ornithology (BTO)**

The Nunnery, Thetford, Norfolk, IP24 2PU

Tel: 01842 750050 Email: info@bto.org

www.bto.org

The BTO have a broad range of surveys for volunteers to participate in, including the 'Garden BirdWatch' and 'Nest Record Scheme'. The surveys are a great way to help wildlife from your home by making an important contribution to the understanding of the UK's birds.





#### **Butterfly Conservation**

Tel: 01929 400209

Email: info@butterfly-conservation.org

www.butterfly-conservation.org

A national charity devoted to saving butterflies, moths and their habitats throughout the UK. The Big Butterfly Count is an annual survey taking place over July and August, which involves counting butterflies in your garden or local area

#### Leeds Naturalists' Club

Tel: 0113 258 2482

Email: leedsnats@gmail.com

https://leedsnats.com

The Leeds Naturalists' Club and Scientific Association meets to study natural history through a programme of speakers, workshops and field meetings, primarily in the Leeds area.

#### **Mid-Yorkshire Fungus Group**

Email: info@myfg.org.uk

www.myfg.org.uk

A small, friendly group of people who find, identify and record fungi in the Mid-Yorkshire area (approximately within a 30-mile radius of Leeds) and promote the conservation of fungi. They organise forays, talks and slide shows, identification evenings and socials.

#### **Open Country**

Thornes Park Nursery, Thornes Road, Wakefield, WF2 8QE

Tel: 07426 716677

Email: wakefield@opencountry.org.uk

www.opencountry.org.uk

- The **Nature Force** group meets to 'work for wildlife'. Tasks include scrub clearing, tree planting and litter clean-ups. Most members have learning disabilities or mental health issues.
- **Wild Things** is a club open to all abilities. We aim to make all the activities wheelchair accessible. The group meets every Friday to study wildlife. Sessions have included small mammal trapping, pond dipping and bird watching.

#### **RSPB**

www.rspb.org.uk

A national charity working to secure a healthy environment for birds and other wildlife. You can help out the wildlife in your garden by taking part in the annual 'Big Garden Birdwatch', the world's largest







wildlife survey. Their website also has advice for disabled bird watchers. There are several groups in West Yorkshire – see:

www.rspb.org.uk/localgroups:

#### Airedale & Bradford Local Group

Email: abrspb@blueyonder.co.uk

https://group.rspb.org.uk/airedaleandbradford/about-us

Organises walks around nature reserves and has monthly indoor meetings (from September to April) held at The Kirkgate Centre in Shipley, which has disabled access and an accessible toilet.

#### Huddersfield & Halifax Local Group

Email: d.hemingway@ntlworld.com

https://group.rspb.org.uk/huddersfieldandhalifax

Have occasional day trips to local nature reserves and hold regular monthly indoor meetings throughout the year at New North Road Baptist Church in Huddersfield. There is disabled access to the meeting room via a lift.

#### Leeds Local Group

Email: RSPBLeeds@gmail.com https://group.rspb.org.uk/leeds

They organise coach trips to birdwatching venues and have monthly illustrated talks at the St Chad's Parish Centre, Otley Road, LS16 5JT (Wheelchair accessible).

#### Wakefield District Local Group

Email: duncanstokoe@gmail.com https://group.rspb.org.uk/wakefield

Monthly meetings are held at Outwood Memorial Hall, Victoria Street, Wakefield WF1 2NE. They have monthly birdwatching outings by car or coach to local reserves and venues further afield.

#### **Yorkshire Amphibian & Reptile Group**

Email: newyorksarg@gmail.com

This group is for people who would like to help conserve Yorkshire's amphibians and reptiles. It is one of a network of over 60 local groups across the UK whose aim is to promote the conservation of our native amphibians and reptiles and their environment.

#### **Yorkshire Mammal Group**

Email: secretary@yorkshiremammalgroup.org.uk www.yorkshiremammalgroup.org.uk











Affiliated to the Mammal Society, they take part in all sorts of field and conservation work parties including surveys. Indoor meetings are held regularly through the winter months with a wide range of guest speakers.

#### **Yorkshire Wildlife Trust**

Tel: 01904 659570 Email: info@ywt.org.uk

www.ywt.org.uk

The Trust conserves and promotes the diversity of Yorkshire wildlife and habitats for the benefit and wellbeing of both wildlife and people. They look after over 100 nature reserves right across Yorkshire and are involved in hundreds of other conservation-related projects.

 Regional Office: Stirley, Off Hall Bower Lane Berry Brow, Huddersfield, HD4 6FA

Tel: 01484 663185

#### **Wakefield Naturalists' Society**

https://wakefieldnaturalists.org

Wakefield's oldest established nature group and one of the oldest in Yorkshire. A small and friendly group of enthusiastic nature lovers that meet on the second Tuesday of every month (Sept-Apr) to discuss recent sightings and enjoy an entertaining nature talk from visiting speakers.

#### **West Yorkshire Bat Group**

www.westyorkshirebats.org.uk

The group welcomes people of all ages, abilities and experience levels to join their group and help in the conservation of bats in West Yorkshire. They carry out research, hands-on conservation work, education, consultation and training in the local community.





Wildlife watching is an enjoyable and peaceful past time where you can develop your skills in your own time. Below are some accessible sites in which you can enjoy, watch and study wildlife and nature.

This symbol denotes an accessible bird hide is on site:



#### **Adel Dam Nature Reserve**











Tel: 01904 659570

www.ywt.org.uk/reserves/adel-dam-nature-reserve

A Yorkshire Wildlife Trust site about 6 miles from Leeds and accessed through Golden Acre Park. The level, gravel path leads to an accessible bird hide overlooking a small pond and a feeding station which is regularly visited by great spotted woodpeckers, nuthatches and mandarin ducks. Further on, the path is less accessible with steps and a narrow bridge to the second hide. Blue Badge parking, accessible toilets and motorised scooters available in Golden Acre Park (see *Outings* – page 7).

#### **Anglers Country Park**

Haw Park Lane, Wintersett, Wakefield, WF4 2EB Tel: 01924 860280 www.wakefield.gov.uk











A level, accessible route around the lake, though there are sections which can get muddy after wet weather. There is an accessible bird hide and screen; one overlooking the main lake; great for spotting wildfowl. Blue Badge parking, accessible toilets, Changing Places toilet and wheelchair hire are available at the visitor centre. Café on site.

#### **Bretton Lakes**

West Bretton, Wakefield, WF4 4LG Tel: 01924 832631











Taking the bridleway path down from the Sculpture Park to the Lower Lake, you can spot the herons nesting in the trees on the island during spring. A great place to see these magnificent birds close up. Accessible toilets in adjacent Yorkshire Sculpture Park (see *Outings* - page 24).

#### Fairburn Ings RSPB

Newton Lane, Ledston, Castleford, WF10 2BH Tel: 01977 628191

www.rspb.org.uk











600 acres of wetland with several accessible bird hides and boardwalks, as well as a visitor centre with accessible toilet, refreshments for sale and an indoor seating area overlooking a bird feeding area. A mobility scooter is available to borrow; best to book in advance. Further afield, most paths are accessible to wheelchair users though there are some undulating areas. The Lin Dike Link and Coal Tips trails provide up to four miles of gravel paths running alongside the River Aire. Some gates require a RADAR key. Parking free for Blue Badge holders.

#### **Harewood Estate**

Off Church Lane, Harewood, LS17 9LJ





Parking available at Harewood Village Hall car park (donations in box). Follow the tarmac track through the estate. Once you are passed the woodland, the view opens up, and this is a great place to spot red and fallow deer and red kites. Café with accessible toilet in the car park.

#### **Kirkstall Valley Nature Reserve**

Redcote Lane, Leeds, LS4 2AL Contact: Yorkshire Wildlife Trust

Tel: 01904 659570 Email: info@ywt.org

www.ywt.org.uk/reserves/kirkstall-valley-nature-reserve

A green oasis on the site of the former Kirkstall Power station and only 2 miles from Leeds city centre. Parking and entrance on Redcote Lane. Look out for ponds, a wildflower meadow and great views of the River Aire.

#### **Middleton Woods Local Nature Reserve**

Town Street, Middleton, Leeds, LS10 3SH

Contact: Leeds City Council

www.leeds.gov.uk Tel: 0113 395 7400







One of the largest ancient woodland sites in West Yorkshire and of special importance for nature conservation in Leeds. Great for bluebells in springtime and other woodland flora and birds. There are tarmac paths around the visitor centre, parkland and woodland, though there are some steep sections. The visitor centre has a café and accessible toilets, but the toilets shut when the café closes, so check for opening times. Mobility scooters available to hire for free from the visitor centre.

#### **Pugneys Country Park**

Asdale Road, Off Denby Dale Road, Wakefield, WF2 7EQ Contact: Wakefield Council

Tel: 01924 302360









Email: pugneyscp@wakefield.gov.uk

www.wakefield.gov.uk

An accessible bird hide overlooks the smaller lake and is a good place to see common terns in summer. Visitor centre with toilets and a café (see *Easy Going Walks* - page 11).

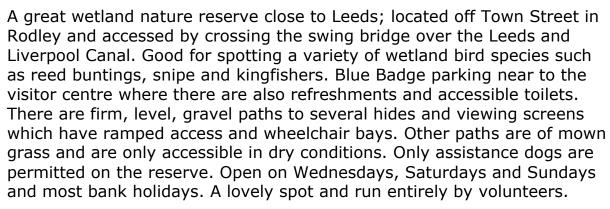
#### **Rodley Nature Reserve**

Moss Bridge Road, Leeds, LS13 1H

Tel: 0113 204 0441

Email: info@rodleynaturereserve.org

www.rodleynaturereserve.org



#### **Rothwell Country Park**

Bullough Lane, Rothwell, LS26 0JY Contact: Yorkshire Wildlife Trust

Tel:01904 659570

Email: info@ywt.org.uk

www.ywt.org.uk/nature-reserves/rothwell-country-park

On the site of the old Rothwell Colliery, now an oasis of ponds, woodlands and grasslands. With a network of paths, the pond trail is the most accessible route and has views of the surrounding Lower Aire valley.

#### **Skelton Grange Environment Centre**

Skelton Grange Road, Stourton, Leeds, LS10 1RS

Contact: The Conservation Volunteers

Tel: 0113 2430815

Email: skelton@tcv.org.uk www.tcv.org.uk/skeltongrange

Provides environmental education and interpretation activities to prebooked groups of local school children of all backgrounds and abilities. The wildlife area has meadows, a riverside path and two ponds. The site and buildings are accessible. Please call to arrange visits. They also run lots of training and fun events for children, adults, teachers, childminders and families, as well as volunteering opportunities.











#### St Aidan's Nature Park

Astley Lane, Great Preston, Leeds, LS26 8AL

Contact: RSPB

Tel: 0113 232 0529 (visitor centre)

Email: staidans@rspb.org.uk

www.rspb.org.uk

This 400 hectare nature park, located between Leeds and Castleford, is great for walking, cycling, and wildlife watching alike. The network of 12 kilometres of footpaths across four circular walking trails, takes you through a variety of habitats including reedbed and young woodland. The reserve is home to a variety of bird life including bittern, black-necked grebe, little owl, black-headed gull and lapwing. There is a fairly steep incline coming down from the visitor centre, but apart from that the site is level with firm, gravel paths. The reserve is prone to flooding in wintertime and paths can become muddy. The visitor centre sells refreshments and has an accessible toilet; further toilets can be found in the car park. A mobility scooter is available to hire.

#### **Stanley Marsh Local Nature Reserve**

Lime Pit Lane, Stanley, Wakefield, WF3 4DF

Contact: Wakefield Council

Tel: 01924 303980

Email: countrysideinterp@wakefield.gov.uk

www.wakefield.gov.uk

Created by mining subsidence, the reserve is a patchwork of woodland, meadow, marsh and ponds alive with wildlife. A 34 mile wheelchair accessible path takes you around the reserve.

#### Notable others...

Outside West Yorkshire, these reserves have been included as they offer some of the finest and most accessible bird watching in the country.

#### **Bempton Cliffs (RSPB)**

Near Bempton, YO15 1JF

On the cliff road from Bempton village, on the

B1229 from Flamborough

Tel: 01262 422212

Email: bempton.cliffs@rspb.org.uk

www.rspb.org.uk/days-out/reserves/bempton-cliffs

This sea cliff bird reserve is home to one of the UK's top wildlife spectacles; half a million seabirds gather here between March and August to raise a family on towering chalk cliffs, including gannets, guillemots, razorbills and puffins. Some cliff edge viewpoints are accessed via a hard-













surfaced path and have wheelchair bays. Information centre, tearoom, picnic area and accessible toilets on site. Tramper mobility scooters and manual wheelchairs are available to borrow; donations are appreciated, best to book in advance. Admission charge, carers free.

#### **Blacktoft Sands (RSPB)**

On a minor road off the A161 to Redness & Ousefleet, South of Goole.

Tel: 01405 704665

Email: blacktoft.sands@rspb.org.uk

www.rspb.org.uk/days-out/reserves/blacktoft-sands

England's largest intertidal reed bed and one of the country's top sites for migrating birds. A great place to see avocets, marsh harriers and bearded tits. Good level paths, six accessible hides, accessible toilet, wheelchair loan and a small visitor centre.

#### **Old Moor - Dearne Valley (RSPB)**

Nr Barnsley, S73 0YF Tel: 01226 751593

Email: old.moor@rspb.org.uk

www.rspb.org.uk/days-out/reserves/dearne-valley-old-moor

A wide variety of wetland habitats with accompanying bird, plants and animal life. During the winter it is an important stopping off point for ducks, geese and swans, plus up to 8,000 golden plovers! Most paths are hard-surfaced and on a flat level and all hides and screens are wheelchair accessible. Mobility scooters are available from the visitor centre, voluntary donations welcome; booking is advised. Café on the first floor, accessed via a lift, and plenty of picnic tables in the courtyard and on the reserve to eat your sandwiches! There is a height barrier in the car park; phone ahead to arrange access or ring the intercom button on the drive before the car park. Admission charge; carers free.

#### **Potteric Carr Nature Reserve**

Sedum House, Mallard Way, Doncaster, DN4 8DB Tel: 01302 570077

Email: potteric.carr@ywt.org.uk www.ywt.org.uk/potteric-carr

The reserve has around 70 breeding bird species and an array of interesting plants and insects. The visitor centre, café and shop are accessible. Most of the paths are well surfaced and suitable for wheelchairs, as are most of the bird hides, though some paths can get muddy after wet weather; ask at the visitor centre for advice before heading out. Admission charge, carers free.

















## **General Volunteering Contacts**

There are always lots of opportunities to get involved in your local countryside through volunteering for a conservation or community group. Try the following places and contacts to find out about local groups and projects in your area:

#### **Action Point Community Support Services**

The Temple Row Centre, 23 Temple Row, Keighley, BD21 2AH

Tel: 01535 609506

Email: admin@actionpoint.uk

www.actionpoint.uk

#### **Bradford Community and Voluntary Services**

Belmont Business Centre, 7 Burnett Street, BD1 5BJ

Tel: 07904 953864

Email: info@volunteeringbradford.org

www.volunteeringbradford.org

#### **Nova Wakefield District**

11 Upper York Street, Wakefield, WF1 3LQ

Tel: 01924 367418

Email: info@nova-wd.org.uk

www.nova-wd.org.uk

#### **TSL Kirklees Volunteering**

Room LG12, Brian Jackson House, 2 New North Parade,

Huddersfield, HD1 5JP Tel:01484 519053

Email: volunteer@tslkirklees.org.uk

https://tslkirklees.org.uk/

#### **Voluntary Action Calderdale**

Resource Centre, Hall Street, Halifax, HX1 5AY

Tel: 01422 348 777 Email: info@cvac.org.uk

www.cvac.org.uk

#### **Voluntary Action Leeds**

Stringer House, 34 Lupton Street, Hunslet, Leeds, LS10 2QW

Tel: 0113 297 7920 Email: info@val.org.uk

www.doinggoodleeds.org.uk













#### **Bradford Environmental Education Service**

Culture Fusion Building, 125 Thornton Road, Bradford, BD1 2EP

Tel: 01274 371303

Email: bees@bradfordymca.org.uk

www.bees-ymca.org.uk

BEES is the environmental education department of Bradford YMCA, running a broad range of environmental education programmes for young people, individuals and community groups. These include weekly volunteer conservation days on a range of sites around Bradford, managing areas for the benefit of local people and wildlife whilst developing skills in a social group.

#### **East Keswick Wildlife Trust**

Tel: 01937 574140 Email: info@ekwt.org.uk

www.ekwt.org.uk

A village-based charity, founded in the early 1990's, which owns and manages considerable tracts of land within the parish boundary. They have weekly Friday and weekend work parties and charcoal burns three or four times a year at Ox Close Woods.

#### Friends of Haw Park Wood and Wintersett

Waterton Countryside Discovery Centre, Anglers Country Park, Haw Park Lane, Wintersett, Wakefield, WF4 2EB

Tel: 01924 303980

Email: countryside admin@wakefield.gov.uk

www.fohpww.co.uk

The group helps the countryside rangers to manage and maintain Anglers Country Park and Haw Park Wood. The rangers can also give you information on volunteering on other Wakefield sites.

#### Groundwork

Tel: 0300 3033 292

Email: leeds@groundwork.org.uk or wakefield@groundwork.org.uk

www.groundwork.org.uk

A charity that helps people and organisations make changes to create better neighbourhoods, to build skills and job prospects, and to live and work in a greener way. Contact them for details of volunteer opportunities.







#### **Leeds Council Parks and Countryside Service**

Tel: 0113 378 6002

Email: parks@leeds.gov.uk

www.leeds.gov.uk/parks-and-countryside/volunteering

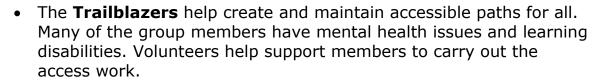
There are many volunteer groups to join e.g. the Friends of Roundhay Park, Leeds Wildlife Volunteers and Friends of Chevin Forest. Examples of volunteer work include practical work such as gardening or nature conservation, fundraising, organising community events, promotion and publicity and surveying wildlife. Individual contacts can be found for each 'Friends of group' on the volunteering website above.

#### **Open Country**

Tel: 07426 716677

Email: wakefield@opencountry.org.uk

www.opencountry.org.uk



- The Nature Force group works closely with many wildlife organisations helping to preserve the countryside for wildlife and people. Many members of the group have mental health issues and learning disabilities. Volunteers help support members to carry out the conservation work.
- **Volunteer on activities**: We run many activities in the countryside for people with disabilities and are always looking for volunteers who can help lead a member with visual impairments, assist a wheelchair user and provide support and company. It's a great chance to make friends, help others and get out in the countryside.





#### **River Holme Connections**

Tel: 01484 661756

www.riverholmeconnections.org



A charity based in Holmfirth who aim to improve the physical and natural environment of the River Home Corridor and surrounding area for wildlife and people. They have all kinds of volunteer roles available delivering practical conservation e.g. tree planting, litter picking, balsam bashing, wildflower growing building bat or bird boxes and 'walk and talk' volunteers.

#### Royal Society for the Protection of Birds (RSPB)

Tel: 01767 680551

www.rspb.org.uk/helping-nature/support-the-rspb/volunteering

The RSPB offer a range of volunteering roles which can be tailored to your skills, interests and circumstances. You can search online for opportunities in West Yorkshire or contact:

Fairburn Ings

Tel: 01977 628191, Email: fairburnings@rspb.org.uk

RSPB St Aidan's

Tel: 0113 232 0529, Email: staidans@rspb.org.uk

#### **The Conservation Volunteers**

www.tcv.org.uk

TCV is Britain's largest environmental organisation involving the public in practical nature conservation work. Transport, training and refreshments are provided. There are volunteering opportunities in Leeds and Wakefield:

#### Hollybush Conservation Centre

Broad Lane, Kirkstall, Leeds, LS5 3BP Tel: 0113 274 2335, Email: hollybush@tcv.org.uk www.tcv.org.uk/hollybush

#### Skelton Grange Environment Centre

Skelton Grange Road, Stourton, Leeds, LS10 1RS Tel: 0113 243 0815, Email: skelton@tcv.org.uk www.tcv.org.uk/skeltongrange/volunteering

#### **West Yorkshire National Trust Volunteers**

Yorkshire Office: Goddards, 27 Tadcaster Road, York, YO24 1GG

Tel: 01904 702021

Email: n.customerenguiries@nationaltrust.org.uk

www.nationaltrust.org.uk/volunteer

https://wyntv.org.uk



A conservation volunteer group founded in 1983 assisting staff at several National Trust properties throughout West and North Yorkshire. The tasks usually involve clearing/thinning out managed woodland, planting, pruning, general clearance, repairing footpaths, fences/dry-stone walls. Training is provided.

#### Woodscape

Email: huddersfield.woodscape@ntlworld.com www.facebook.com/Woodscape.Huddersfield



A volunteer community group based in Huddersfield which looks after the Bradley Gate, Screamer, Dyson and Fell Greave woodland. Each week the group meet to take part in a variety of projects that improve the woodland. These projects help protect, care for and develop the area and its wildlife while making it more accessible and enjoyable for those who use it.

#### **Yorkshire Wildlife Trust**

Tel: 01904 659570

Email: volunteering@ywt.org.uk

www.ywt.org.uk/get-involved/volunteer



Volunteers are crucial to the work of Yorkshire Wildlife Trust. However much time you have and whatever skills and experience you bring, there are many ways in which you can help the wildlife living on your doorstep. Tasks may include raking hay meadows, controlling invasive species, keeping watch over their sheep and cattle or providing support in the office. Opportunities range from one-off practical conservation days to regular commitments on our reserves or from home. For current opportunities contact the volunteering team on the details above.



## RADAR Key & Blue Badge Parking

#### **Disability Rights UK**

Tel: 0330 995 0400

Email: enquiries@disabilityrightsuk.org

www.disabilityrightsuk.org

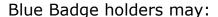
Disability Rights UK works to create a society where everyone with lived experience of disability or health conditions can participate equally as full citizens. Disability Rights UK is led, run and controlled by disabled people.

The RADAR National Key Scheme (NKS) ensures that one key will open wheelchair accessible toilets throughout the country. RADAR padlocks are also increasingly used on many nature reserves and cycle paths. Keys are available directly from Disability Rights UK.

#### **Blue Badge Scheme**

www.gov.uk/apply-blue-badge

The Blue Badge scheme is for people with disabilities or health conditions. It allows Blue Badge holders to park close to where they need to go. The scheme operates throughout the UK and is managed by local authorities, who deal with applications and issue Blue Badges.



- Park as long as they wish in a disc parking zone provided that the Blue Badge is displayed.
- Park on a single or double yellow line for up to three hours provided that the Blue Badge and time disc is displayed and the vehicle causes no obstruction.
- Always check individual car parks to see if you are required to pay or not as practice differs widely.





## **Tourist Information**

#### **Bradford**

City Library, 9 Aldermanbury, Bradford BD1 1SD (unstaffed information point)

Tel: 01274 433678

Email: bradford.vic@bradford.gov.uk

#### **Calderdale**

Email: tourism@calderdale.gov.uk

www.visitcalderdale.com

#### Haworth

www.yorkshire.com/haworth www.bronteadventures.co.uk

#### **Hebden Bridge**

www.yorkshire.com/hebden-bridge

#### **Holmfirth**

Holmfirth Library Hub, 47, Huddersfield Road, Holmfirth, HD9 3JH

Tel: 01484 414868

Email: holmfirth.tic@kirklees.gov.uk

#### Huddersfield

Huddersfield Library, Princess Alexandra Walk, Huddersfield, HD1 2SU

Tel: 01484 221959

Email: huddersfield.lic@kirklees.gov.uk

#### **Ilkley Visitor Information Centre**

Town Hall, Station Road, Ilkley, West Yorkshire, LS29 8HB

Tel: 01943 602319

Email: ilkley.vic@bradford.gov.uk

www.visitbradford.com

#### Leeds

Email: info@visitleeds.co.uk

www.visitleeds.co.uk

#### Marsden

Marsden Library, Peel Street, Marsden, Huddersfield, HD7 6BW

Tel: 01484 414868

Email: marsden.visitorinformation@kirklees.gov.uk









## **Tourist Information**

#### **Otley Tourist Information Centre**

Otley Library, Nelson Street, Otley, LS21 1EZ

Tel: 01943 462485 www.visitotley.co.uk



#### **Todmorden Information Centre**

15 Burnley Road, Todmorden, OL14 7BU

Tel: 01706 818181

Email: info@visittodmorden.co.uk

www.visittodmorden.co.uk/



#### **Wakefield**

Phone: 01924 305569

Email: experiencewakefield@wakefield.gov.uk

https://experiencewakefield.co.uk



#### Wetherby

Wetherby Library, 17 Westgate, LS22 6LL

www.wetherby.co.uk





## The Countryside Code

# The Countryside Code



## Your guide to enjoying parks and waterways, coast and countryside

### Respect everyone \_\_\_\_\_

- be considerate to those living in, working in and enjoying the countryside
- · leave gates and property as you find them
- do not block access to gateways or driveways when parking
- be nice, say hello, share the space
- follow local signs and keep to marked paths unless wider access is available

#### Protect the environment

- · take your litter home leave no trace of your visit
- · do not light fires and only have BBQs where signs say you can
- · always keep dogs under control and in sight
- dog poo bag it and bin it in any public waste bin or take it home
- care for nature do not cause damage or disturbance

## Enjoy the outdoors \_\_\_\_\_

- · check your route and local conditions
- plan your adventure know what to expect and what you can do
- enjoy your visit, have fun, make a memory



www.countryside-code.org.uk

## **Open Country**

Open Country began in 1990 as a temporary project set up to enable adults with a disability to access and enjoy the countryside. Since then, we have developed into a small charity with huge aims! On an average week we run up to twenty-five countryside activities, catering for a range of abilities. Over the years we have been recognised by many awards including the Oueen's Award for Voluntary Service.

We lead a wide variety of countryside activities including hiking, wheelchair accessible walks, cycling, conservation projects, nature study and outdoor pursuits. In addition, we offer high quality information, training and advice to organisations wanting to provide better access to their countryside sites and events, as well as individuals and their families wishing to access the countryside independently.

The Open Country staff have joined the charity from a countryside background of work and personal interest. This Directory is just one of the ways in which we try to let disabled people know about what is available to them in their area and how they can get involved.

There are also directories available for East Yorkshire, North Yorkshire, South Yorkshire, County Durham, Lancashire and Teesside. They can be downloaded from:

www.opencountry.org.uk/countryside-access-directories

Our directories are free, but we always welcome donations. You can donate online at www.opencountry.org.uk/donate. Thank you very much.





This Directory was updated with the help of Open Country's volunteers and disabled members. Thank you to *City Connect* and *The West Yorkshire Combined Authority* for funding the printing and auditing costs.





The authors of this Directory have made every effort to ensure that the information included was correct at the time of going to print. However, we cannot accept any responsibility for any errors or omissions, or any loss or damage arising from the use of this information. We advise Directory users to ensure the suitability of all services described for their individual needs.



We hope to update this Directory in the future. If you have any comments or suggestions, please get in touch:

## **Open Country**

Community House
46 East Parade
Harrogate
North Yorkshire
HG1 5LT

Tel: 01423 507227

Email: info@opencountry.org.uk www.opencountry.org.uk







Printed on recycled paper